

City of Ramsey
Agenda
Park and Recreation Commission
Thursday, September 8, 2022
6:30 pm
New Neighborhood Park, 14642 Snowy Owl Street
(Southside of Hwy 10 NW at Riverstone South Subdivision)
In the event of inclement weather meeting will move to City Hall.

- 1. Call to Order**
- 2. Citizen Input**
- 3. Approve Agenda**
- 4. Approve Minutes**
 1. Approve the following meeting minutes.
 1. Park and Recreation Commission meeting minutes dated August 11, 2022.
- 5. Commission Business**
 1. Approve Concept Plans for Neighborhood Park in the Riverstone South Subdivision
 2. Consider Sculptural Carving of Two Dead Oaks at Sunfish Lake Park
- 6. Commission/Staff Input**
 1. Commission/Staff Input
- 7. Adjournment**

Park and Recreation Commission

4. 1.

Meeting Date: 09/08/2022

Submitted For: Mark Riverblood, Engineering/Public Works

By: MaryJo Warner, Engineering/Public Works

Information

Title:

Approve the following meeting minutes.

1. Park and Recreation Commission meeting minutes dated August 11, 2022.

Purpose/Background:

Purpose: To review and approve meeting minutes.

Background: Attached are the meeting minutes for review.

Notification:

Observations/Alternatives:

n/a

Funding Source:

n/a

Recommendation:

To review and approve meeting minutes dated August 11, 2022.

Action:

Motion to approve meeting minutes dated August 11, 2022.

Attachments

Minutes

Form Review

Inbox

Bruce Westby

Form Started By: MaryJo Warner

Final Approval Date: 09/01/2022

Reviewed By

Bruce Westby

Date

09/01/2022 03:42 PM

Started On: 08/30/2022 11:11 AM

**PARK AND RECREATION COMMISSION
CITY OF RAMSEY
ANOKA COUNTY
STATE OF MINNESOTA**

The Ramsey Park and Recreation Commission conducted a regular meeting on August 11, 2022, at Peltzer Park, 7001 149th Lane NW, Ramsey, Minnesota.

Commission Members Present: Chair Shane Bennett
 Vice Chair Brandon Sis
 Commissioner Nathan Barten
 Commissioner Jennifer Leistico
 Commissioner Justin Loss
 Commissioner Brian Walker

Commission Members Absent: Commissioner Dean Olson

Also Present: City Council Liaison Debra Musgrove
 Parks & Assistant Public Works Superintendent Mark Riverblood
 Recreation Specialist Marla Martinez-Flynn

1. CALL TO ORDER

Chair Bennett called the Park and Recreation Commission meeting to order at 6:30 p.m.

2. CITIZEN INPUT

None.

3. APPROVE AGENDA

Motion by Commissioner Sis, seconded by Commissioner Barten, to approve the Park and Recreation Commission meeting agenda as presented.

Motion carried. Voting Yes: Chair Bennett; Commissioners Sis, Barten, Leistico, Loss, and Walker. Voting No: None. Absent: Commission Olson.

4. APPROVE MINUTES

4.01: Approve Park and Recreation Commission Meeting Minutes

Motion by Commissioner Barten, seconded by Commissioner Leistico, to approve the following Park and Recreation Commission Regular Meeting Minutes:

- Park and Recreation Commission Meeting Minutes dated July 14, 2022

Motion carried. Voting Yes: Chair Bennett; Commissioners Barten, Leistico, Loss, Sis, and Walker. Voting No: None. Absent: Commissioner Olson.

5. COMMISSION BUSINESS

5.01: Approve Proposal for a Remote-Controlled Car Track at Titterud Park

Parks & Assistant Public Works Superintendent Riverblood commented that the Commission learned a lot about RC cars and related tracks at the last meeting. He stated that at that time Alpine Park was being considered by Commissioner Sis suggested Titterud Park. He noted that staff met with the residents proposing the track at Titterud Park and they believe that would be a great spot for the track. He stated that all costs and work would be performed by volunteers with the exception of the sign that would be crafted by Public Works. He asked that the Commission approve the volunteer development of an RC track at Titterud Park with the understanding that there would not be a cost to the City.

Commissioner Loss asked if the track would be used year-round and the estimated time to construction of the track.

Parks & Assistant Public Works Superintendent Riverblood replied that he anticipates that the track could be used year-round but was unsure it would be used in conditions of deep snow. He did not have an estimated time for construction of the track. He stated that sometimes these volunteer endeavors do not take off.

Motion by Commissioner Loss seconded by Commissioner Sis to approve the volunteer development of an RC track at Titterud Park.

Motion carried. Voting Yes: Chair Bennett; Commissioners Loss, Sis, Barten, Leistico, and Walker. Voting No: None. Absent: Commissioner Olson.

5.02: Clarity Park Dedication Requirements for Trott Brook Crossing

Parks & Assistant Public Works Superintendent Riverblood stated that over the course of the last two years the Commission has discussed the proposed Trott Brook Crossing development. He noted that preliminary plat was approved by the City Council but was unsure of the timing of final plat consideration as the applicant is still awaiting approvals from the Met Council and Lower Rum River Water Management Organization (LRRWMO). He stated that the applicant desires to submit final plat approval for the homes on the west to begin phasing in that order, which is opposite the original proposal. He reviewed the park dedication agreed upon with the land dedication satisfying the first few phases and cash to satisfy the remainder. He noted that because the phasing is proposed to go in the opposite direction, he would want to clarify that park dedication would be required in cash for the proposed new phasing. He stated that this case would clarify the park dedication terms that cash be provided until the land is dedicated for the park and trails.

Commissioner Sis asked if there is a reason the phasing has changed.

