

The following East High students are recognized for their accomplishments during the Spring season:

Softball

- State Class AAA State Champions
- Big Nine Conference Champions
- MSHSCA Gold Academic Team Award (3.62 GPA)
 - Emily Hacker
 - Maddy Beaty
 - All-Section Selection
 - Peyton Stevermer
 - All-Section Selection
 - MSHSL All-Tournament Team Selection
 - MSHSCA All-Star Series Selection
 - MSHSCA Border Battle Selection
 - All-State 1st Team Selection
 - Jayda Swalve
 - Harper Stangl
 - Kylinn Stangl
 - All-Section Selection
 - MSHSL All-Tournament Team Selection
 - All-State 1st Team Selection
 - Destiny Reasner
 - Carlie Wendinger
 - Tiegen Richards
 - Sydney Jacobs
 - Academic All-State
 - MSHSL All-Tournament Team Selection
 - All-State 2nd Team Selection
 - Ella Hudspith
 - Megan Opie
 - Academic All-State
 - Hailey Petzel
 - MSHSL All-Tournament Team Selection
 - Kyla Stenzel

Baseball

- MSHSCA Silver Academic Team Award (3.49 GPA)
 - Dylan Kopesky – All-State and All-Star Selection MSHSCA
 - Ristan Wojcik – All-State and All-Star Selection MSHSCA
 - Alex Hennis – Academic All-State MSHSCA
 - Cael Willaert – Academic All-State MSHSCA
 - Easton Stangl – Academic All-State MSHSCA

Adaptive Bowling

- CI Division State Team 5th Place
 - Jacob Watson, Cordelia Emery, Davaris Woods and Jak Okumo

- ASD Division State Doubles 4th Place
 - Peyton Deroche and Tyler Dorn
- ASD Division State Team 6th Place
 - Noah Olson, Nunu Maldonado, Daniel Hammers and Kellen Britz
- State Participants
 - Cody Bakke
 - Lydia Meehling
 - Lilly Maas
 - Hailie Johnson
 - Kenny Smith
 - Melissa Wilder
 - Caitlin Torgusen
 - Nevaeh Ferris
 - Marlenika Owino

Boys Tennis

- MSHSCA Gold Academic Team Award (3.74 GPA)

Boys Lacrosse

- Sean Burns – Academic All–State MSHSCA (East)

Girls Track

- MSHSCA Gold Academic Team Award (3.96 GPA)
- State True Team Class AA 2nd Place and MSHSL State 3rd Place
- Section 2AA Team Champions and Big 9 Conference Champions
 - Rylie Hansen
 - State Champion – Pole Vault – All–State
 - State 3rd Place – Triple Jump – All–State
 - State 4th Place – Long Jump – All–State
 - 4x800 Meter Relay
 - State Participants (3rd Place) All–State
 - Lauren Henkels, Madison Wolle, Emmy Schulz and Addison Peed
 - Emmy Schulz
 - State 7th Place – 300 Meter Hurdles – All State
 - Adaylia Borgmeier
 - State Champion in three events and All–State
 - Wheelchair 100 Meters (State Meet Record)
 - Wheelchair 200 Meters (State Meet Record)
 - Wheelchair 800 Meters (State Meet Record)
 - Addie Peed
 - State 7th Place – Pole Vault – All–State
 - Lauren Henkels
 - State 7th Place – 400 Meter Dash – All–State
 - Yonna Harris
 - State Participant – Discus
 - Laura Thauvin

- State Participant – 100 Meter Hurdles
- Rieeko Tut
 - State Participant – Triple Jump
- Macy Birkholz Academic All-State MSHSCA
- Sophia Donev Academic All-State MSHSCA
- Ellie Edberg Academic All-State MSHSCA
- Kaylie Geraets Academic All-State MSHSCA
- Rylie Hansen Academic All-State MSHSCA
- Ady Lurken Academic All-State MSHSCA
- Addison Peed Academic All-State MSHSCA
- Avery Schuh Academic All-State MSHSCA
- Emmy Schulz Academic All-State MSHSCA
- Laura Thauvin Academic All-State MSHSCA

