

# Ramsey Parks & Recreation

## May and June 2019 Program Sampler

Want to learn more about current offerings or register?

Visit: [CityofRamsey.com/ParkEvents](http://CityofRamsey.com/ParkEvents)



### Anoka Historical Classes

May 16, 6:00 - 7:00 pm, June 19, 1:30 - 2:30 pm, City Hall

On May 16, come on a journey through the ages. From sundials and watch fobs, to smart phones. On June 16, take some time to talk about family cookie recipes, traditions, and memories of family bakers. Classes are free.



### Learn to Kayak with Wahoo! Adventures

Saturday, June 8, 9:00 - 10:30 am, Sunfish Lake Park

Kick off summer with a paddle around Sunfish Lake. Learn how to paddle, how to safely get in and out of a kayak and more. Fee is \$25.



### Art in the Park

Thursday, June 13, 5:30 - 6:45 pm, The Draw

Express your inner artist! Instructors will lead you step-by-step to learn each technique and create your own masterpiece. Ages 5-15.



### Theater "Bigger Than Life" Workshop

June 17-21 & 24-28, 9:00 am - 3:00 pm, Northern Starz

Join Northern Starz Children's Theater in their two-week workshop about P.T. Barnum and his traveling troupe. Students will act, build sets and create costumes and props. Grades 5-12. Fee is \$175.



### Bingo

Friday, June 21, 7:00 - 10:00 pm, Park Center Building

Bring your friends and family members for a great night of fun and excitement. It's Bingo night! Hosted by the Anoka Women of Today, cards are .50 cents per card. Winners get half the total collected.



### Gymnastics Camp

Starting June 2019, Jumpn Gymnastics

Join Jumpn Gymnastics for Gymnastics Summer Camp. Camp is the perfect way for children to try gymnastics for the first time. Grades K-6. Visit our website for more information.



### Date Night: Movie in the Park

Friday, June 28, 9:00 - 11:00 pm, The Draw

Grab your sweetheart for date night in the park! Come watch The Greatest Showman under the stars. Concessions will be available for purchase. Movie will start 15 minutes after Sunset and is free to attend.



### Candlelight Yoga

Wednesdays, June 5-26, 8:45 - 9:40 pm, Park Center Building

Guided Vinyasa Style of yoga that focuses on breath and movement. Practicing by candlelight will allow you to wind down in a calming environment. All levels are welcome as modifications will be offered.



### Sunrise Yoga

Saturday, June 22 & 29, 8:30 - 9:15 am, Park Center Building

Start your morning on a peaceful note as you rise with the sun and experience the restorative powers of yoga. Classes will be held outside. This class is for all skill levels.



### Zumba

Sundays, May 5-June 30, 6:00 - 7:00 pm, Adrenaline Sports

Zumba is a dance group-fitness class that is fun, energetic and effective. This class features interval aerobic training and exercises to sculpt and tone your body as you dance. Fee is \$5 per class.