Parks & Assistant Public Works Superintendent Riverblood stated that he believes that it is cost driven as the newly proposed phasing would take advantage of the availability of utilities and the area where phasing was previously proposed to begin would involve additional costs for utilities, roads, and other infrastructure.

Councilmember Musgrove asked if this would only apply if the development phasing occurs from west to east.

Parks & Assistant Public Works Superintendent Riverblood confirmed that to be true but was confident that the applicant would be requesting phasing in this manner.

Commissioner Walker commented that there are some issues with the Hunt property and change in ownership which has resulted in additional costs for paving of that road. He believed that was a driving force in the change in phasing.

Consensus of the Commission was to direct staff to prepare the Trott Brook Crossing Development Agreement for City Council consideration, specifying that Park Dedication and Trail Fees shall be due in the full cash amount for each lot created until such time as the park land is acquired by the City and trails and boardwalks are completed.

5.03: Acknowledge 2023 Parking Lot Reconstruct – Central Park

Parks & Assistant Public Works Superintendent Riverblood commented that this presents an opportunity to place medians in the parking lot that could capture water. He stated that currently the water sheet flows across the parking lot and goes across the street, which also causes icing conditions in the winter. He stated that the water will be better used in the medians as trees and landscaping can be planted in the medians as well. He stated that this project will move forward with the 161st Avenue project. He noted that staff would schedule with the association on the construction time period. He stated that this is a draft of a configuration but noted that they are attempting to angle parking with one-way aisles in order to better direct traffic. He stated that this item was presented for informational purposes as it will go forward to the City Council for approval and provided details on funding for the project.

Commissioner Sis asked if this is the only section of pavement that is being replaced, noting another area of parking.

Parks & Assistant Public Works Superintendent Riverblood stated that he would recommend that it be done all at once. He stated that the far parking area and small parking area are both in good shape and could perhaps use an overlay.

Commissioner Loss asked if the basketball hoop would remain or be removed.

Parks & Assistant Public Works Superintendent Riverblood replied that the basketball hoop would remain as it does get use when there is not parking in that area.

6. COMMISSION/STAFF INPUT

Parks & Assistant Public Works Superintendent Riverblood provided a recent flyer that was created to promote recreational activities. He stated that they are aiming to provide recreational opportunities for all different age groups.

Recreation Specialist Martinez-Flynn stated that the City hosted the four-story inflatable waterslide in July which was fully funded by Dedicated Systems and was a great success. She highlighted upcoming recreation events and additional ideas she has for fall programming.

Chair Bennett commented that he has received positive feedback on the inflatable waterslide, and it is fun to hear that archery now has a waitlist because of the increased interest.

Commissioner Loss asked if there are plans to hold another pickleball lesson.

Recreation Specialist Martinez-Flynn confirmed that they are working with another organization that provides assistance for that event to schedule a date.

Parks & Assistant Public Works Superintendent Riverblood commented that many of these recreation programs are possible because of partnerships in the community and therefore are being provided at low to now cost and benefit the community.

Commissioner Walker stated that when Game Fair occurs, the Lions Club sets up in a City owned parking lot to charge for parking. He recognized that it is a fundraiser for the organization but also has an issue with a public parking lot not available for free parking by the public.

Parks & Assistant Public Works Superintendent Riverblood commented that he is also mindful of those kinds of things. He stated that the Lions provide a lot of contributions to the City. He stated that all the funds that are raised are put back into the community. He provided examples such as providing beverages, a large donation in excess of \$300,000 for the pavilion at Central Park, and donation of defibrillators in the community including those used in squad cars. He stated that staff makes it clear to the Lions that people playing pickleball will be using that parking lot and do not have to pay.

Commissioner Walker commented that he does not have a problem assisting the Lions but wanted to ask the question.

Parks & Assistant Public Works Superintendent Riverblood stated that in earlier decades, the Lions assisted in purchasing equipment for the Fire Department when Ramsey split away to have its own department. He stated that the Lions have also provided cash donations to the youth sports associations.

Chair Bennett thanked all members of the Commission for their continued work along with the contributions and work of staff.

Parks & Assistant Public Works Superintendent Riverblood asked if the Commission believes that the Council should recognize volunteers.

Chair Bennett commented that he likes that idea.

Commissioner Sis asked if there is a good list of those volunteers.

Parks & Assistant Public Works Superintendent Riverblood confirmed that staff does have that list.

Chair Bennett commented that there have been great contributions from volunteers and that should be recognized.

7. ADJOURNMENT

Motion by Commissioner Sis, seconded by Commissioner Barten, to adjourn the meeting.

Motion carried. Voting Yes: Chair Bennett; Commissioners Sis, Barten, Leistico, Loss, and Walker. Voting No: None. Absent: Commissioner Olson.

The Park and Recreation Commission meeting adjourned at 7:00 p.m.

Respectfully submitted,

Mark Riverblood
Parks & Assistant Public Works Superintendent

Drafted by Amanda Staple
TimeSaver Off Site Secretarial, Inc.

Meeting Date: 09/08/2022

By: Mark Riverblood, Engineering/Public Works

Information

Title:

Approve Concept Plans for Neighborhood Park in the Riverstone South Subdivision

Purpose/Background:

A 243 lot residential subdivision was approved by the City in 2021 entitled Riverstone South—and is generally south of Hwy's #10 & #169 and north of the Bowers Drive residential area. As part of the planning process in 2020-21 it was determined that Park Dedication for the new plat would consist of one acre for a neighborhood park, and \$350,000 in cash for the park's development.

The purpose of this case is to review the concept plans for the park, such that staff may begin refining and defining the plans and specifications for receiving quotes and bids for the various improvements for the Commission and City Council's approval, with subsequent construction.

Notification:

Substantial public engagement, workshops and Public Hearings occurred in 2020 and 2021 leading up to the plat's approval.

