

The following East High students are recognized for their accomplishments during the Fall season:

Girls Cross Country

- MSHSCA Gold Academic Team Award (3.81 Team GPA)
- MSHSL Class AA State Meet – 7th Place Finishers
- Section 2AA Runners-up
 - Lauren Henkels
 - Ady Lurken – MSHSCA Academic All-State
 - Sarah Pottenger – MSHSCA Academic All-State
 - Elena Schroeder – MSHSCA All-State (22nd Place)
 - Macy Hayes
 - Elsie Bennett
 - Tori Blasl
 - Hayden Johnston (Alternate)
 - Skylar Nolta (Alternate)

Boys Cross Country

- MSHSCA Gold Academic Team Award (3.89 Team GPA)
- MSHSL Class AA State Meet – 5th Place Finishers
- Section 2AA Champions
 - Dayton Clobes - MSHSCA Academic All-State
 - Nathan Essler - MSHSCA Academic All-State
 - MSHSCA All-State (18th Place)
 - Elijah Seiwert
 - Eli Baty
 - Brody Willett
 - Riley Essler
 - Logan Back
 - Will Moeller (Alternate)
 - Benjamin Barker (Alternate)

Boys Soccer

- Kaden Haslach - MSHSCA All-State Second Team Selection

Football

- MSHSCA Gold Academic Team Award (3.31 Team GPA)
 - Hayden Tischler – MSHSCA Academic All-State

Volleyball

- MSHSCA Gold Academic Team Award
 - Claire Huettl – MSHSCA Academic All-State
 - Carlie Wendinger - MSHSCA Academic All-State

Girls Tennis

- MSHSCA Gold Academic Team Award (3.81 Team GPA)
 - Sam Williams – MSHSL State Tournament Singles Runner-up
 - Ashlyn Rigdon – MSHSCA Academic All-State
 - Hannah Westman – MSHSCA Academic All-State
 - Emily Hacker – MSHSCA Academic All-State

Girls Swim and Dive

- MSHSCA Gold Academic Team Award (4.1 Team GPA)
- Section True Team Champions
- Section 1A Champions (MSHSL State Meet 22nd Place)
 - Emma Born – MSHSCA Academic All-State
 - Lexi Guentzel – MSHSCA Academic All-State
 - Tiana Huyhn – MSHSCA Academic All-State
 - Jada Sivertsen – MSHSCA Academic All-State
 - 200 Medley Relay – State Participants (13th Place) – School Record
 - Emma Born, Cami Schuh, Kelsey Andresen and Kamille Andresen
 - Cami Schuh – 50 Free – State Participant (18th Place)
 - Brittan Hoffman – Diving – State Participant (16th Place)
 - Kamille Andresen – 100 Fly – State Participant (9th Place) – School Record
 - 100 Breast – State Participant (14th Place) – School Record
 - Emma Born – 100 Back – State Participant (24th Place)
 - 400 Free Relay – State Participants (11th Place)
 - Cami Schuh, Emma Born, Brittan Hoffman and Kamille Andresen

Girls Soccer

- Section 2AA Champions
- MSHSL Class AA State Tournament – 4th Place Finishers
 - Gretta Oachs
 - Laina Peterson - MSHSL All-Tournament Team Selection
 - MSHSCA All-State First Team Selection
 - Grace Campbell - MSHSL All-Tournament Team Selection
 - Eme Asher
 - Maddy Scheel
 - Ava Tibodeau
 - Mia Graff
 - Avery Hoffman
 - Hayden Henning – MSHSCA Academic All-State
 - Taylor Schilling
 - Ava Monson
 - Dacoda McCrea
 - Olivia Heinis
 - Lilli Smasal
 - Emily Mulenburg

- Kate Schimek
- Chloe Beavens
- Jenna Borgmeier
- Emily Pieper
- Raegan Anderson
- Eva Starkey
- Ella Quist

Lancers

- Youth in Music Class AA Marching Band State Champions and Colorguard State Champions

MSHSL ExCel Award School Winners

- Brynn Evans and Elijah Jacobs

Hennepin Arts Spotlight Education Showcase for “Grease”

- Overall Show Honors
 - Costume Crew – Outstanding
 - Light Crew – Outstanding
 - Overall Technical Production – Honorable Mention
 - Ensemble Acting Performance – Honorable Mention
 - Run Crew – Honorable Mention
- Individual Honors
 - Tessa Holland – Outstanding Performance in a Leading Role (Marty)
 - Daniel Possin – Outstanding in Technical Leadership as Lighting Designer
 - Malia Karau – Outstanding in Technical Leadership as Costumer
 - Cole Hudspith – Honorable Mention in a Leading Role (Kenickie)
 - Nora Sipe – Honorable Mention in a Leading Role (Sandy)
 - Randi Young – Honorable Mention in Technical Leadership as Stage Manager

The following West High students are recognized for their accomplishments during the Fall season:

Girls Cross Country

- MSHSCA Gold Academic Team Award
- MSHSL State Meet
 - Landree Quin - 16th Place
 - Reese Quint - 44th Place

Boys Cross Country

- MSHSCA Gold Academic Team Award
- MSHSL State Meet

- Corbin Deichman - 80th Place

Football

- MSHSCA Silver Academic Team Award
- Academic All State- Trevor Sheldrup

Volleyball

- MSHSCA Silver Academic Team Award
- MSHSCA Academic All-State: Livi Downs

Girls Swim and Dive

- MSHSCA Gold Academic Team Award
- MSHSCA State Academic Award:
- State Participant:
 - Jordan Woodford- 100 free- 12th place, 200 free- 11th place
 - Anna Kapsner- 1 meter Diving- 14th place
 - Jordan Woodford, Grace Ward, Olivia Schultze, Lidia Gresback- 200 Free Relay

Girls Tennis

- MSHSCA Gold Academic Team Award
- Academic Allstate: Claire Heimer

Lancers

- Youth in Music: Minnesota Class AA State Champions