Boys Track

- MSHSCA Gold Academic Team Award (3.89 GPA)
- State True Team Class AA Runner-Up and Section 2AA Team Runner-Up
 - 4x800 Meter Relay
 - State Champions – All-State
 - Evan Maclean, Audi Thom, Sam Thom and Nick Brauer
 - Nick Brauer
 - State 3rd Place – 800 Meters – All-State
 - Aaron Stewart
 - State 6th Place – 100 Meter Dash – All-State
 - State 4th Place – 200 Meter Dash – All-State
 - 4x400 Meter Relay
 - State 8th Place – All-State
 - Aaron Stewart, Jackson Henkels, Sam Thom and Nick Brauer
 - Mathias Griener
 - State Participant – Pole Vault
 - Aaron Stewart Academic All-State
 - Evan MacLean Academic All-State
 - Jackson Henkels Academic All-State
 - Ben Rosevold Academic All-State
 - Conner Ratcliff Academic All-State
 - Isaiah Anderson Academic All-State
 - Hayden Tischler Academic All-State
 - Sam Braswell Academic All-State

All State Music

- Seth Possin Men's Choir (23-24)
- Kaleb Kim Men's Choir (23-24)
- Connor Stueber Men's Choir (23-24)
- Katie Landwer Band (23-24)
- Ashling Smith Band (23-24)

The following West High students are recognized for their accomplishments during the Spring season:

Girls Lacrosse

- MSHSCA Silver Academic Team Award – 3.75

Girls Softball

- MSHSCA Gold Academic Team Award – 3.867
- MSHSCA Academic All State: Lauren Raberge, Breck Carlson, Carlee Emery
- MSHSCA All State – Carlee Emery (1st Team), Breck Carlson, Madelyn Bode (2nd Team)
- Minnesota All Star game – Carlee Emery and Breck Carlson

Boys Tennis

- MSHSCA Gold Academic Team Award – 4.05
- MSHSCA Academic All State Individual: Brian Lewis, Parker Keenan, Andrew Kim, Raymond Zhao

Boys Track and Field

- Individual Qualifiers
 - Jalen Smith – 100 M – 3rd Place
 - Ephraim Staley – 3200 M – 8th Place
 - Ngor Jal – 110 M Hurdles – 8th Place
 - Michael Henderson – High Jump – 15th Place
 - Carter Hawker – Long Jump – 12th Place
- 4x100 – Elijah Bollman, Jalen Smith, Blake Kirby, JonathanLi Rud – 9th Place
- 4x200 – Blake Kirby, JonathanLi Rud, Jalen Smith, Mikhi Davis – 6th Place
- Section 2AA Coach of the Year – Alex Wischnack

Girls Track and Field

- MSHSCA Gold Team Academic Award – 3.96
- MSHSCA Individual Academic All State: Zoey Hermel, McKenna Schreiber, Elie Wendinger, Aubrey Doyscher, Violet Menk, Allison Banse, Avery Schmitz, Mikayla Stenzel, Emma Viscoli
- Individual Qualifiers
 - McKenna Schreiber – Long Jump
 - Ruby Marble – 200 M – 7th Place
 - Allison Banse
 - Discus – 8th Place
 - Shot Put – 7th Place
- 4x100 M Relay – Jalyn Doss, Ava Olson, Ruby Marble, Avery Schmitz – 3rd Place
- 4x200 M Relay – Jalyn Doss, Zoey Hermel, Ruby Marble, Avery Schmitz – 2nd Place

Adapted Bowling

- State Meet Place Winners:
 - Ilhan Gabri and Emma Christenson – 2nd Place ASD Doubles
 - Chloe Marks – 7th Place CI Singles
- Participants – Keegan Addink, Caleb Ous, Frank Kammerdiener

All State Music

- **Band**
 - Abigail Harpestad
 - Lilian Jaquette
- **Orchestra**
 - Ian Kim

Speech

- Saarah Hassan – State 7th Place Dramatic Interpretation
- Emma Steffen – Participant Discussion