Observations/Alternatives:

One of the stated goals for the park in this location was to preserve the existing trees—and then to incorporate the trees quite literally into playground elements. The attached concept plan is the result of considerable planning to achieve the above goals, and to remain within the ample \$350,000 park development budget. The draft, working title for the park and project is 'The Hollow' which attempts to convey the embracing feeling this wooded enclave will evoke, within and surrounded by hundreds of homes.

For the meeting, staff will review in detail each of the contemplated elements in the attached concept plans, as well as the theory in design and value of the integrated features. Commissioners will provide their expertise and ideas as another layer to this concept plan, with the next iteration and specifications for the park's components returning for additional approvals at a future Commission meeting. The desire would be for City Council approval as soon as this Winter, for the park improvements to begin early in 2023.

Funding Source:

The funding source is the \$350,000 in Park Dedication fees paid by the Developer of Riverstone South.

Recommendation:

Staff recommends the attached concept plan and preliminary budget as the basis for additional design development for the park in Riverstone South.

Action:

Motion or consensus to move forward for additional final planning and develop plans and specifications—based upon discussion.

Attachments

Location map

Concept Plan

Draft Budget

Form Review

Inbox

Bruce Westby

Form Started By: Mark Riverblood

Final Approval Date: 09/01/2022

Reviewed By

Bruce Westby

Date

09/01/2022 03:49 PM

Started On: 08/31/2022 10:46 AM



New one-acre park

Mississippi National River and Recreation Area

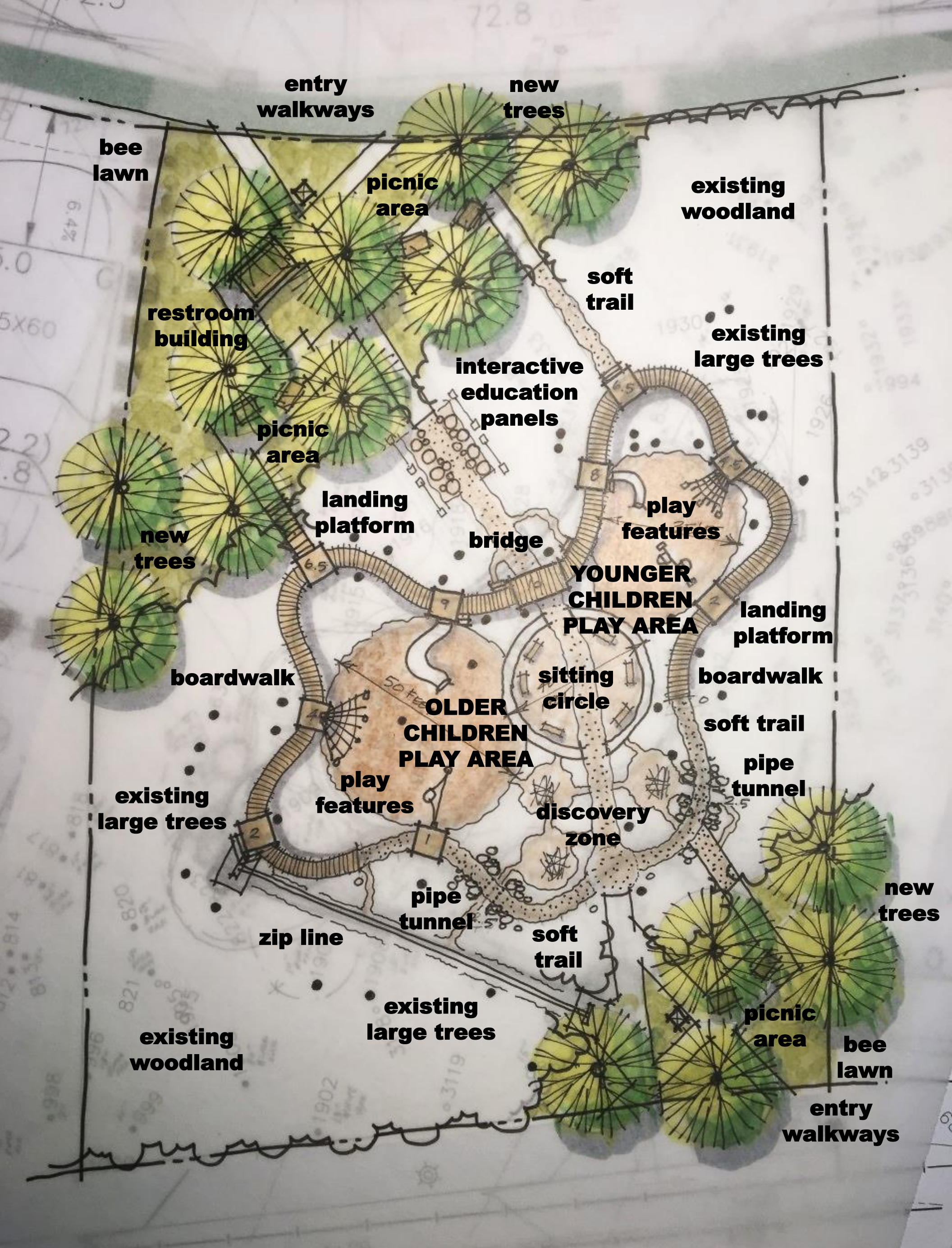


DESIGN OBJECTIVES + PRIMARY PARK COMPONENTS

- + Preserves and protects this remnant natural area**
- + Universally accessible – welcoming for all abilities**
- + Meandering boardwalk – play in the treetops**
- + Centrally located sitting/observation circle**
- + Separate play areas for various age groups**
- + Variety of play features (slide, climb, swing, zip line)**
- + Restroom building adjacent to picnic area**
- + Interactive interpretive/educational panels**

