

Proclamation Designating September 2016 as National Suicide Prevention Month

WHEREAS, in the United States, one person dies by suicide every 12.3 minutes, with 42,773 deaths by suicide in our country during 2014; and

WHEREAS, suicide is the 10th leading cause of death in the United States and the 2nd leading cause of death among individuals between the ages of 10 to 34; and

WHEREAS, each person's death by suicide intimately affects at least six other people, with over 200,000 newly bereaved each year; and

WHEREAS, 3,254 Texans died by suicide in 2014, and several thousand friends and family members were changed forever by the loss; and

WHEREAS, many of those people who died never received effective behavioral health services, for many reasons including the difficulty of accessing services and the stigma of using behavioral health treatment; and

WHEREAS, all residents of Hidalgo County are urged to: recognize suicide as a significant public health problem; support the development of accessible behavioral health services, including implementing national best practices in reducing suicide risk for all people; and acknowledge that no single suicide prevention effort will be sufficient or appropriate for all populations or communities; and

WHEREAS, the National Suicide Hotline 1-800-273-TALK (8255); everyone is encouraged to save this number and use it when you, a friend, or loved one is experiencing a crisis so that lives can be saved; and

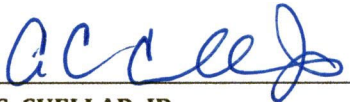
WHEREAS, the local annual "Out of the Darkness Walk" will be held in Hidalgo County on November 12, 2016 at the Edinburg Municipal Park to raise awareness about suicide prevention and to honor the memory of those we have lost to suicide.

NOW THEREFORE IT BE RESOLVED that the Hidalgo County Commissioners Court hereby designates September 2016, as "Suicide Prevention Month" in Hidalgo County and urges all Hidalgo County residents to learn how they can help raise awareness, heed warning signs, and encourage those in crisis to seek help, because suicide prevention is everyone's business, and one life lost to suicide is too many.

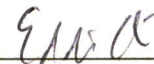
Dated this 27th day of September 2016.




RAMON GARCIA
County Judge



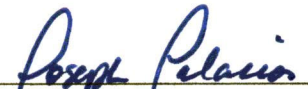
A.C. CUELLAR, JR.
County Commissioner, Pct. 1



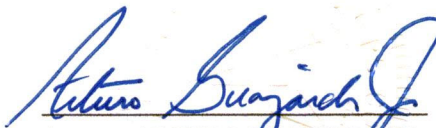
EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2



JOE M. FLORES
County Commissioner, Pct. 3



JOSEPH PALACIOS
County Commissioner, Pct. 4



Attest: ARTURO GUAJARDO, JR.
County Clerk