

The following East High students are recognized for their accomplishments during the Spring season:

GIRLS LACROSSE

MSHSCA Gold Academic Team Award (3.76 GPA)

SOFTBALL

MSHSCA Silver Academic Team Award

Haley Stockman - All-State

BASEBALL

MSHSCA Gold Academic Team Award

Jackson Keller Academic All State

BOYS TRACK

MSHSCA Silver Academic Team Award (3.74 GPA)

Section 2AA Team Champions

4x100 Meter Relay State Participants

Muse Abdi, Colin Knutson, Reagan Schwamberger and Leslie Miller

Alex Berg 3rd Place - Pole Vault (All-State)

Medy Akwai State Participant - 110 Hurdles and Triple Jump

Alec Fette Academic All State

Alex Berg Academic All State

Zach Hempstead Academic All State

Jared Miller Academic All-State

Reagan Schwamberger Academic All-State

Alex MacLean Academic All-State

Calvin Moeller Academic All-State

GIRLS TRACK

MSHSCA Gold Academic Team Award (3.94 GPA)

Lexi Karge State Participant - High Jump

4x400 Meter Relay State Participants

Olivia Berschorner, Emmy Schulz, Megan Geraets and Hanna Roise

4x800 Meter Relay State Participants

Olivia Berschorner, Emmy Schulz, Ava Matejcek and Eva Peters

Megan Geraets State Participant - 400 Meter and 200 Meter

Eve Anderson Academic All State

Joanna Bristol Academic All State

Rachel Clifford Academic All State

Megan Geraets Academic All State

Grace Rodriguez Academic All State

Lexi Karge Academic All State

Ava Matejcek Academic All-State

BOYS LACROSSE

MSHSCA Silver Academic Team Award

Parker Steindl - Academic All-State

Joe Burns - Academic All-State

BOYS TENNIS

MSHSCA Gold Academic Team Award (3.79 GPA)

Jack Braswell Academic All-State

GIRLS GOLF

MSHSCA Gold Academic Team Award and Section Academic Champion

ADAPTIVE BOWLING

Isaiah Matz	State Participant
Cordelia Emery	CI Singles State Champion
Anthony Jefferson	CI Singles 4th Place

ASD Division State Runner -Up Team

Raze Axel, Noah Konz, Logan Lombard and Levi Vanderwerf

CI Division State Champions

Konnor Wojcik, Julio Esquivel, Wren Eccles and Hunter Carlsgaard

CI Division State Runner-Up

Samantha Seifert, Mason Ferraro, Kodie Bakke and Cordelia Emery

CI Division State Third Place

Mason Schutz, Anthlony Jefferson, Anthony Keech and Tom Neegaard

ALL STATE MUSIC

Kiara Riehl	Flute (18-19)
Aria Smith	Women's Choir (18-19)
Audrey Atkins	Mixed Choir (19-20)
Alex MacLean	Men's Choir (19-20)
Luke Drummer	Vocal Alternate (19-20)
Jace Hague	Vocal Alternate (19-20)

The following West High students are recognized for their accomplishments during the Spring season:

Baseball

- MSHSCA Gold Academic Team Award (3.49 GPA)

Girls Lacrosse

- MSHSCA Gold Academic Team Award (3.76 GPA)

Girls Softball

- MSHSCA Gold Academic Team Award (3.94 GPA)
- MSHSCA Academic All State: Kenzie Grunst and Brooke Pahl
- All State 1st Team: Kenzie Grunst and Bri Stoltzman
- All State 2nd Team: Madi Mueller
- Honorable Mention All State: Jalissa Stoltzman
- Triple A State All-Star Participant- Emma Young
- Section 2AAA Champions and State Qualifier
- Class Triple A State Runner-up

Boys Track and Field

- Gold Academic Team Award

All-State

- Jonathan Sikel - 4x200 (2nd Place) & Long Jump (4th Place)
- Melik Davis - 4x200 (2nd Place)
- Tyler Makela - 4x200 (2nd Place)
- Tristan Altenburg - 4x200 (2nd Place)
- Garrett Shumski - Discus (9th Place)

State level qualifiers & participants

- Melik Davis - 100, 4x200
- Tristan Altenburg - 4x200
- Tyler Makela - 200, 4x200
- Duang Buk - 4x200
- Jonathan Sikel - 4x200, 4x400, Long Jump
- Dominique Sealy - 4x200, 4x400, 300 hurdles
- Hans Rupnow - 4x400
- Juan Berrones - 4x400
- Miko Tapscott - 4x400
- Garrett Shumski - Discus, Shot Put

Academic All-State

- Juan Berrones
- Wyatt Block
- Tom Brown
- Jackson Bruning
- Sam Csizmadia
- Braeden Egeland
- Dan Egli
- Liam Garbes
- Hudson Hastings
- Owen Johnson
- Josh Landgraff
- Zander Pedersen
- Christian Rosen
- Hans Rupnow
- Markus Rupnow
- Garrett Shumski
- Jonathan Sikel
- Will Simmons
- Miko Tapscott
- Alex Volk

Girls Track and Field

- MSHSCA Team Academic Gold - 3.97 GPA

Individual Academic All State:

- Indya Campbell
- Ana Goellner
- Sunshine Langworthy
- Valerie Leonard
- Abby Olenius
- Jenna Sikel
- Kristen Rasmussen
- Annabel Schueneman
- Tiana Johnson

State Track Meet Participants

- Indya Campbell - 12th in 300 IM Hurdles, 16th in 100M HH
- Abby Olenius - 9th in Pole Vault - All State

Boys Golf

All State- Leo Gellert

State Tournament Individuals- Leo Gellert, Owen Bjork

All-State Music

- Abby Weiler- Clarinet
- Hans Rupnow- Alternate Trumpet