

The following East High students are recognized for their accomplishments during the Winter season:

Alpine Ski

- **Big 9 Conference Team Champions**
 - Brendan Steinbach – State Participant (45th Place)

Boys Basketball

- **Section 2AAA Champions**
- **State Tournament Participants (3rd Place)**
 - Sean Clement
 - Lavar Pennington–Peterson
 - Jalen Hayes
 - Puolah Gong
 - Brogan Madson
 - Giles Lancaster
 - BJ Omot
 - MSHSL All–Tournament Team and MNSHCA All–State
 - Manaow Omot
 - Edward Hulke
 - Meer Othow
 - Mike Bosse
 - Jacob Eggert
 - Jack Pemble
 - Carson Schweim
 - Kyle Bridger
 - Xavier Hayes
 - Okuch Odiel
 - Nauh Mo Obich
 - Student Managers – Tenley Madson, Celia Atherton and Brenley Coleman

Girls Basketball

- **Big 9 Conference and Section 2AAA Champions**
- **State Tournament Participants (4th Place)**
- **MSHSCA Silver Team Academic Award (3.69 GPA)**
 - Madeline Schmidt
 - Madeline Beaty
 - Peyton Stevermer
 - Amber Reuter
 - Hayden Henning
 - Ellie Edberg
 - Macy Birkholz
 - Mackenzie Schweim
 - MNSHCA Academic All–State and MNSHCA All–State Honorable Mention
 - Kat Huper
 - Kylinn Stangl
 - Hannah Full
 - Lexi Karge
 - MSHSL All–Tournament Team
 - MNSHCA Academic All–State and MNSHCA All–State Honorable Mention
 - Hailey Petzel
 - Khadija Johnson
 - Gracie Langworthy
 - Student Managers – Ariet Omot, Taylor Reuter and Esther Njeru

Wrestling

- **MSHSCA Gold Team Academic Award Winner (3.58 GPA)**
 - Brian Thilges – 170lb State Qualifier

Gymnastics

- **MSHSCA Silver Team Academic Award (3.58 GPA)**
 - Ella Turner – State Participant – Vault (30th Place) and Beam (27th Place)
– All-State Beam and All-State Honorable Mention Vault, Floor and All Around
 - Kailynn Thul – All-State Honorable Mention – Vault
 - Laura Thauvin – All-State Honorable Mention – Bars and Beam

Boys Swim and Dive

- **Section 1A Champions and 4th Place at State Meet**
- **MSHSCA Gold Team Academic Award (3.75 GPA)**
 - 200 Medley Relay: Jordan Hogue, Dave Wedzina, Elliot Bartell & Logan Gustafson (Runner-Up) All State
 - 200 Freestyle: Nick Brauer (12th Place)
 - 200 Individual Medley: Dave Wedzina (5th Place) All State and Logan Gustafson (7th Place) All State
 - 50 Freestyle: Elliot Bartell (10th Place)
 - Diving: Cole Javens (17th Place)
 - 100 Fly: Elliot Bartell (8th Place) All-State
 - 100 Freestyle: Logan Gustafson (6th Place) All State and Nick Brauer (13th Place)
 - 500 Freestyle: Jordan Hogue (14th Place)
 - 200 Free Relay: Elliot Bartell, Jack Slunecka, Isaac Luethmers and Nick Brauer (13th Place)
 - 100 Backstroke: Jordan Hogue (16th Place)
 - 100 Breaststroke: Dave Wedzina (5th Place) All State
 - 400 Free Relay: Nick Brauer, Logan Gustafson, Dave Wedzina and Jordan Hogue (3rd Place) All State
 - MSHSCA All-State Academic – Logan Gustafson, David Wedzina and Jack Slunecka

Girls Hockey

- **Section 2A Champions and State Participants**
- **MSHSCA Silver Team Academic Award (3.63)**
 - Jordan Thomas
 - Sydney Wang
 - Ashley Fischer
 - Sophie Steindl
 - Ava Tibodeau
 - Zoey Zigich
 - Piper Guillemette
 - Christine Kim
 - Morgan Evans
 - Brielle Newton
 - Emmy Schulz
 - Kailey Newton
 - Kenzie Keller
 - Jessica Eykyn
 - Jaden Hague
 - Ella Hudspeth
 - Kalea Homich
 - Annaliese Rader
 - Student Managers – Eva Peters, Leo Pauvel, Naomi Kes and Anna Schultz

