

2016-17 MANKATO EAST WINTER AWARDS

Boys Alpine Ski

Jordan Risk – State Participant (10th Place) – All-State Honors

Jenny Arndt - State Participant

Girls Hockey - Section 3A Champions and State Participants

Girls Basketball - Silver Academic Team Award - 3.598 GPA

Torey Richards - Academic All-State (MSHSCA)

Shayla Karge - All-State Honorable Mention (MSHSCA)

Boys Swim and Dive - (8th Place Team Finish - Highest in School History)

Jacob Long – State Participant - 100 Backstroke (2nd Place- School Record 51.06) and 50 Freestyle (3rd Place-School Record 21.06)

- All-State

Josh Hamond - State Participant - 100 Fly (3rd Place-School Record 51.80) and 50 Freestyle (12th Place)

- All-State

State Participant in 200 Medley Relay (6th Place - School Record 1:38.92) – John Menjivar, Jacob Long, Josh Hamond and Avery Javens - All-State

State Participant in 400 Free Relay - Jacob Long, Avery Javens, Josh Hamond and Mike Behsman (9th Place-School Record 3:18.13)

Garret Winch - All-State Academic (MSHSCA)

Mike Behsman - All-State Academic (MSHSCA)

Nhan Nguyen - All-State Academic (MSHSCA)

VEX Robotics - State Champions

Kendyl Steuber

Megan Geraets

Sydney Prybylla

Lauren Reuter

Sophia Murphy

Grace Morgan

Math League - State Participants

Brady Budge

Ian Dittmer

Taylor Hansen

Avery Javens

Bryce Sellner

Dustin Simmons

Cole Theobald

Nick Thielsen

DECA - State Participants

Malachy Bloom

Luke Drummer

Anthony Etter

Tyler Horn

Jacob Jordan

Joe Keckhafer

Colin Knutson

Lucas Larson - Membership Campaign (International Conference Attendee)

Andre Fortin - Membership Campaign (International Conference Attendee)

Brandy Modrow - Membership Campaign (International Conference Attendee)

Luke Lehne

Aaron Marthaler

Stephany Modrow

Bridgit O'Brien - Employment Interview - Advanced Level - 1st Place

Zander Peterson

Wyatt Slunecka

Zach Stanley

Bryce Sellner - Virtual Business Challenge - 1st Place (International Conference Attendee)

Jared Steiner - Virtual Business Challenge - 1st Place (International Conference Attendee)

Cole Theobald - Virtual Business Challenge - 1st Place (International Conference Attendee)

Parker Theobald

Hannah Weng - Apparel & Accessories Marketing Series (International Conference Attendee)

Ty Wrage

Kenny Yu

Triple 'A' Award

Torey Richards

Nathan Scruggs

MSHSL Excel Award Winner

Nick Thielsen

2016-17 MANKATO WEST WINTER AWARDS

Triple "A" (Academics, Athletics, Arts) Award Winners:

Lauren Smith (Region 2AA Winner)

Jonas Fu

GIRLS' ALPINE SKI:

3rd Place State Finish

State Girls' Team Participants:

Dana Bohks

Briggs Carlson

Lauren Colway

Hailey Kopischke

Kayla Lorenz

Katherine Nelson

Lindsey Sievers

All-State HM: Dana Bohks, Lauren Colway

Silver All State Team Academic Award (3.65 Team GPA)

BOYS' ALPINE SKI:

7th Place State Finish

State Boys' Team Participants:

Nicholas Bohlke

Tyler DeFor

Blake Donkin

Niklas Fabritius

Jackson Gleitz

Jaiden Rollings

BOYS' BASKETBALL

MBCA Section Team Academic Champions (3.65 Team GPA)

MBCA Individual Academic All-State – Trey Burmeister

MSHCA Silver Team Academic Award (3.65 Team GPA)

GIRLS' BASKETBALL

MSHCA Silver Team Academic Award (3.6 Team GPA)

GYMNASTICS

7th Place Team State Finish

State Girls' Team Participants:

Alexis Arellano

Kathryn Brinkert

Laura Hankins

Kristen Lageson

Andrea Ovalle

Mikaela Sellner

Taryn Sellner

Madelyn Wolf

Makenzie Yaeger

State Girls' Individual Participants:
Mikaela Sellner – 7th Floor, 10th Vault
Taryn Sellner – 6th Beam
Makenzie Yeager

