

**Mankato Area Public Schools
Student Support Services
Supplementary Information for Board Presentation
June 6, 2016**

Information regarding mental health services to our students over the 2015-16 school year:

Chemical Dependency Counselor

Provides counseling to students as referred by staff, parent or through self referral regarding chemical use/abuse issues. Many of these students also indicate mental health concerns.

Students seen this year that also included mental health concerns: 108 student through the middle and high schools, 56 of whom had identified mental health issues in addition to their chemical use experiences. Male and female students identified marijuana use to “medicate” their mood disorders.

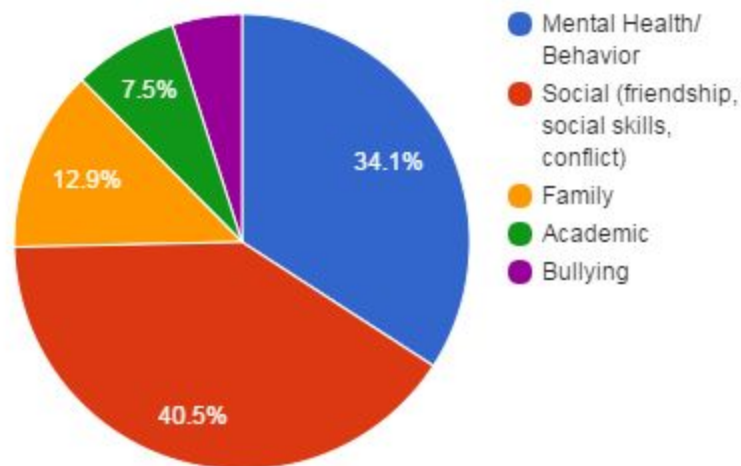
Counselors

Elementary:

We have six Counselors serving 10 elementary sites. Our Counselors support students individually, students in groups based upon need, and students in classrooms in whole-class learning.

The following graph indicates the areas in which we support students individually:

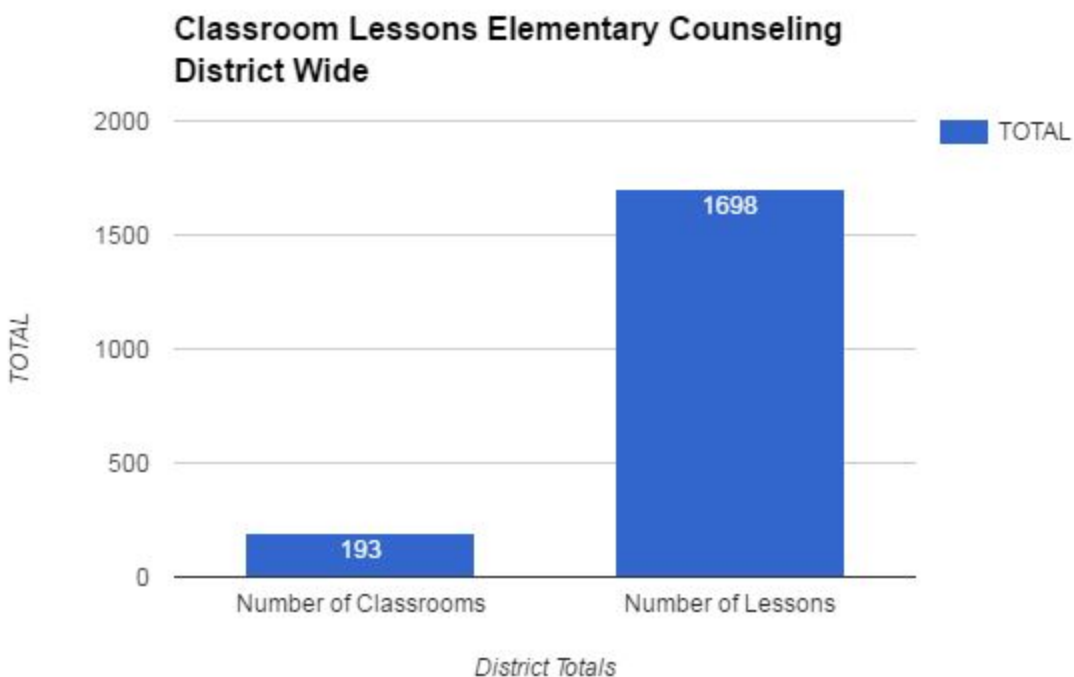
Elementary Counseling Individual Student Issues



The following graph indicates the areas in which we work with groups of students. Although our buildings are consistent in most group supports, there are opportunities to meet students with specific needs in each building.

