

NATIONAL MENTAL HEALTH AWARENESS MONTH MAY 2022

WHEREAS, the month of May has been declared National Mental Health Awareness Month; and

WHEREAS, according to the U.S. Surgeon General, mental health is fundamental to health and indispensable to personal well-being, family, and interpersonal relationships; and

WHEREAS, one in five Americans will face mental health challenges in a given year, regardless of age, gender, race, ethnicity, religion, or economic status; and

WHEREAS, there are widespread misunderstandings and discrimination concerning mental health that can be eliminated by recognizing that mental health challenges are real, common, and treatable; and

WHEREAS, National Health Awareness Month is a time for communities to acknowledge the importance of mental health and take action to ensure that individuals facing mental health challenges have access to the care, treatment, and prevention services they need.

NOW, THEREFORE, BE IT PROCLAIMED, that the City Council of the City of La Habra does hereby proclaim the month of May 2022 as “National Mental Health Awareness Month” in the City of La Habra.

DATED this 2nd day of May, 2022.

Jose Medrano
Mayor

Attest: Rhonda J. Barone, CMC
Assistant City Clerk