

Flagship Fitness proposed possible S.F

(Itemized Floor Plan, PSF)

S.F

	<u>S.F.</u>	<u>Totals</u>
Departments		
<u>Administration</u>		
Private offices sales 5x120 S.F	600	
Work station 3x120 S.F	-	
Admin / Member activity dept	-	
Educational / Training area	-	
Administration subtotal		<u>600</u>
<u>Public area</u>		
Entry	490	
Lobby	1,300	
Hallways/Stairs/elevator	2,000	
Child Care		
1) Reception 280 S.F		
2) Infant 158 S.F		
3) Play 1,200 S.F		
4) Activity 1,200 S.F		
Child care center Total	2,500	
Family locker room	800	
Men's locker room (Steam room, 12 private showers, 280, 2 tiered cherry wood lockers)	3,850	
Women's locker (Steam room, 12 private showers, 280, 2 tiered cherry wood lockers, make-up area)	3,900	
Flagship Café/ Juice bar/Food (all healthy, organic)	950	
Day SPA (manucure, pedicure, Hair, massage). Depends on the demographic.	1,400	
Pubic Area Sub total		<u>17,190</u>
<u>Athletic recreation</u>		
Youth club (Ages 3 and up) all cardio arcades for cardio work outs. (part of basketball area)	-	
Racquet ball / Squash	1,553	
Gymnasium (Basketball court)	8,400	
Group Fitness (studio 1)	2,200	
Cycling/Spin (studio 2)	550	
Yoga/ Hot Yoga (studio 3)	700	
Cardio/Selectorized/weight dept/ persoal training (This area should be at least 18,230 + S.F)	18,230	
Athletic Recreation Area Sub total includes 21,880 SF for second floor of Facility		<u>31,633</u>
<u>Indoor aquatic</u>		
Lap pool (5 lanes)	2,400	
Family / leisure pool "Zero depth entry" with slide	3,000	
Deck area	2,000	
First aid area	-	
Whirlpool will be located in the indoor aquatic area.	300	
Sauna (over sized and will be located in the indoor aquatic area.	300	
Pool equipment room	300	
Mechanical	580	
Loading	600	
Laundry	250	
Aquatic Sub Total		<u>9,730</u>
Total net SF of space without any circulation (First floor and 2nd floor)		<u>59,153</u>
Total parking stalls 450 to 527		
Building Foot Print		
Base of the building	37,473	
Circulation	<u>5,621</u>	
Total base of the building	<u>43,094</u>	
Total building S.F (This S.F) depends on the demographic and growth potential.		64,974
2 nd phase construction "3 years of operation"		
Out door Water park or Trampoline gymnastic 18,000 S.F	18,000	<u>18,000</u>