

**PROCLAMATION DECLARING MAY 2016 AS  
MENTAL HEALTH MONTH IN HIDALGO COUNTY**

**WHEREAS**, nearly 44 million American adults, and millions of children, experience mental health conditions each year, including depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress; and

**WHEREAS**, although progress has been made in expanding mental health coverage and elevating the conversation about mental health, too many people still do not get the help they need; and

**WHEREAS**, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

**WHEREAS**, with early and effective treatment, individuals with mental illnesses can recover and lead full productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to promote mental health awareness and prevention efforts.

**NOW, THEREFORE, BE IT RESOLVED** that the Hidalgo County Commissioners Court does hereby proclaim May 2016 as Mental Health Month in Hidalgo County.

**Dated this 10<sup>th</sup> day of May, 2016.**



**RAMON GARCIA**  
County Judge



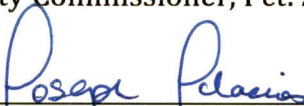
**A.C. CUELLAR, JR.**  
County Commissioner, Pct. 1



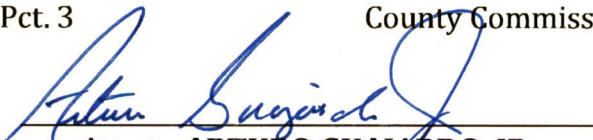
**EDUARDO "EDDIE" CANTU**  
County Commissioner, Pct. 2



**JOE M. FLORES**  
County Commissioner, Pct. 3



**JOSEPH PALACIOS**  
County Commissioner, Pct. 4



Attest: **ARTURO GUAJARDO, JR.**  
County Clerk