

**PROCLAMATION DECLARING NOVEMBER AS
NATIONAL DIABETES AWARENESS MONTH**

WHEREAS, November is National Diabetes Awareness Month and November 14th of every year is World Diabetes Day; and

WHEREAS, the 2020 diabetes prevalence rate for Hidalgo County is projected to reach 22.9 percent, among the highest in the State of Texas; and

WHEREAS, having diabetes increases a person's risk of nerve damage, amputation, heart disease, stroke, blindness and kidney failure if uncontrolled; and

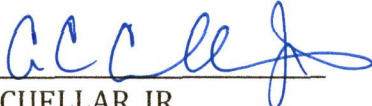
WHEREAS, the risk of financial and physical burdens associated with diabetes and its related complications must be reduced; and

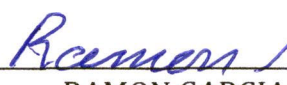
WHEREAS, Type 2 Diabetes is a preventable and manageable disease with a balanced diet, regular exercise and healthy lifestyle choices; and

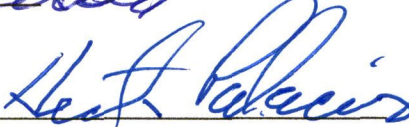
WHEREAS, diabetes awareness education regarding prevention, detection and self-management is essential to combating this debilitating disease in Hidalgo County.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court does hereby proclaim the month of November 2014 as Hidalgo County Diabetes Awareness Month; and encourages all Hidalgo County residents and employees to incorporate diabetes awareness, prevention and self-management practices into daily family activities, and honor World Diabetes Day by wearing blue on Friday, November 14, 2014.

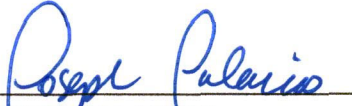
Approved this 10th day of November, 2014.



A.C. CUELLAR, JR.
County Commissioner, Pct. 1


RAMON GARCIA
County Judge


HECTOR "TITO" PALACIOS
County Commissioner, Pct. 2


JOE M. FLORES
County Commissioner, Pct. 3


JOSEPH PALACIOS
County Commissioner, Pct. 4


Attest: ARTURO GUAJARDO, JR.
County Clerk