

Hidalgo County

Proclamation Recognizing September as Suicide Prevention Month

Whereas in the United States, suicide poses a significant health concern. According to the American Foundation for Suicide Prevention (AFSP), suicide is the 11th leading cause of death in the United States. The latest published statistics from the Centers for Disease Control and Prevention (CDC) show 48,183 Americans died by suicide in 2021; and

Whereas September, recognized as National Suicide Prevention Month, includes National Suicide Prevention Week from Sunday, September 10, 2023 through Saturday, September 16, 2023, and World Suicide Prevention day annually on September 10; and

Whereas these recognized dates serve as a time to raise awareness and actively involve health professionals and the general public in understanding and recognizing the warning signs of suicide. Suicidal thoughts, much like other mental health conditions, can affect anyone regardless of age, gender, or background; and

Whereas the AFSP offers an excellent resource with a variety of online tools to educate individuals about identifying risk factors and providing assistance when someone they know is at risk; and

Whereas by familiarizing ourselves with warning signs, anyone can actively contribute to these prevention efforts; and

Whereas a highlight of this year's National Suicide Prevention Month is the City of Pharr Mental Health Unit's 3rd annual 'Stick by Me' Suicide Prevention Awareness Fair which will take place on Friday, September 8, 2023, from 7 – 9 p.m. at the Pharr Vanguard Academy Nature and Birding Center.

Now therefore, be it proclaimed that the Hidalgo County Commissioners Court declares September as National Suicide Prevention Month and strongly encourages all county residents to come together to foster hope by taking action to prevent suicide.

Approved this 5th day of September 2023.



Richard F. Cortez

RICHARD F. CORTEZ
County Judge

David L. Fuentes

DAVID L. FUENTES
County Commissioner, Pct. 1

Eduardo "Eddie" Cantu

EDUARDO "EDDIE" CANTU
County Commissioner, Pct. 2

Everardo "Ever" Villarreal

EVERARDO "EVER" VILLARREAL
County Commissioner, Pct. 3

Ellie Torres

ELLIE TORRES
County Commissioner, Pct. 4

Attest:

Arturo Guajardo, Jr.
ARTURO GUAJARDO, JR.
County Clerk