AGEISM AWARENESS DAY PROCLAMATION

WHEREAS, ageism refers to stereotypes, prejudice and discrimination directed toward others or orselves based on age; and

WHEREAS, ageism can affect people at every age and negatively impacts health and wellbeing, financial security, workforce participation and the strength of our communities; and

WHEREAS, Mankato is home to approximately 7,700 residents age 60 and older, whose experience, talents and contributions strengthen our community; and

WHEREAS, ageism in education, employment, health care, housing, media and community life can limit opportunities and prevent people from fully participating; and

WHEREAS, recognizing the rich and varied experience of aging and promoting age-inclusive language, policies and practices benefit people of all ages; and

WHEREAS, the City of Mankato, together with the Age-Friendly Mankato and North Mankato Coalition and other community partners, is committed to building a community in which people of every age are respected, included and valued;

NOW, THEREFORE, I, Najwa Massad, Mayor of the City of Mankato, Minnesota, do hereby proclaim October 9, 2026, as

AGEISM AWARENESS DAY

in Mankato and encourage all residents to challenge age-based stereotypes and help build a more age-inclusive community.

IN WITNESS WHEREOF, I have hereunto signed my name and caused the seal of the City of Mankato to be affixed this 28th day of September, 2026.

CITY OF MANKATO INCORPORATED 1868 MINNESOTA

Najwa Massad

Najwa Massad
Mayor