Concept Design for THE HOLLOW

Riverstone South – Ramsey, Minnesota

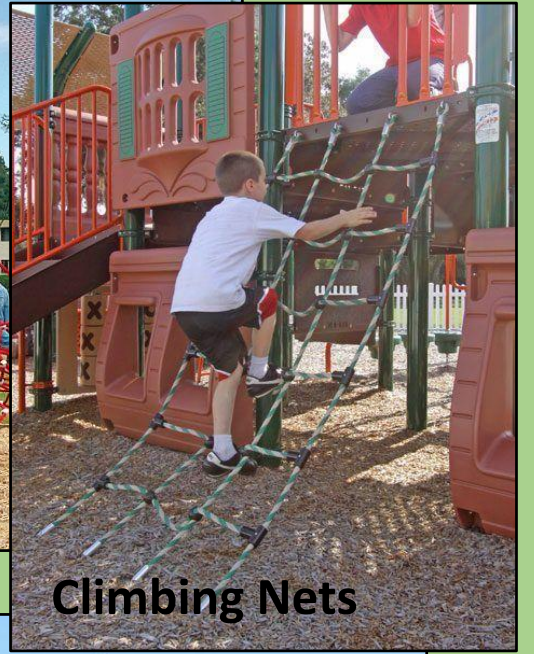


THE HOLLOW – Concept Plan

Riverstone South – Ramsey, Minnesota



Restroom Building



Climbing Nets



Saucer Swing



Spiral Slides



Toddler Swing



Zip Line

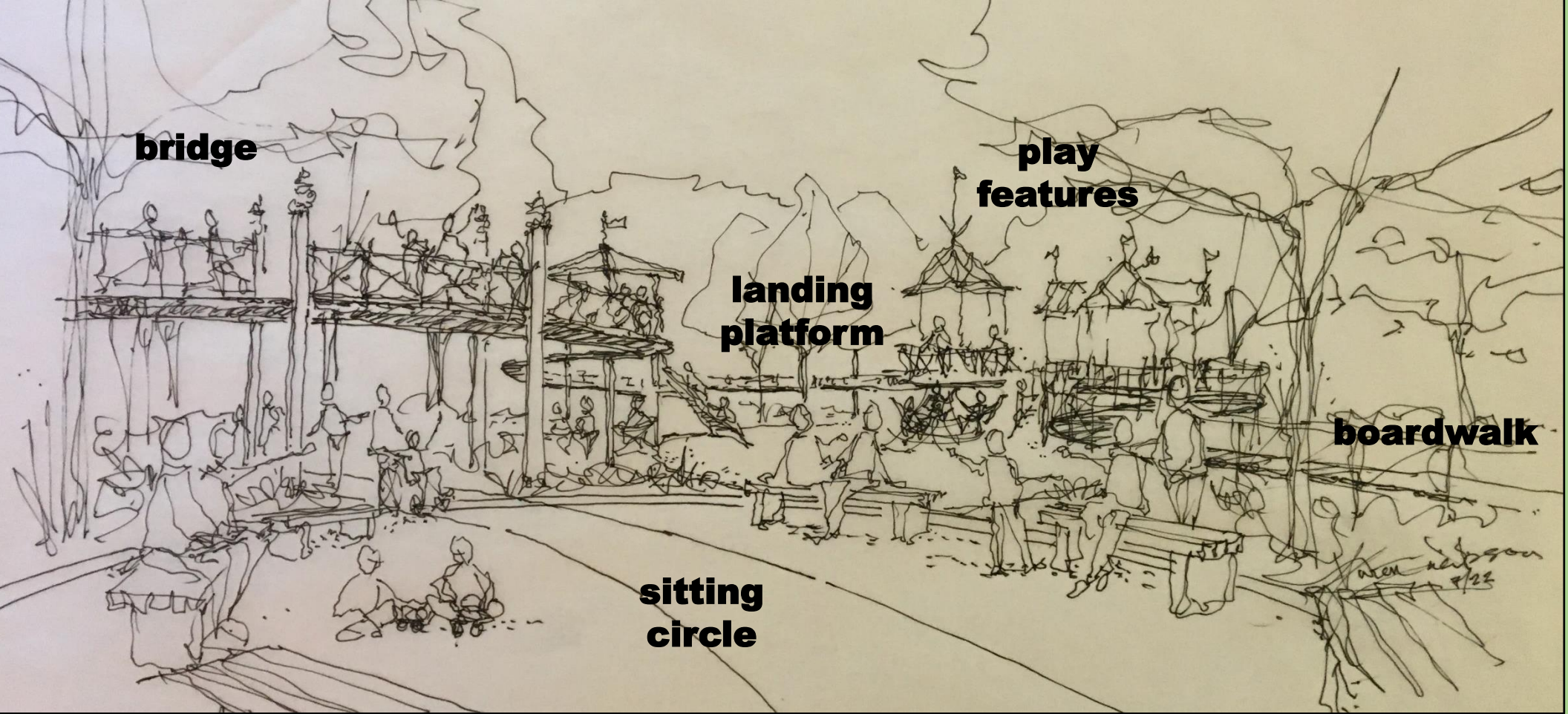


Wood Bridge



Elevated Boardwalk

THE HOLLOW – Park Elements **Riverstone South – Ramsey, Minnesota**



THE HOLLOW – Concept Sketches

Riverstone South – Ramsey, Minnesota

'THE HOLLOW' - City of Ramsey Parks and Recreation
Preliminary Cost Estimate (first draft 25 August 2022)