Small Group Sessions			
School	Number of Small Groups	Number of Students	Types of Groups
School 1	7	46	Self-Control, Friendship, Social Skills, Girl Power, Career Club
School 2	4	18	Social skills, Family Change, Anxiety, Self-Control, Emotional Regulation
School 3	13	42	Social skills, Family Change, Anxiety, Self-Control, Anger Management, Emotional Regulation
School 4	7	42	Self-Control, Anxiety, Friendship, Social Skills, Career Club
School 5	19	72	Social Skills, ADHD Management, Family Change, Anxiety
School 6	10	55	Self-Control, Emotional Regulation, Friendship & Social Skills, Anxiety, Etc.
School 7	10	48	Self-Control, Emotional Regulation, Friendship & Social Skills, Anger Management, Etc.
School 8	14	62	Study Skills, Friendship, Family Change, Anxiety, Anger Management, Social Skills, Self Control, Self-Esteem
School 9	10	66	Study Skills, Friendship, Family Change, Anxiety, Anger Management
School 10	11	31	social skills, friendship, self control,
TOTAL	94	451	

As a counselor team, we also teach classroom lessons to support academic and social-emotional learning.



Middle:

We have three Counselors (two at DMMS and one at East Jr) serving two middle schools. Our Counselors support students individually, students in groups based upon need, and students in classrooms in whole-class learning. We also have 2 ADSIS people (one at DMMS and one at East Jr) to support specific students in need of proactive behavior interventions and support.

Individually, we support students in the following areas:

- Academics
- Attendance
- Depression
- Family
- Friendship
- Poverty
- Bullying/Cyberbullying
- Conflict Resolution/Mediations (Peer/Social/Friend)
- Family Concerns

*Many of the individuals were met with multiple times with separate issues. A total of 121 individuals were met with for counseling support services at the 6th grade level. Many students were follow up conversations and many were students with behavior support. Approximately 266 individual students were met with for individual counseling support services at the 7th and 8th grade level.

In small groups we provide support for:

- Anxiety
- Grief & Loss
- Friendship
- New Students
- Organization & Study Skills

We also provide whole class/grade-level support through:

- Developmental Guidance Lessons
- Transition Programming for Incoming Students
- College & Career Readiness

Additionally, we regularly:

- collaborate daily with parents and staff
- collaborate with outside mental health providers, county, probation and other services providers
- participate in weekly trail student concern meetings
- participate in monthly PLC Counseling Meetings
- participate in weekly Building level Problem Solving Team
- participate in our PBIS Team

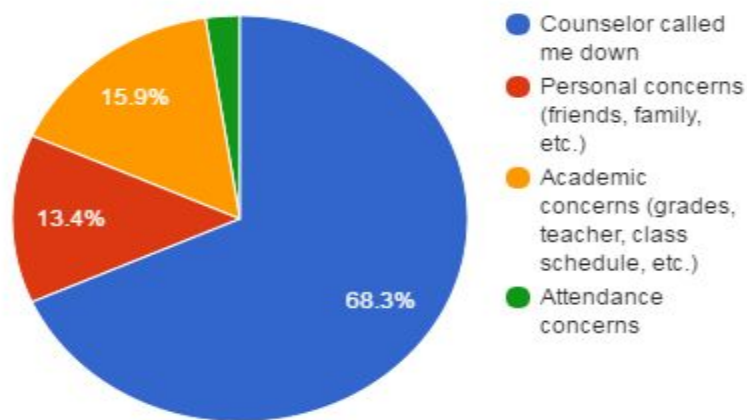
Referrals are generated from parents, staff, or students themselves.

High School:

We have seven Counselors (three at East, three at West, and one at Central) serving three high schools. Our Counselors support students individually and students in groups based upon need.

Individually, our counselors meet with students individually to ensure that they are preparing to have options once they graduate from high school. We support students in the following areas:

High School Counseling Check In 2015-16



*Please note that this graphic representation represents over 8,400 visits this school year. Some of these visits were from the same student on multiple occasions. There are also many more that did not check in. This does not take into account parents, community professionals, and others with whom we meet. There were almost 1,400 visits logged during back to school days through the first week of school, August 25 to September 11, 2015.

We offer small group support for students in the following areas:

- Silver Ribbon - (mental health group)
- Grief
- Anxiety
- Peace Club
- New Student
- SHiNE collaboration
- SURGE - with a community life coach
- Girl Scouts Connectz partnership

We also collaborate to support: Problem Solving Team, Response to Intervention, attendance issues, and partner with various departments to support student learning.

One important note to consider in light of our visit with Governor Dayton, and because it is part of our legislative platform, MAPS Mental health hospitalizations were greater than 18. Having beds in our area continues to be of concern for our students and families.

