

PARKS & RECREATION

Let's Keep in Touch

Want to be the first to hear about upcoming Parks and Recreation programs? Sign up for our free monthly Newsletter to stay in the loop on current recreation opportunities and get a sneak peek at future events!
www.cityoframsey.com/ParkEvents.

55+ Art Club

Get creative in our new 55+ Art Club. Teaching Artists with the Rumriver Art Center will guide you step-by-step through various projects with diverse styles and mediums.
Mondays | 10:00 a.m.-noon | \$20 each session
January 8 Mindful Mandalas
January 22 Zentangles
February 12 Layering and Lines
February 26 Oil Pastel Landscape
Central Park, 7925 161st Avenue NW

55+ Day Trip:

Mobsters in Minneapolis

Take the Mobsterland Bus Tour and step back in time with and experience Mobsters in Minneapolis, where the city's turbulent prohibition-era history comes to life. Enjoy a delicious Irish lunch at The Local, a classic Minneapolis eatery. Preregistration is required. Cost includes round-trip transportation on a coach bus, a guided historic tour and lunch. Registrations and cancellations must be received by **Friday, January 19**.
Thursday, February 22 | 10:00 a.m.-3:15 p.m. | \$94
Ramsey City Hall, 7550 Sunwood Drive NW, Ramsey

Central Park Frost Fest

Experience the magic of Winter at this family-friendly event that will offer a variety of activities, including a snow maze, luge for sledding*, ice skating, hot chocolate and a Chili Cook-off. See the website for more details.
Saturday, February 10 | noon-6:00 p.m. | FREE-\$5
Central Park, 161st Avenue NW, Ramsey

* Snow features such as the snow maze and sledding luge will be weather and snowfall-dependent.



REGISTER/DESCRIPTIONS

cityoframsey.com/parksregister

For additional questions or concerns, contact Recreation Coordinator Abby Proulx at aproulx@cityoframsey.com or 763-433-9883.



Date Night Art Class

Celebrate Valentine's Day or Galentine's Day or embrace an evening of creativity with friends on February 13 with a special date night featuring childcare! Expert teaching artists from the Rumriver Art Center will guide you in creating a one-of-a-kind clay hand-built pottery mug!
Tuesday, February 13 | 6:00-8:00 p.m.
\$45/adult, \$5/child
Public Works, 14199 Jasper Street NW, Ramsey

Duck, Duck, Wood Duck

Join Ramsey Parks and Recreation for a morning of creativity, stewardship and family bonding as we participate in the Outdoor News Wood Duck Challenge. This annual challenge is aimed at youth under 18 to foster outdoor appreciation and conservation skills. Families will work together to build and decorate a Wood Duck house using pre-cut pieces and easy-to-follow instructions. For more information on the Wood Duck Challenge, visit www.outdoornews.com/wood-duck-challenge. Preregistration is required, sign up on the Recreation website.
Saturday, March 2 | 10 a.m.-noon | \$10-\$20
Ramsey Public Works, 14199 Jasper Street NW

Gentle Yoga

Immerse yourself in mindful movement and connect to your breath in an hour-long gentle movement session. Jennifer, our yoga instructor, will guide you through poses and breathwork that revitalize the mind and body. All levels are welcome; no experience is necessary. Preregistration is required; register by noon the day of.
Wednesdays | 6:00-7:00 p.m. | \$5/session
Public Works Facility, 14199 Jasper Street NW

In the Works

Happy New Year from Ramsey Parks and Recreation! As we step into 2024, we're thrilled to announce an array of new community events, programs and a whole lot of fun for everyone. Keep an eye out for our upcoming Summer recreation programs, exciting details about The Draw Concert Series and activities that promise fun for the entire family!

55+

55+ ART CLUB



Whether you're a new or experienced artist, you're invited to join other individuals aged 55+ to get creative in our new 55+ Art Club. Teaching Artists with the Rumriver Art Center will guide you step-by-step through various projects with diverse styles and mediums.