Restroom Building		
Prefabricated, delivered and installed		\$ 75,000
Boardwalk		
Ramps	300 l.f. @ \$150/l.f.	45,000
Landings	9 - 6' x 6' @ \$1,000 each	9,000
Bridge	1 - 6' x 12' @ \$5,000 each	5,000
Wood Stairs / Ladders		5,000
Concrete		
Walks and Plazas	2,500 s.f. @\$10/s.f.	25,000
Flat Curb at Sitting Circle	500 s.f. @ \$10/s.f.	5,000
Play Surface		
Wood Fiber 12" depth	3,500 s.f. @ \$4/s.f.	14,000
Soft Trails		
Crushed stone 6" depth	4,000 s.f. @ \$3/s.f.	12,000
Play Features		
Combination of catalog pieces and on-site fabrication including slides, net climbers, swings etc.		100,000
Zip Line		18,000
PVC Pipe (crawl-thru faux log tunnel)	2 @ \$ 500 each installed	1,000
Interactive Interpretive/Educational Panels		15,000
Furniture (catalog selections)		
6 Benches and 4 Picnic Tables		5,000
Landscape Materials		
New Trees, screen (hedge) and Prairie/Bee Lawn Seeding		10,000
Park Lighting (ambient light from street lights and surrounding home sites)		
Contingency		6,000
TOTAL COST (preliminary estimate subject to further refinement)		\$ 350,000

Meeting Date: 09/08/2022

By: Mark Riverblood, Engineering/Public Works

Information

Title:

Consider Sculptural Carving of Two Dead Oaks at Sunfish Lake Park

Purpose/Background:

The purpose of this case is to receive Commission concurrence on the sculptural carving of two large White Oaks that died at Sunfish Lake Park. Normally in a natural resourced base park, the best course of action for dead trees is to leave them standing as valuable wildlife habitat. These two trees however (image attached), are in a well traveled portion of the park, and a concern exists for falling limbs during wind events as the tree would begin to decay.

The proposal herein would be to engage a professional chainsaw carver to turn the twin trees into an element of public art, versus 'wasting' the trees by removal.

Notification:

Observations/Alternatives:

It is believed that the two trees can be carved into a fun and interesting new element at the park for a few thousand dollars more than the cost of removals. Earlier this year, staff contacted three different tree services for quotes on removals—with two companies not interested in the work, and one firm quoting a little less than \$6,000, (not including clean-up and restoration).

Funding Source:

Funding could be partially from the Parks Operations Budget (at the cost of removals only, \$6,000), and the balance (perhaps \$4,000) from the Park Trust Fund to create the new park feature.

Recommendation:

Staff recommends proceeding with obtaining quotes for the sculptural carving of the two large oaks for this Fall or Winter of 2022-23.

Action:

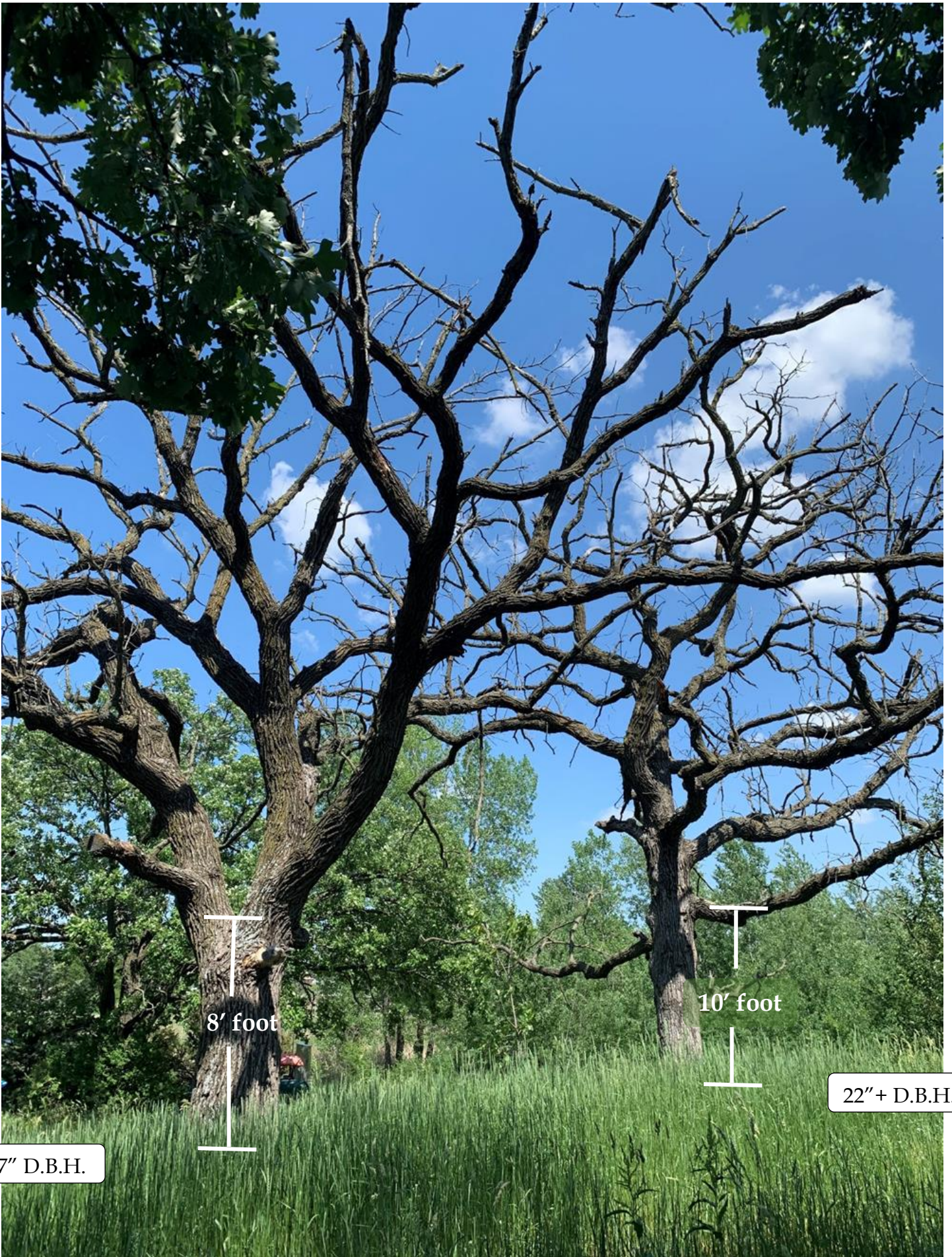
Based upon discussion.

