

## **Proclamation**

**WHEREAS**, addressing the prevention of suicide needs of children, youth, and adults today is fundamental to the future of the Town of Little Elm; and the residents of Little Elm value their overall health and life and that of their families and fellow residents and are proud to support observances such as Suicide Prevention Awareness Month; and

**WHEREAS**, there is an average of 130 suicide deaths per day in the US; one suicide death every two hours in our state; and 10% of adults experience suicidal thoughts in the US; and 1 in 5 Texas high school students reported seriously thinking about suicide and 20% making a plan and 12% making an attempt; and

**WHEREAS**, the need for comprehensive, coordinated mental health and suicide prevention services for individuals and families' places upon our community is a critical responsibility. There is a strong body of research that supports specific tools that all Americans can use, to better handle challenges, and protect their overall health and well-being; and each citizen, local business, school, government agency, healthcare provider, and faith-based organization shares the weight of suicide concerns and has a responsibility to promote mental wellness, recovery, and support prevention efforts; and

WHEREAS, the Denton County Behavioral Health Leadership Team, Denton County MHMR Center, Denton County Zero Suicide Task Force, Denton County LOSS Team, and Denton Regional Suicide Prevention Coalition are effectively addressing the mental health and suicide prevention needs of children, youth, adults, and families in our community; and it is appropriate that a month should be set apart each year for the direction of our thoughts toward suicide prevention education and the support of treatment and recovery.

NOW, THEREFORE, we declare September 2023 as **Suicide Prevention Awareness Month** and call upon our residents and all agencies and organizations in Little Elm interested in helping to prevent suicide to unite this month in increasing awareness and understanding of suicide, the steps our citizens can take to help prevent suicide, and the need for appropriate and accessible services for all people experiencing suicidal thoughts.

Given under my hand and Seal of the Town of Little Elm, Texas, this 19th day of September, 2023.