This program will meet twice a month. The first meeting is a guided, step-by-step instructional session, ideal for learning new techniques and building on existing skills. The second is a community-led "open studio," a space to connect with fellow artists, continue previous projects, or experiment with new ideas.

As part of our program launch, we're initially offering two monthly instructional sessions. Once we have a group of interested individuals, we will shift to one instructional session and one open studio.

Mondays | 10:00 a.m.-noon | \$20 ea

January 8 Mindful Mandalas

January 22 Zentangles

February 12 Layering and Lines

February 26 Oil Pastel Landscape

Central Park, 7925 161st Avenue NW

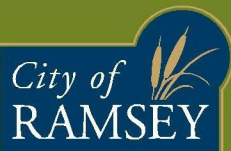
Minimum Enrollment 8 | Maximum Enrollment 15

CONTACT

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REGISTER

cityoframsey.com/parksregister



PARKS & RECREATION



CENTRAL PARK FROST FEST



FROST
2024
FEST

Experience the magic of Winter at Central Park's second annual Frost Fest! This family-friendly event offers a variety of activities, including a snow maze, luge for sledding, and ice skating. Warm up with delicious hot chocolate or sample savory delights from the Chili Cook-off. We will transform the skating path at sunset with luminaries to enjoy skating under the winter sky.

Have a tried and true chili recipe? Enter our contest! Participants can cook any chili variety in a 6-quart Crockpot. Contestants must ensure transportation and adherence to food safety practices. Per Anoka County regulations, all non-commercial kitchen chili must be labeled with the maker's name and preparation address. We provide tables, tablecloths, paper products, silverware, napkins, and power.

Become a taste tester for just \$5! Sample up to 15 homemade chili recipes and vote for your favorites. The top winners will be awarded cash prizes. Register by midnight on Sunday, February 4. It's free to register, but space is limited! Chili sampling will be open until 5:00 p.m. Winners will be announced at 5:45 p.m. The skating trail's luminary display will begin around 5:00 p.m. and continue until the rink's closure at 10:00 p.m.

* Snow features such as the snow maze and sledding luge will be weather and snowfall-dependent.

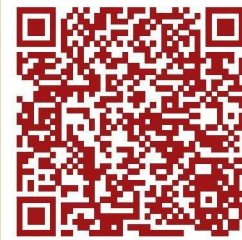
Saturday, February 10
Noon-6:00 p.m.

Central Park
161st Avenue NW, Ramsey

18+ years of age to enter
the Chili Cook-off

Cost: Free for activities,
\$5 to sample offerings at the
Chili Cook-Off

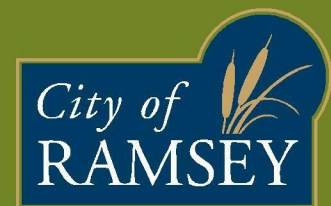
Max Enrollment: 15 for Chili
Cook-off



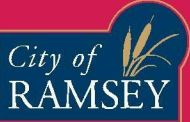
**REGISTER
FOR THE CHILI COOK-OFF**
cityoframsey.com/parksregister

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**PARKS &
RECREATION**



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DATE NIGHT ART CLASS



Celebrate Valentine's Day or Galentine's Day, or embrace an evening of creativity with friends on February 13 with a special date night featuring childcare!

Expert teaching artists from the Rumriver Art Center will guide you in creating a one-of-a-kind clay hand-built pottery mug! You'll learn to form the body and handle of the mug using slabs and coils, then personalize your creation with carvings using vibrant underglazes and the sgraffito technique. Mugs will be kiln-fired at the Rumriver Art Center, becoming food-safe and ready for pickup in approximately two weeks, ready to hold your beverage of choice.

As you're immersed in crafting your mug, take comfort knowing your child is enjoying a fun and safe evening down the hall. Kids of all skill levels can connect with their creative side through a structured, step-by-step approach. This method allows more experienced artists to advance while ensuring novice artists feel supported and confident in their creative journey.

Tuesday, February 13

6:00-8:00 p.m.