Attachments

Image of existing conditions

Form Review

Inbox	Reviewed By	Date
Bruce Westby	Bruce Westby	09/01/2022 03:51 PM
Form Started By: Mark Riverblood		Started On: 09/01/2022 11:02 AM
Final Approval Date: 09/01/2022		



27" D.B.H.

8' foot

10' foot

22" + D.B.H.

Park and Recreation Commission

6. 1.

Meeting Date: 09/08/2022

By: Marla Martinez-Flynn,
Engineering/Public Works

Information

Title:

Commission/Staff Input

Purpose/Background:

- Recreation Program Updates

Notification:

Observations/Alternatives:

Funding Source:

n/a

Recommendation:

Action:

Attachments

Yappy Hour

StoryWalk

Full Moon Walk

Walk with a Naturalist

Movie in the Park - HP

Movie in the Park - Secret Life of Pets

Yoga Weekend

Line Dancing

Starwatching Party

Women's Walking Series

Yoga Evening

Qigong Meditation

Happy Days Schedule

Form Review

Inbox	Reviewed By	Date
Mark Riverblood	Mark Riverblood	08/31/2022 08:29 AM
Bruce Westby	Marla Martinez-Flynn	08/31/2022 09:05 AM
Mark Riverblood	Mark Riverblood	08/31/2022 10:42 AM
Bruce Westby	Bruce Westby	09/01/2022 03:43 PM
Mark Riverblood	MaryJo Warner	09/02/2022 08:14 AM
Bruce Westby	MaryJo Warner	09/02/2022 08:14 AM
Form Started By: Marla Martinez-Flynn		Started On: 08/30/2022 01:25 PM

Final Approval Date: 09/02/2022



Ramsey Parks & Recreation Presents: Yappy Hour



Join us for a night of fun at Ramsey's Dog Park! Bring your four-legged friend to the Dog Park at Alpine Park for an evening of socialization and exercise. Your pup will enjoy meeting furry friends while you visit with fellow dog owners.

Food will be available for purchase from 5:00 - 7:00pm. Check our website or Facebook page for more information on the food vendor, cityoframsey.com/parkevents.

Registration is not required for this program.

Location:

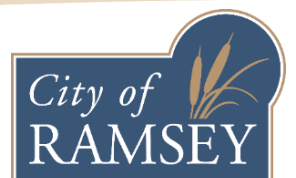
Alpine Dog Park
6600 Alpine Drive
Ramsey, MN 55303

Date: September 22 & October 13

Time: 5:30 - 6:30pm

Contact:

Marla Martinez-Flynn
Recreation Specialist
mmartinez-flynn@cityoframsey.com
763-433-9883





Ramsey Parks & Recreation Presents: **Butterfly StoryWalk®**



Come learn about Monarch butterflies while walking around The Draw!

Enjoy *Monarch Butterflies* — an educational book for young naturalists. Spend time reading while enjoying a walk at the park. This StoryWalk® will help readers learn about a monarch's life cycle, anatomy, and the wonders of their signature migration. This book discusses how human behavior has harmed monarchs and offers ways kids can help make a positive difference.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellog-Hubbard Library.

Location:

The Draw park & amphitheater
7401 Ramsey Parkway
Ramsey, MN 55303

Date: August 25 - September 12

Contact:

Marla Martinez-Flynn
Recreation Specialist
mmartinez-flynn@cityoframsey.com
763-433-9883





Ramsey Parks & Recreation Presents:

Full Moon Walk with a Naturalist



Join us for a moonlight walk!

Spend the evening walking with Minnesota Master Naturalist Educator, Carlyn Erion. This educational excursion will shed a whole new light on the flora and fauna found in our backyards. Bring your questions as we walk and make observations about our surroundings together. This hike will cover approximately 3 miles at Mississippi West Regional Park. Please wear proper apparel for rain or shine, this is a family friendly event but is best catered to teenage and above audiences.

Registration is required. There is no fee for this program.

Location:

Mississippi West Regional Park
13900 Traprock Street
Ramsey, MN 55303

Date: October 9

Time: 6:45—8:45pm

Registration:

CityofRamsey.com/ParkEvents

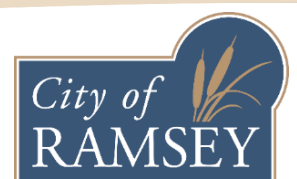
Contact:

Marla Martinez-Flynn

Recreation Specialist

mmartinez-flynn@cityoframsey.com

763-433-9883





Ramsey Parks & Recreation Presents: Walk with a Naturalist



Let's Welcome Autumn in Ramsey's Parks!

Spend the morning walking with Minnesota Master Naturalist Educator, Carlyn Erion. This educational excursion will provide a deeper understanding of the flora and fauna that can be found in our own backyards. This is a three-part series to observe the changes as Ramsey transitions from a hot Minnesota Summer to the cool colorful Autumn. Attend all of the session or just one, and watch as the trees change colors, hibernation and migration begin! Bring your questions as we walk and make observations about our surroundings together. Cameras, field guides, notebooks, and binoculars are welcome. This hike will cover approximately 3 miles at Rum River Central Regional Park. Please wear proper apparel for rain or shine, this is a family friendly event but is best catered to teenage and above audiences.

Registration is required. There is no fee for this program.

