

Hidalgo County

Resolution honoring South Texas Health System Behavioral

- Whereas* in early 2020, before the full effect of the COVID-19 pandemic, studies showed that 40% of U.S. adults reported struggling with mental health or substance use disorders; and
- Whereas* today, as COVID-19 has impacted every member of the community in different ways, discussions around mental health are becoming increasingly common, with more people reaching out for help and support; and
- Whereas* suicide is the second-leading cause of death among people aged 10-34 years old in the United States, with a reported increase in suicide rates among adolescents since the beginning of 2021; and
- Whereas* South Texas Health System Behavioral has served the South Texas community for more than 30 years with confidential and compassionate care and mental health services for children, teens, adults and seniors with a plan tailored to the individual's need; and
- Whereas* South Texas Health System Behavioral was the first behavioral health facility to offer private inpatient treatment in the Rio Grande Valley; and
- Whereas* South Texas Health System Behavioral has worked closely with local school districts to provide school-based counseling to youth in our community through an integrated approach to mental health intervention that focuses on both school and family in order to help children overcome personal problems and succeed at school; and
- Whereas* South Texas Health System Behavioral has offered mental health training for law enforcement officers in our community to better educate them how to recognize mental health challenges in their peers and communities and more effectively intervene in those situations; and
- Whereas* South Texas Health System Behavioral is aiming to break the stigma regarding mental health issues by hosting a "Let's Talk Mental Health Symposium" to be streamed virtually on Thursday, May 20th from 4:00p.m. – 8:00p.m.; and

Now therefore, be it resolved that the Hidalgo County Commissioners Court hereby recognizes South Texas Health System for their continued effort to promote mental health awareness and provide services to Hidalgo County residents and encourages county employees, community leaders and businesses to join the campaign in the hope of achieving optimum health for both today and tomorrow.

Approved this 11th day of May, 2021.



RICHARD F. CORTEZ
County Judge



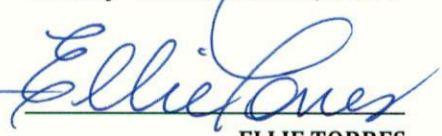
DAVID L. FUENTES
County Commissioner, Pct. 1



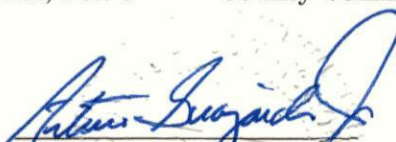
EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2



EVERARDO "EVER" VILLARREAL
County Commissioner, Pct. 3



ELLIE TORRES
County Commissioner, Pct. 4



Attest: ARTURO GUAJARDO, JR.
County Clerk