

The following East High students are recognized for their accomplishments during the Spring season:

Softball – MSHSCA Gold Academic Team Award

- Megan Juni – All-State Academic MSHSCA
- Holly Dinh – All-State Academic MSHSCA
- Abby Brielmaier – All-State Academic MSHSCA
- Maddie Mangulis – All-Star Series Selection MSHSCA
- Kylinn Stangl – All-State Honorable Mention MSHSCA

Baseball – MSHSCA Gold Academic Team Award

- Jacob Eggert – All-State MSHSCA

Adaptive Bowling

- CI Division State Team Runner-Up
 - Kodie Bakke, Cordelia Emery, Nevaeh Farris and Jason Burk-Rummans
- CI Division State Doubles 3rd Place
 - Wren Eccles and Julio Esquivel
- ASD Division State Singles 5th Place
 - Alyssa Wilder
- State Participants
 - Jacob Watson
 - Lydia Meehling
 - Lilly Maas
 - Hailie Johnson
 - Rinnah Sorenson
 - Courtney Torgusen
 - Davaris Woods
 - Tyler Dorn
 - Levi Vanderwerf
 - Logan Lombard
 - Marshall Baynes
 - Peyton Deroche
 - Marlenika Owino

Boys Tennis – MSHSCA Gold Academic Team Award (3.74 GPA)

Boys Lacrosse – MSHSCA Gold Academic Team Award

Girls Track

- MSHSCA Gold Academic Team Award (3.99 GPA)
- Section True Team Class AA 3rd Place and Section 2AA Team Runner-Up
 - Rylie Hansen State Runner-Up – Pole Vault (All-State)
–All-State MSHSCA
- 4x800 Meter Relay State Participants (4th Place) All-State MSHSCA
 - Lauren Henkels, Madison Wolle, Emmy Schulz and Addison Peed

- Lexi Karge State Participant – 400 Meter (5th Place)
–All–State MSHSCA
- Adaylia Borgmeier State Champion in three events
– Wheelchair 100 Meters (State Meet Record)
– Wheelchair 200 Meters (State Meet Record)
– Wheelchair 800 Meters
- Ellie Edberg Academic All–State MSHSCA
- Megan Friedrichs Academic All–State MSHSCA
- Kaylie Geraets Academic All–State MSHSCA
- Rylie Hansen Academic All–State MSHSCA
- Ashlyn Hering Academic All–State MSHSCA
- Lexi Karge Academic All–State MSHSCA
- Ava Matejcek Academic All–State MSHSCA
- Addison Peed Academic All–State MSHSCA
- Eva Peters Academic All–State MSHSCA
- Avery Schuh Academic All–State MSHSCA
- Emmy Schulz Academic All–State MSHSCA
- Laura Thauvin Academic All–State MSHSCA
- Madison Wolle Academic All–State MSHSCA

Boys Track – MSHSCA Gold Academic Team Award

- State True Team Class AA Champions and Section 2AA Team Runner–Up
- Isaiah Anderson State Participant – 3200 Meters (3rd Place)
–All–State MSHSCA
- Aaron Stewart State Participant – 100 Meter Dash
–All–State Academic MSHSCA
- Puolrah Gong State Participant – 300 High Hurdles
- Nathan Drumm Academic All–State
- Conner Ratcliff Academic All–State
- John Pemble Academic All–State

All State Music

- Megan Friedrichs Women's Choir (21–22)
- Kaleb Kim Men's Choir (22–23) Alternate

The following West High students are recognized for their accomplishments during the Spring season:

Baseball

- Section 2AAA Champions
- MSHSL State Runner-Up
- MSHSCA Gold Academic Team Award – 3.42
- MSHSCA Academic All-State: Zander Dittbenner, Ryan Haley, Louis Magers
- All State – Zander Dittbenner, Ryan Haley, Louis Magers, Tanner Shumski
- MSHSCA Class 3A Player of the Year – Louis Magers

Girls Lacrosse

- MSHSCA Gold Academic Team Award – 3.92
- MSHSCA Academic All State:
 - Mankato West – Josie Carpenter, Faith Hoppe, Trinity Jackson, Zoey Johnson, Brooke Pockrandt, Alaina Spaude, Annelise Winch, Addelyn Mason, Mya Crocker, Sophia Dinsmore
 - Mankato East – Christine Kim, Daevya Gagnon, Sophie Steindl

Girls Softball

- MSHSCA Gold Academic Team Award – 3.93
- MSHSCA Academic All State: Lauryn Douglas, Abbi Stierlen, Lani Schoper
- MSHSCA All State – Abbi Stierlen (1st Team), Lauryn Douglas (2nd Team)
- Honorable Mention All State: Lani Schoper
- MSHSL State All Tournament Team – Lauryn Douglas, Abbi Stierlen, Lauren Raberge
- Section 2AAA Champions
- MSHSL State Champions
- 2022 Minnesota Ms. Softball Finalist – Abbi Stierlen
- Assistant State Coach of the Year – Dianne Johns
- State Coach of the Year Don Krusemark

Boys Tennis

- MSHSCA Gold Academic Team Award – 4.162
- MSHSCA Academic All State Individual: Capar Olseth, Sam Oltman

Boys Track and Field

- MSHSCA Academic All State: Peyton Goettlicher, Jack Raverty
- Individual Qualifiers
 - Peyton Goettlicher – 200 M – 5th Place
- 4x100 – Blake Kirby, Peyton Goettlicher, Jalen Smith, Jack Raverty – 5th Place
- 4x200 – Jalen Smith, Jack Raverty, Blake Kirby, Peyton Goettlicher – State Champions

Girls Track and Field

- MSHSCA Gold Team Academic Award
- MSHSCA Individual Academic All State: Lauren Dimler, Jenna Sikel, Grace Banse, Avery Schmitz, Zoey Hermel
- Individual Qualifiers
 - Lauren Dimler
 - 100 M High Hurdles – 7th Place
 - 300 M IM Hurdles – 6th Place
 - Long Jump – 5th Place
 - Jenna Sikel – Pole Vault – 3rd Place
 - Ruby Marble – 200 M – 7th Place
 - Grace Banse
 - Discus – 7th Place
 - Shot Put – 5th Place
 - Abby Olenius – Pole Vault
- 4x200 M Relay – Avery Schmitz, Ruby Marble, Lauren Dimler and Zoey Hermel – 3rd Place
- 4x400 M Relay – Norah Downs, Mikeala Stenzel, Ruby Marble, Avery Schmitz

Adapted Bowling

- State Meet Place Winners:
 - Ilhan Gabri – 4th Place Singles ASD Division
 - Shanti Esters – 5th Place Singles CI Division
 - Caleb Ous – 13th Place Singles PI Division
- Participants – Keegan Addink, Chloe Marks, Tristan Father, Thalia Miller, Emma Christenson, Frank Kammerdiener

All State Music

- **Band**
 - Thomas Kane – Bass
 - Zainab Syed – Flute
- **Orchestra**
 - Jonah Zhao – Violin II
 - Raymond Zhao – Violin I
 - Ian Kim – Cello
- **Choir**
 - Erin Shang Quartey – Alto II
 - Julia Schumacher – Soprano II