

## *July is Park and Recreation Month*

**WHEREAS** parks and recreation is an integral part of communities throughout this country, including the City of La Habra; and

**WHEREAS** parks and recreation promotes physical, emotional, and mental health and wellness through organized and self-directed fitness, play and activities; and

**WHEREAS** parks and recreation encourages physical activities by providing space for popular sports, walking trails, splash zones and many other activities designed to promote active lifestyles; and

**WHEREAS** parks and recreation supports the economic vitality of communities by partnering with local businesses and nonprofits, and offering events for resident's engagement; and

**WHEREAS** park and recreation programming and education activities, such as out-of-school time programming, youth sports, and environmental education, are critical to childhood development; and

**WHEREAS** parks and recreation makes programs available to the public that promotes family engagement, community volunteerism, and civic pride; and

**WHEREAS** parks and recreation offers indoor activities in the form of museums and theaters that that provides cultural and arts education opportunities; and

**WHEREAS** our parks and recreation strengthens community identity by providing facilities and services that reflect and celebrate community character, heritage, culture, history, aesthetics, and landscape; and

**WHEREAS** the California Park & Recreation Society has released a statewide public awareness campaign, "Parks Make Life Better" to inform citizens of the many benefits of utilizing parks, facilities, program and services; and

**WHEREAS** the City of La Habra recognizes the benefits derived from parks and recreation resources.

**NOW, THEREFORE, BE IT PROCLAIMED**, that the City Council of the City of La Habra does hereby recognize "July is Park and Recreation Month" in the City of La Habra.

**DATED** this 16<sup>th</sup> day of June 2025.

ATTEST:

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Rose Espinoza  
Mayor

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Rhonda J. Barone, CMC  
City Clerk