

The following East High students are recognized for their accomplishments during the Fall season:

Girls Cross Country - MSHSCA Gold Academic Team Award (3.84 Team GPA)

- Lauren Henkels - State Participant (43rd Place)

Boys Cross Country - MSHSCA Gold Academic Team Award (3.83 Team GPA)

- MSHSL Class AA State Champions
- Section 2AA Champions
- Big Nine Conference Champions
 - Isaiah Anderson - Big 9 Conference and Section 2AA Champion
 - MSHSCA Academic All-State
 - MSHSCA All-State (5th Place Medalist)
 - Evan MacLean
 - Luke Scholtes
 - Audi Thom
 - Joseph Foley
 - Dayton Clobes - MSHSCA Academic All-State
 - Domanic Wolle
 - Jackson Henkels (Alternate)
 - Tad Wrage (Alternate)

Football - MSHSCA Silver Academic Team Award (3.08 Team GPA)

Boys Soccer

- Owen Quist - MSHSCA All-State First Team Selection and Mr. Soccer Finalist

Volleyball

- Ellie Edberg - MSHSCA Academic All-State

Girls Tennis - MSHSCA Gold Academic Team Award (3.81 Team GPA)

- Mylie Gleason - MSHSCA Academic All-State

Girls Swim and Dive - MSHSCA Gold Academic Team Award (3.95 Team GPA)

- Macy Birkholz - MSHSCA Academic All-State
- Sophie Steindl - MSHSCA Academic All-State
- Ella Prochaska - MSHSCA Academic All-State
- Avery Schuh - MSHSCA Academic All-State
 - 50 Free State Qualifier (10th Place)
 - 100 Free State Qualifier (9th Place-School Record)
- 200 Free Relay - State Participants
 - Camryn Schuh, Brittan Hoffman, Emma Born and Avery Schuh

Girls Soccer - MSHSCA Gold Academic Team Award

- Section 2AA Champions
- State Tournament Participants
 - Ashley Fischer
 - Lana Peterson
 - Kylie Stude
 - Eme Asher
 - Maddy Scheel
 - Ava Tibodeau
 - Ali Peters
 - Avery Hoffman
 - Hayden Henning
 - Taylor Schilling
 - Ava Monson - MSHSL All-Tournament Team Selection

- Kaylie Geraets
- Jillian Borgmeier
- Sophia Barnacle
- Jenna Starkey
- Kate Schimek
- Amber Reuter - MSHSCA All-State Second Team Selection
- Abby Moule
- Ady Lurken
- Lily Dockham
- Eva Starkey
- Ella Quist
- Student Manager Ava Rabenhorst

Lancers Colorguard - Youth in Music Marching Band Division State Champions

- Zoey Uddley
- Alena Atchley
- Kendra Simondet
- Grace Mackie
- Sierra McCabe
- RJ Chiet
- Blake Hiniker
- Leigha Behnke
- Klaire Olson
- Zoey Uddley
- Liv Enrico
- Audree Clausen
- Mariah Betz
- Brooklyn Fisher
- Ashlyn Miller
- Lucy Ayala
- Aaliyah Fleischer
- Brealyn Huettl
- Cece Casper

ExCel Award

- Rylie Hansen
- Guillaume Bibbee

The following West High students are recognized for their accomplishments during the Fall season:

Girls Cross Country

- MSHSCA Gold Academic Team Award (GPA 3.99)
- MSHSL State Meet
 - Landree Quint - 41st Place

Boys Cross Country

- MSHSCA Gold Academic Team Award (GPA 3.96)
- MSHSL State Meet
 - Ephraim Staley - 53rd Place

Football

- MSHSCA Silver Academic Team Award (GPA 3.09)
- Academic All State - Calvin O'Connor
- District Offensive Player of the Year - Bart McAninch

- District Defensive Player of the Year - Frankie McAninch
- District Offensive Lineman of the Year - Gage Schmidt
- District Special Team Player of the Year - Alex Akim
- Minnesota High School Football Showcase Game - Jalen Smith and Bart McAninch
- Minnesota High School Football Showcase Game Offensive Coordinator - JJ Helget
- Super 6 Award Recipient - Jalen Smith

Girls Soccer

- MSHSCA Silver Team Academic Award (GPA 3.73)
- MSHSCA First Team All State: Aubrey Makela
- MSHSCA Second Team All State: Molly Miller
- United Soccer Coaches Small School Coach of the Year - Crissy Makela
- Section 2AA Co-Assistant Coach of the Year

Boys Soccer

- MSHSCA Second Team All State: Leo DeMars

Volleyball

- MSHSCA Gold Academic Team Award - (GPA 3.91)
- MSHSCA Academic All-State: Allison Banse, Victoria Emery, Mackenzie Hoppe, Lydia Sandvig, Tori Tosch, Brooklyn Geerdes
- Section 2AAA Coach of the Year - Stacy Jackson

Girls Swim and Dive

- MSHSCA Gold Academic Team Award (GPA 3.76)
- MSHSCA State Academic Award: Annika Ward, Olivia Leonard, Lucy Vogt, Catherine Bittner, Olivia Thomas
- Medley Relay: Olivia Leonard, Catherine Bittner, Ella lee, and Lucy Vogt - 4th Place
- 200 IM: Olivia Leonard - 4th Place
- 50 Free: Lucy Vogt - 11th Place
- 100 Fly: Ella Lee - 8th Place
- 100 Breaststroke: Olivia Leonard - 5th Place
- 400 Free Relay: Ella Lee, Jordan Woodford, Lucy Vogt, Olivia Leonard - 13th Place
- Diving : Anna Kapsner - State Participant

Girls Tennis

- MSHSCA Gold Academic Team Award (GPA 3.94)

ExCEL Award Winners

- Gianna Aloisio
- Ian Kim