Location:

Rum River Central Regional Park
17955 Roanoke St NW
Ramsey, MN 55303

Date: September 10 & 24 and
October 8

Time: 10:00am - 12:00pm

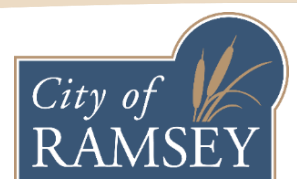
Registration:

CityofRamsey.com/ParkEvents

Contact:

Marla Martinez-Flynn
Recreation Specialist

mmartinez-flynn@cityoframsey.com
763-433-9883





Ramsey Parks & Recreation Presents: Movie in the Park



Come and enjoy a movie under the stars!

Grab a blanket or bring a lawn chair and join us for a free outdoor screening of *Harry Potter and the Sorcerer's Stone* at Elmcrest Park. Concessions will be available for purchase at this event.

Harry Potter and the Sorcerer's Stone, PG

Adaptation of the first of J.K. Rowling's popular children's novels about Harry Potter, a boy who learns on his eleventh birthday that he is the orphaned son of two powerful wizards and possesses unique magical powers of his own. He is summoned from his life as an unwanted child to become a student at Hogwarts, an English boarding school for wizards. There, he meets several friends who become his closest allies and help him discover the truth about his parents' mysterious deaths.

Location:

Elmcrest Park

16303 Quicksilver St NW
Ramsey, MN 55303

Date: Friday, September 9

Time: 8:15 - 10:15pm

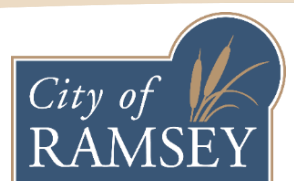
Contact:

Marla Martinez-Flynn

Recreation Specialist

mmartinez-flynn@cityoframsey.com

763-433-9883





Ramsey Parks & Recreation Presents: Movie in the Park



Come and enjoy a movie under the stars!

Bring your pet, lawn chair, and a blanket and join us for a free outdoor screening of *The Secret Life of Pets* at The Draw. Concessions will be available for purchase at this event.

The Secret Life of Pets, PG

Max is a spoiled terrier who enjoys a comfortable life in a New York building until his owner adopts Duke, a giant and unruly canine. During their walk outside, they encounter a group of ferocious alley cats and wind up in a truck that's bound for the pound. Luckily, a rebellious bunny named Snowball swoops in to save the doggy duo from captivity. In exchange, Snowball demands that Max and Duke join his gang of abandoned pets on a mission against the humans who've done them wrong.

Location:

The Draw park and amphitheater
7401 Ramsey Pkwy
Ramsey, MN 55303

Date: Friday, September 23

Time: 8:00 - 10:00pm

Contact:

Marla Martinez-Flynn
Recreation Specialist
mmartinez-flynn@cityoframsey.com
763-433-9883



Ramsey Parks & Recreation Presents: Outdoor Gentle Movement Yoga



Gentle Movement Yoga with Jennifer

Start your weekend off by joining Jennifer in an outdoor hour long gentle movement style yoga class. This class will focus on connect to our breath through mindful movement. All experience levels are welcome and encouraged to participate in this series.

Prepare for class:

- Bring a yoga mat, water, and a small towel
- Wear comfortable clothing and be prepared to practice barefoot

Registration is required as space is capped at 20 students. Please arrive 5-10 minutes early.

Location:

The Draw park and amphitheater
7401 Ramsey Pkwy
Ramsey, MN 55303

Dates: Saturday,
September 17 & 24

Time: 9:30 am - 10:30 am

To register:

CityofRamsey.com/ParkEvents

Contact:

Jennifer Lee
Yoga Instructor
jenniferleeyoga@icloud.com
(763) 442-1787

Marla Martinez-Flynn
Recreation Specialist
mmartinez-flynn@cityoframsey.com
(763) 433-9883



Ramsey Parks & Recreation presents:

Line Dancing



Line Dancing

Join us for a fun night of line dancing! A beginner class will be held from 6:00-6:30pm and an advanced beginner class will be held from 6:30-7:30pm. Something different is taught every week, so if you miss a class or two it is okay. Partners are not required for line dancing, but feel free to bring along a friend or two.

This class is instructed by Karen Ann Stark. She has over 15 years experience teaching dance. She is the former developer and choreographer of the Bootscooters Dance Team.

To prepare for class bring a water bottle and wear an outfit that is comfortable to dance in.

Registration is requested but not required. This class is free to attend and is limited to first 30 people. If you do not register or have a valid email on your account, we will be unable to notify you of cancellations. We are not responsible for missed notifications.

Location:

Central Park Building

7925 161st Ave NW

Ramsey, MN 55303

Dates: September 13, 27 &

October 11, 25

Time: 6:00pm - 7:30pm

To register:

CityofRamsey.com/ParkEvents

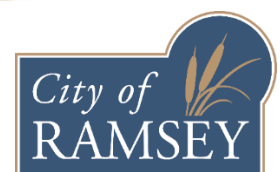
Contact:

Marla Martinez-Flynn

Recreation Specialist

mmartinez-flynn@cityoframsey.com

(763) 433-9883





Ramsey Parks & Recreation Presents: Starwatch Party



Come and enjoy a night of stargazing!

Make the stars your old friends as we watch the great celestial show in the skies over Ramsey. We'll have giant telescopes aimed at Jupiter, Saturn, Mars, star clusters, galaxies, and more. Live video telescopes will also be available. Get to know constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and others.

This program will be led by Mike Lynch, a retired WCCO meteorologist. He has been hosting star watch parties and teaching astronomy classes for 50 years. You're invited to bring lawn chairs to make yourself comfy!

Registration is required. Fee is \$10 per person.

