



Ramsey Parks & Recreation Presents: Winter Walking Series



Stay active this winter by walking the trails in Ramsey! Join us on the second Monday of the month December—March to walk the trails at our parks in Ramsey. Walking is a great way to spend time outdoors, improve your fitness and well-being, and meet other people. We will walk for close to an hour and participants can take breaks whenever needed. All abilities and fitness levels are welcome!

Registration is required. There is no cost for this program. The schedule of parks we will meet at will be on your registration confirmation receipt. It will also be sent via email.

Location:

We will meet at a different park in Ramsey each session

Date: 2nd Monday of the month
December—March
12/12, 1/9, 2/13, and 3/13

Time: 5:30 - 6:30pm

Registration:

CityofRamsey.com/ParkEvents

Contact:

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