

Hidalgo County

Proclamation for National Nutrition Month

Whereas National Nutrition Month® is a nutrition-education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits; and

Whereas food is the substance by which life is sustained; and

Whereas the type, quality, and amount of food that individuals consume each day, plays a vital role in their overall health and physical fitness; and

Whereas there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

Whereas Dr. Andie Gonzalez, South Region Director for the Texas Academy of Nutrition and Dietetics, and Ms. Iliana Guerra-Martinez Legislative Chair, fully support the Hidalgo County Employee Wellness Program and its initiatives.

Now therefore, be it resolved that the Hidalgo County Commissioners Court hereby proclaims the month of March as National Nutrition Month and encourages county employees, community leaders and businesses to join the campaign and become concerned about nutrition in the hopes of achieving optimum health for both today and tomorrow.

Approved this 24th day of March 2020.



Richard F. Cortez

RICHARD F. CORTEZ

County Judge

David L. Fuentes

DAVID L. FUENTES

County Commissioner, Pct. 1

Eduardo "Eddie" Cantu

EDUARDO "EDDIE" CANTU

County Commissioner, Pct. 2

Joe M. Flores

JOE M. FLORES

County Commissioner, Pct. 3

Ellie Torres

ELLIE TORRES

County Commissioner, Pct. 4

Attest:

Arturo Guajardo, Jr.

ARTURO GUAJARDO, JR.

County Clerk