Location:

Elmcrest Park

16303 Quicksilver St NW
Ramsey, MN 55303

Date: Wednesday, September 14

Time: 8:00 - 10:00pm

Registration:

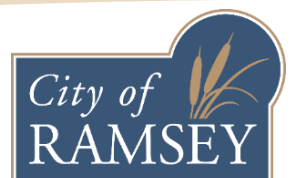
CityofRamsey.com/ParkEvents

Contact:

Marla Martinez-Flynn

Recreation Specialist

mmartinez-flynn@cityoframsey.com
763-433-9883





Ramsey Parks & Recreation Presents: Women's Walking Club



Let's enjoy the cool autumn air while exploring the trails around our community!

Join us on Mondays to walk and navigate the trails at our parks in Ramsey. Walking is a great way to spend time outdoors, improve your fitness and well-being, and meet other people. We will walk close to an hour and participants can take breaks whenever needed. All abilities and fitness levels are welcome!

Registration is required. There is no cost for this program. The schedule of parks we will meet at will be on your registration confirmation receipt. It will also be sent via email.

Location:

We will meet at a different park in Ramsey every week

Date: Mondays,
September 12 - October 17

Time: 5:30 - 6:30pm

Registration:

CityofRamsey.com/ParkEvents

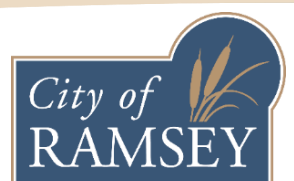
Contact:

Marla Martinez-Flynn

Recreation Specialist

mmartinez-flynn@cityoframsey.com

763-433-9883





Ramsey Parks & Recreation Presents: Gentle Movement Yoga



Gentle Movement Yoga with Jennifer

Join Jennifer in an hour long gentle movement style yoga class where we will connect to our breath through mindful movement. All experience levels are welcome and encouraged to participate in this series.

Prepare for class:

- Bring a yoga mat, water, and a small towel
- Wear comfortable clothing and be prepared to practice barefoot

Registration is required as space is capped at 20 students. Please arrive 5-10 minutes early.

Location:

Central Park Building
7925 161st Ave NW
Ramsey, MN 55303

Dates: Wednesdays
September 7 - October 12

Time: 6:00pm - 7:00pm

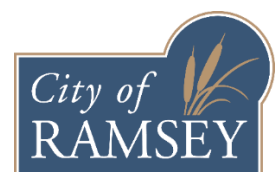
To register:

CityofRamsey.com/ParkEvents

Contact:

Jennifer Lee
Yoga Instructor
jenniferleeyoga@icloud.com

Marla Martinez-Flynn
Recreation Specialist
mmartinez-flynn@cityoframsey.com
(763) 433-9883





Ramsey Parks & Recreation presents: Qigong for Health



Begin Healing with Qigong Meditation

Qigong (chee gong) is a wholistic system of exercise that aims to strengthen, stretch, balance and coordinate the body. On more subtle levels, it integrates mind, body, emotions and spirit. The movements are slow, coordinated and rhythmic, synchronizing breath, movement and focus. It is deceptively simple yet can be profoundly healing.

This practice group is led by Peggy Brown, a Spring Forest Qigong Certified Practice Group Leader. Peggy is also a Reiki Master Practitioner and has been working with energy since 2008.

Registration is not required.

Location: Ramsey City Hall

Alexander Ramsey Room
7550 Sunwood Drive NW
Ramsey, MN 55303

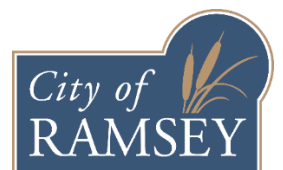
Date: Thursdays

Time: 10:30 -11:30am

Contact: Peggy Brown

gbopeg@aol.com
(763) 753-3705

The Alexander Ramsey Room is on the first floor of City Hall, at the east end of the building.





24th Annual

Happy Days Festival

September 9 - 11, 2022

Friday, September 9

Movie in the Park

8:15 pm - 10:15 pm

Hope 4 Youth Sale (Ramsey Storage)

10:00 am - 5:00 pm

Saturday, September 10

5K Run & Youth Fun Run

9:00 am - 11:15 am

Pancake Breakfast

9:00 am - 11:30 am

Hope 4 Youth Sale (Ramsey Storage)

10:00 am - 3:00 pm

Family Bike Tour

11:00 am - 12:30 pm

Car Show

11:00 am - 2:30 pm

New Life Farmer's Market

11:00 am - 7:00 pm

Lions Beer Tent

11:00 am - 11:00 pm

Kids Activities, Games & Inflatables

11:30 am - 7:00 pm

Food Vendors

11:30 am - 11:00 pm

Bean Bag Tournament

11:30 am - 3:00 pm

Dog Show

12:00 pm - 1:30 pm

Expo

12:00 pm - 7:00 pm

Chili Cook-off

1:00 pm - 2:30 pm

Community Talent Show

2:00 pm - 3:00 pm

Parade

3:00 pm - 4:30 pm

The Dollipops

4:30 pm - 5:30 pm

Petting Zoo

4:30 pm - 7:30 pm

Bingo

6:00 pm - 10:30 pm

Greatest Rolling Stones Cover Band

8:30 pm - 11:00 pm

Fireworks

9:00 pm - 9:20 pm

Sunday, September 11

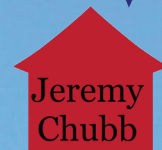
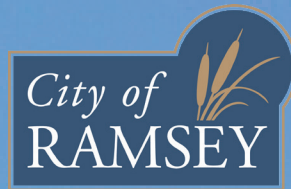
9/11 Memorial Golf Tournament

1:00 pm - 7:00 pm

*Details subject to change - visit www.cityoframsey.com for current information.

Thank You Happy Days Sponsors!

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