

Pediatrics in the Pines Occupational Therapy



Client: Riley Stevens

DOB: April 24, 2012

Date: June 6th, 2026

Riley has diagnoses of Autism Spectrum Disorder and ADHD provided by his primary care provider. He received occupational therapy services from October 2025 to March 2026 to treat these diagnoses due to clinically significant sensory processing differences impacting emotional regulation, safety awareness, and functional participation.

He presents with a mixed sensory modulation pattern, demonstrating both sensory-seeking behaviors and sensory over-responsivity. This results in difficulty consistently regulating arousal levels in response to everyday environmental input.

He is particularly sensitive to auditory and environmental input, and exposure to unpredictable or intense sensory stimuli may lead to increased arousal, emotional dysregulation, and reduced ability to remain functionally engaged. He requires adult support to co-regulate and return to baseline when overwhelmed.

These sensory regulation challenges impact independence and safety across home, school, and community environments. He benefits from predictable routines, structured environments, and access to sensory regulation strategies and co-regulation support.

This statement reflects occupational therapy evaluation and caregiver report and is intended to describe functional sensory processing needs related to daily participation and safety. It does not assign environmental causation or constitute a medical diagnosis.

A handwritten signature in cursive script that reads "Sherrie Wethey".

Sherrie Wethey OT/L, Co Owner
OTH-001339