

PROCLAMATION DECLARING OCTOBER 18, 2018 PEER SUPPORT DAY

WHEREAS, Peer Support Day is a global celebration that occurs annually on the third Thursday in October. Peer Supporters (also known as peer providers) from across the globe reflect on and celebrate the important role he/she plays in helping those with mental health, addiction, and or trauma-related challenges move along the continuum of recovery; and

WHEREAS, Peer Supporters are trained providers who use his/her lived experience to encourage, engage with, and support others with mental health, addiction, and or trauma-related challenges, using the recovery model and the principals and values of peer support to provide hope, support, and be a role model of recovery; and

WHEREAS, the belief that recovery is possible for all who experience mental health, addition, and or trauma-related challenges is fundamental to the practice of peer support. Peer Supporters use the working definition of recovery, the Guiding Principles of Recovery, and Core Values to empower and assist their peers live a life of his or her choosing, improving the likelihood of long-term recovery; and

WHEREAS, peer support has proven to be a cost-effective treatment for mental health, addiction, and traumatic challenges, reduces inpatient hospital days, recidivism rates, and increases a patient's (also referred to as consumers) ability to access expensive and more restrictive community-based services.

NOW, THEREFORE, BE IT RESOLVED that the Hidalgo County Commissioners Court hereby proclaims October 18, 2018 is Peer Support Day and supports efforts to increase public awareness of peer support services and how they impact the lives of countless seniors, adults, children, and families within the health and human services industry.

Approved this 9th day of October 2018.



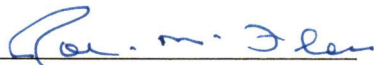
RAMON GARCIA
County Judge



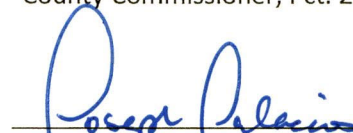
DAVID L. FUENTES
County Commissioner, Pct. 1



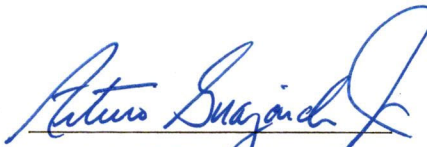
EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2



JOE M. FLORES
County Commissioner, Pct.3



JOSEPH PALACIOS
County Commissioner, Pct. 4



Attest: **ARTURO GUAJARDO, JR.**
County Clerk