Nurses

Goal: To promote wellbeing and academic success by meeting the health needs of all students.

Licensed school nurses:

- Provide training & oversight of health service staff.
- Support student success by providing health care through assessment, intervention & follow up.
- Develop and execute plans for health care management.
- Collaborate with school staff, parents and community partners to keep students safe & healthy.
- Engage in public health functions including immunization compliance, disease surveillance and health promotion.
- Knowledgeable of laws, regulations and standards pertaining to the delegation of nursing tasks to other staff.
- Responsible for training & assurance of mastery when delegating nursing tasks to district staff.
- Perform health screenings.

Numbers to date of health services provide for school year 2015-2016.

K-12 School Student service over- view	Health Office Visits	Daily Med Orders	Dose s of Daily Meds Given	Psych. Behav. Med Orders	Doses of Psych. Behav. Meds Given	PRN Rescue Med Orders	Doses of PRN Rescue Meds Given	Vision And Hearing Screen	Stud. Trans- ferred In	Imm. Tracked For Compli- ance	3rd Party Billing
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Totals	37816	205	19043	189	17986	783	4706	3810	312	1320	164
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Healthy children are successful learners.

Psychologists

SERVICES TO CHILDREN AND FAMILIES

- Assist as a part of a team of school mental health staff to promote problem solving, anger management and conflict resolution, reinforce positive coping skills and resilience, promote positive peer relationships and social problem solving.
- Provide assessment for mental health screening, both in special education assessment, and in non-special education assessment.
- Assist in educating families to understand their child's learning and mental health needs.
- Collaborate with school personnel, parents, students, and community resources to provide competent mental health support for children.
- Assist in developing and implementing behavior change programs at the individual, group, and classroom levels.

- Assist in providing a continuum of mental and behavioral health services, behavioral coaching, positive behavioral supports, and parent education.
- Facilitating the design and delivery of curricula to help students develop effective skills, such as self-regulation, planning, organization, empathy, social skills, and decision making.

CRISIS INTERVENTION AND RESPONSE:

Participate as a member of school crisis prevention and response teams.

- Participate as a member of school threat assessment teams.
- Respond to student/staff crisis events
- Serve on building E-Teams.

Data for specific services during 2015-16 School Year for Mankato School Psychologists

1. Assessments for students to determine eligibility for special education, and determine needs for social/emotional/behavioral concerns:

Student assessments	466
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2. Assessment for non-special education services, mental health screenings:

Student assessments	44
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3. Consultation with staff/parents regarding student mental health needs:

Student cases	708
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Social Workers

Student and Family Support

- *Participate and support Problem Solving Teams in assigned buildings.
- *Provide groups for Social Emotional Learning, Anxiety and Grief. (130 weekly)
- *Collaborate with School Counselors at the High School with the Silver Ribbon group (40 students)
- *My Life My Choice groups at East HS and Central to promote healthy decision making, self empowerment, advocacy and safety. (25 students weekly)
- *Medical Outreach Initiative with the Open Door Clinic: Collaboration effort that was funded through the Mankato Clinic Foundation. Open Door provided Medical Mobile service at our secondary buildings during the last week of February. School SW, Nurses, and Activities Staff assisted in getting compiling names of students who were in need of service. (32 students)

- *SHINE Group-Seeking Harmony in Neighborhoods Everywhere- School Social Worker and School Counselor work together to connect this group with volunteer opportunities within our community, community speakers and engaging in activities at school.
(40 students)
- *Collaborate with the student support team on attendance efforts to problem solve with students/families in regards to attending school.
- *Assist in providing mental health support individually and in groups for students.
- Meet throughout the school year with community mental health professionals
- *Increased conversations around trauma, what it looks like and the effects on youth. Building increased relationships with these students who are experiencing or who have experienced trauma.
- *Provide home visits to help support families and students be successful.
(266 students)
- 198 Preschool home visits

Homeless Youth:

- *Provide individual/ family support to connect to outside resources, school support and transportation.
- *Meet with these students throughout the year to ensure needs are being met.
- *Provide basic needs for youth to be successful (food, clothing, beds, etc.)
- *Identify barriers and problem solve to support education and mental health.
(338 students)

Community Resource Connection

- *Participate on the Child Protection teams in Blue Earth and Nicollet County
- *Participate on local non profit agency boards to support our students and the agencies.
(YMCA, YWCA, FOCP, Homeless Response Team, Partners for Affordable Housing)
- *Girlz Connectz Program: Partner with the Girl Scouts of America to support girls (32 students)
- *Collaborate with Connecting Kids with Al Roehm to get as many kids as possible signed up for summer camp.