Boys Hockey

- **Section 3A Champions and State Participants**
 - Lucas Rheaume–Barnett
 - Carson Graves
 - Jayden Larson
 - Brayden Borgmeier
 - Parker Anthony
 - Christian Theuninck
 - Rafe Bowman
 - Jayton Frederick
 - Aaron Kamm
 - Andrew Sorbo
 - Alexander Morgan
 - Quintin Steindl
 - Andrew Bastian
 - Aiden Prochaska
 - Shae Gavin
 - Austin Arnoldy
 - Ethan Stude
 - Tyler Graves
 - Landon Metcalfe
 - Caelin Brueske
 - Zach Lebens and Owen Quist (Injured)
 - Student Managers – Jackson Faust and Ava Rabenhorst

Speech

- Gavin Davis – National Qualifier – International Extemporaneous Speaking (June)
- Olivia Moeller – Storytelling – State Qualifier and Section Champion

VEX Robotics

- **The Minnesotans (Team 9457C) – State Qualifiers**
 - Zachary Asfaw, Samuel Barker, Logan Budge, Nicholas Hoffman, Alex Jacob, Andrew Myhra
- **Sterling Cougars (Team 9457S) – State Qualifiers**
 - Landon Willaert, Brady Andersen, Aidan Mayer, Alison Smasal, Brady Clarke, Jessie Mahowald, Nico Wood
- **Your Ex (Team 9457X) – State Runner-Up and Worlds Qualifiers**
 - Robert Burnett, Aidan Kennedy, Alex Morgan, Nolan Wendland, Derek Rundle
- **Venator (Team 9457R) – State Qualifiers**
 - Avante Ford, Cole Guentzel, Jonathan Clausen, Ethan Stencel
- **Complexity (Team 9457T) – State Qualifiers**
 - Blake Hillesheim, Keller Lewis–Wolters, Anthony Roberts, Connor Stueber, Brayden Welckle
- **Squaidgits (Team 9457Z) – State Qualifiers**
 - Ashton Beyer, Christopher Braam, Mason Peters, Kaden Stephenson, Jackson Verschelde

DECA

- **State Participants**
 - Kaia Austin
 - Mackenzie Burns
 - Oliver Engelby
 - Logan Gustafson
 - Kaleb Kim
 - Emily Frutos-Krueger
 - Michael Frutos-Krueger
 - Landon Metcalfe
 - Morgan Myhre
 - Tenley Madson
 - Jack Slunecka
 - Dave Wedzina

Triple 'A' Award

- Megan Friedrichs – Region 2AA Winner
- David Wedzina

The following West High students are recognized for their accomplishments during the Winter season:

Girls Alpine Ski

- **MSHSCA Academic Team Silver Award – 3.64 GPA**
- **State Meet Qualifiers**
 - Brynn Bohlke – 59th Place
 - Breck Carlson

Boys Alpine Ski

- **State Meet Qualifier**
 - Leo DeMars – All State: 11th place

Girls Basketball

- **MSHSCA Team Academic Gold Award – GPA 3.86**
 - Academic All-State – Lani Schoper & Annika Younge

Gymnastics

- **MSHSCA– Team Academic Gold Award 3.90**
- **Section 2A Champions**
- **2nd place finish at MSHSL State Meet**
- **Section Individual Champion (Vault, Bars, All-Around) – Jenna Sikel**
- **All-State**
 - Jenna Sikel – Vault, Bars (13th), Beam (9th), Floor (9th), All-Around (8th)
 - McKenna Schreiber – Vault(12th), Floor (12th)
 - Zoey Hermel Vault – (9th), Floor (2nd)
 - Maura Panahon–Floor – (7th)
- **All-State Honorable Mention**
 - McKenna Schreiber– Beam, Bars, All-Around
 - Niya Hauer – Vault, Bars
 - Grace Jacobson – Bars

- Charley Fernandez – Bars, Floor
- Maura Panahon – Vault, Beam
- Zoey Hermel – Beam
- **All-State Elite**
 - Jenna Sikel

Boys Hockey

- **MSHSCA Academic All-State Gold Award – 3.81 GPA**
- **Section 3A Champions**

Boys Basketball

- **Academic All-State**
 - Mekhi Collins 3.70 GPA – All Star game participant

Wrestling

- **Team Academic All-State Gold Award – 3.68 GPA**
 - Gannon Rosenfeld
 - Individual Academic All-State – 4.04 GPA
 - Section Champion
 - All-State (3rd Place)