All State:
Mikaela Sellner (Vault, Beam, Floor, All Around)
Taryn Sellner (Vault, Beam, Floor, All Around)
All State H/M:
Mikaela Sellner (Bars)
Taryn Sellner (Bars)
Kristen Lageson (Vault and Floor)
Makenzie Yeager (Bars)
Kathryn Brinkert (Vault)

MGGCA Academic Team Gold Award (3.94 Team GPA)

GIRLS' HOCKEY:
MGHCA Silver Team Academic Award (3.53 Team GPA)
MGHCA Individual Academic All-State
Jordan Enevold
Kristina Jones-Riquelme

BOYS' SWIM/DIVE:
5th Place State Finish
State Participants:
Daniel Egli (200 Free Relay (7th), 500 Free (5th))
Thomas Fitzloff
Jonas Fu
Henry Simpson (100 Backstroke (6th))
Hayden Ziegler 50 Free (8th)
Joseph Park
Tyler Parker
400 Yd. Freestyle Relay (5th)
200 Yd. Freestyle Relay (6th)
200 Yd. Medley Relay (7th)
All State:
Dan Egli
Thomas Fitzloff
Jonas Fu
Tyler Parker
Henry Simpson
Hayden Zeigler
All State Academic:
Jonas Fu
Parker Pendergast
Hayden Zeigler
MSHCA Gold Team Academic Award (3.82 Team GPA)

NISCA (National Interscholastic Swim Coaches Association) Academic All American
Qualified with an unweighted 3.75+ cumulative for 7 semesters
Jonas Fu
Cole Maxwell
Parker Pendergast
Hayden Zeigler

WRESTLING:

Individual State Participants:

Charles Pickell (113 lb) – STATE CHAMPION (2nd Consecutive Year)
Zachary Jakes (220 lb) – STATE RUNNER UP (2nd Consecutive Year)
MWCA Academic All-State – Zachary Jakes

DECA:

State Qualifiers:

Erica Benson
Gabrielle Bowyer
Daniel Egli
Thomas Fitzloff
Peter Haley
Laura Hankins
Jared Lim
Rachel Luedtke
Taylor Person
Hope Walz
Hayden Zeigler

KNOWLEDGE BOWL:

State Team Tournament Qualifiers:

Alex Auger
Sam Cesafsky
Lucas Guo
Tyler Hoppe
Kyle Svenson

SPEECH:

State Qualifiers:

Sam Roach (Extemporaneous Reading)
Melina Lobitz (Duo Interpretation)
Amber Frederick (Duo Interpretation)

MATH LEAGUE:

State Individual Participant: Lucas Guo

VEX ROBOTICS:

State Participants:

“The Knights”: State Tournament Championship - Ian Muggli, Kade Brandel, Matthew Krueger, Devin Baker, Ethan Rittmiller, Tom Lauer, Lucas Guo, Andrew Birkmaier.

“Team KaBoom”: Gavin Honken, Ryan Buendorf, Hunter Stevensen, Rachel Arndt,
Alanna Pohlman, Hallie Olson, Andrew Baston, Terry Moore.

“Team Sierra”: Eric Rucker, Ben Abbott, Larkin Hansen, Dayton Moore, Trent McCabe, Keidron
Pohlman, Chris Slocum, Abdikarem Ibrahim

“Steel Phoenixes”: Ben Liebl, Justin Qualley, Tucker Jones, Mitch Robertson, Andrew Herold,
Connor Johnston, Liam Garbes

“Gear Grinders”: Andrew Hauer, Sam Crockett, Jacob Hagan, Ben Crockett, Matthew Birkmaier,
Jonah Westberg, Derik McGregor

“The Ribbits”: Matt Preis, Sam Preis, Cooper Hansen, Cecelia Anderson, Devin Heller, Cody
Verschelde, Willem Moffitt, Seth Thielges, Victoria Ringquist

VEX Worlds Competition Qualifiers:

“The Knights”, “Team Sierra”, “Steel Phoenixes”, “Team KaBoom”

Advisor: Mark Zenk – Mentor of the Year Award

SOCCER

Crissy Makela (West Girls' Soccer Coach) was honored by the Minnesota chapter of the Positive Coaching Alliance (PCA) as a winner of the Double Goal Coach Award. She was one of 50 National Double Goal Coach Award winners.