

January 11, 2022

Nueces County Courthouse
901 Leopard St. Room 303
Corpus Christi, TX 78401

FY 20/21 Diabetes Report
\$1,000 - Commissioner Pct 1
\$1,000 - Commissioner Pct 2

\$2,000.00 Total Allocation

Re: Nueces County and Texas A&M University-Corpus Christi, Antonio E. Garcia Arts & Education Center

Nueces County Commissioner Court:

Thank you for your continued support of the diabetes prevention and intervention programs offered through Texas A&M University-Corpus Christi at the Antonio E. Garcia Arts and Education Center. The support received assisted in (1) continuing diabetes prevention workshops for summer camp, (2) nutrition classes for the after-school program, (3) continue our partnership with the Coastal Bend Food Bank and supplement their programs by providing supplies, if needed, for their classes, (4) Grow Local/Cook Local healthy eating and cooking lessons for children 7 to 12 years of age.

The diabetes prevention workshops were delivered throughout the Very Important Kids (VIK) camp. (Due to Covid the Center limited enrollment to all camps during the year.) The camp served forty children between the ages of 5-17. The camp provided health, nutrition, and exercise along with reading and math curriculum to the children. The center offered nutrition presentations to the students from the after-school program who attend during the Fall and Spring. On average, thirty students are served per semester.

This year in partnership with Grow Local South Texas the Center introduced cooking lessons to children 7 to 12 years of age. During the month of July, the Center held two sessions, a weeklong each, to introduce hands on cooking lessons and healthy eating. The Center was also able to provide, in September, two Saturday mini camps to students from the community. The funding provided helped in purchasing kitchen supplies for classes and the purchase of food ingredients for cooking lessons. With these classes gardening was also introduced to the students. The students were encouraged to begin their own vegetable garden at home and taught about the nutrition value.

Our current projects include writing grants to provide free family and individual counseling services at the Garcia Center, offer free parent education classes, working on funding to build sustainability for the center, and delivering art and culture workshops to promote social change for the Westside residents and families of Corpus Christi.

At the time of this report data collected had not been finalized for the year.

Summary of Expenditures for FY 2021/2022 (April 9th – September 30th)

Per Signed Agreement on file

\$2,000 ✓ JCM

- Grow Local/Cook Local healthy eating and cooking lessons for children 7-12 years old
- Supplies to accommodate presentations
- Support for instructors and additional staff
- Food supplies for the participants
- Security for diabetes classes, cooking workshops and Saturday camps
- Nutritional snacks purchased for the morning and afternoon summer campers to promote nutrition and prevent diabetes.
- Math summer campers received diabetes awareness classes and information.

Your support and generosity allow the Garcia Center and our partners to provide continuous services to members of our community. We appreciate your leadership and foresight to understand the services that are needed to build a more sustainable future for our city. We look forward to our continued partnership to serve our westside community.

Sincerely,

Esmeralda Herrera-Teran

Esmeralda Herrera-Teran
Director, Academic Success
Antonio E. Garcia Arts and Education Center

RECIEVED

JAN 11 2022 JCM

Nueces County
Commissioner Court
Administration