

## **Summarized Feedback from Program Participants**

I got my first in person yoga class in 2 years yesterday at the Central Park warning house. It was so wonderful. I wanted to thank the city of Ramsey. So, thank you. I am so grateful and happy for the privilege again. All my other opportunities from before pandemic have gone virtual or quit teaching.

Just a quick note to say... my friends and I love these classes and wish for them to continue indefinitely!

I wanted to express my 'Thanks' to the City of Ramsey as well as to Karen Stark for having Line Dance classes again... it is fun to get out and do a different form of exercise to get the blood pumping. I appreciate all the classes the City of Ramsey offers, as I have participated in Yoga classes in the past as well... I know I am not the only one who enjoys the weekly classes. Thanks much!

I just wanted to let you know how much I enjoy the line dancing classes you offer. It is a great way to learn something new, get some exercise and get out of the house a bit. My friend and I have been going and look forward to it each week. Thanks for offering this.