Boys Swim and Dive

- **Academic All-State: Hayden Maxwell – 3.80 GPA**
- **State Placewiners**
 - 200 Medley Relay (Ethan Bartell, Sullivan Jacobs, Charlie Simpson, Jason Taylor) – 8th
 - 50 Freestyle – Charlie Simpson – 7th place
 - 100 Butterfly – Ethan Bartell – 13th place
 - 200 Free Relay – Charley Simpson, Jason Taylor, Leif Petricka, Ethan Bartell – 6th place
 - 100 Breast – Sullivan Jacobs – 11th place

DECA

- **Outstanding Student Award**
 - Jessica Lewandowski
- **ICDC Qualified**
 - Jessica Lewandowski – Professional Selling 4th Place
 - Meea Atkinson– Thrive Academy
- **State Placewiners**
 - Ian Risto – Entrepreneurship Team –2nd Place
 - Nicole Swanson – Integrated Marketing Campaign 3rd Place
 - Klara Lybeck – Integrated Marketing Campaign 3rd Place
 - Delaney Geisen – Sports & Enter. Marketing Team.– 2nd Place
 - Brooklyn Geerdes – Sports & Enter. Marketing Team – 2nd Place
 - Faith Hoppe – Sports & Enter. Marketing – 2nd Place
 - Ryan Haley – Restaurant & Food Mgt. –2nd Place

- Silas Simpson – Entrepreneurship –1st Place, Entrepreneurship Team –2nd Place
- Caleb Crocker – Restaurant & Food Mgt –1st Place, Marketing Communications –2nd Place
- Jessica Lewandowski – Marketing Communications –3rd Place, Hospitality & Tourism Prof. Selling –1st Place
- Macy Bauer – Entrepreneurship Team –3rd Place
- Meea Atkinson – Hospitality & Tour. Prof. Selling –3rd Place, Food Marketing –2nd Place, Entrepreneurship Team –3rd Place
- **DECA State Participants**
 - Emily Bloemke
 - Owen Risto
 - Addi Lawrence
 - Ellie Carlson
 - James Schueneman
 - Matt Smith
 - Grace Raverty
 - Sophia Post
 - Leif Petricka
 - Luke Lumsden

Math League

- **State Tournament – 7th place**
 - Sam Gersich, Parker Keenan, Calvin O'Connor, Leif Petricka, Ashley Pipes, Griffin Post, Jonah Ahao, Raymond Zhao. Alternates: Sophia Post, Silas Simpson

Vex Robotics

- **8110D Dapper Droids – State Tournament Qualifying & World Tournament Qualifying**
 - Riley Bruning, Jackson Kuiper, Matthew Birkmaier, Andrew Kim, Ryan NG, Derik McGregor
- **8110B Solid Steel – State Tournament Qualifying Teams**
 - Saaranish Agarwal, Tyler Hauer, Brenden Gruber, Raymond Zhao, Wyatt Gaalswyk
- **8110C Llamas with Gears – State Tournament Qualifying & World Tournament Qualifying**
 - Carter James, Evan Honken, Jacob Goblirsch, Jordan NG, Luke Haggerty, Tony Palesotti
- **8110G Static Core – State Tournament Qualifying Teams**
 - Tyler Jacoby, Ryan Vonmaluski, Aiden Gerdes, Edison Shores, TJ Spriggs
- **8110R Top Gear – State Tournament Qualifying Teams**
 - Walker Rotchadl, Nate Lang, Brendan Isenberg, John Voracek, Gabe Kietzer
- **8110W Brobotics, Inc. – State Tournament Qualifying & World Tournament Qualifying**
 - Ethan Yunkers, Silas Simpson, Griffin Post, Jack Phares, Jacob Johnson
- **8110Z Aperture – State Tournament Qualifying & World Tournament Qualifying**
 - Joseph Kremer, Noah Willard, Elijah Waskul, Blake Pipes, Noah Williams, Brandon Miller, Ian Heath

Speech

- **State Tournament Qualifiers**
 - Saarah Hassan – Drama Category
 - Emma Steffen – Discussion Category
- **Amanda Abel Section Coach of the Year**