**Public Works Facility
14199 Jasper Street NW**

**Ages: 18+ for class,
5-12 for childcare**

Cost \$45/adult, \$5/child

**Max Enrollment:
14 adults, 20 children**

REGISTER

[cityoframsey.com/
parksregister](http://cityoframsey.com/parksregister)



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55+

55+ DAY TRIP: MOBSTERS IN MINNEAPOLIS



Step back in time with and experience Mobsters in Minneapolis, where the city's turbulent Prohibition-era history comes to life. Discover the fascinating stories of notorious mob bosses like "Kid Cann" Blumenfeld and Irish godfather Tommy Banks, who ruled Minneapolis with an iron fist. Our local guide will lead you through the sites of infamous gang hideouts, notorious bank heist locations and the luxurious operations of the city's most successful madame. After exploring the underworld, enjoy a delicious Irish lunch at The Local, a classic Minneapolis eatery known for its cozy ambiance and traditional fare.



Preregistration is required. The cost is \$94 per person, including round-trip transportation on a coach bus, a guided historic Mobsterland Bus Tour and lunch. ***Registrations and cancellations must be received by Friday, January 19.*** After this date, refunds cannot be processed, but you may transfer your registration to someone else.



Thursday, February 22 | 10:00 a.m.-3:15 p.m.

Bus will depart from Ramsey City Hall
7550 Sunwood Drive NW, Ramsey

\$94 per person, includes tour, lunch and round-trip coach

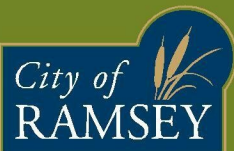
Minimum Enrollment 30 | Maximum Enrollment 51

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REGISTER

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PARKS & RECREATION

DUCK, DUCK, WOOD DUCK

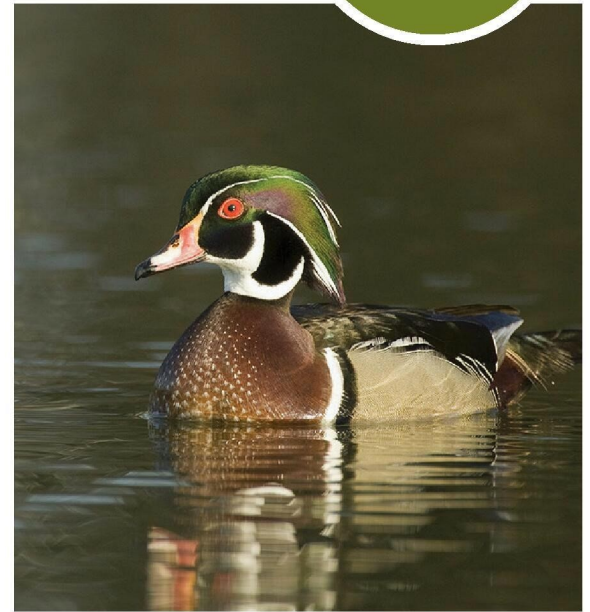
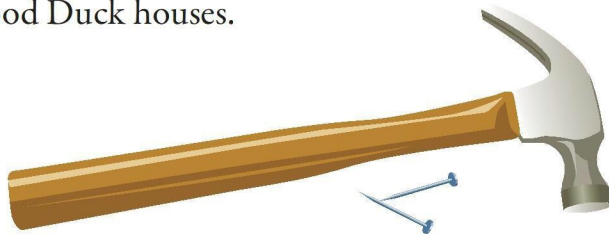


Join Ramsey Parks and Recreation for a morning of creativity, stewardship and family bonding as we participate in the Outdoor News Wood Duck Challenge. This annual challenge is aimed at youth under 18 to foster outdoor appreciation and conservation skills.

At this event, families will work together to build and decorate a Wood Duck house using pre-cut pieces and easy-to-follow instructions. Once finished, our park staff will engrave your family name and the year on the house and install it in one of Ramsey's parks, creating a habitat for Wood Ducks that your family can visit annually.

A group photo with the completed houses and youth who participated will be taken for submission to Outdoor News to be featured in 2024's Wood Duck Challenge. For more information on the Wood Duck Challenge, visit <https://www.outdoornews.com/wood-duck-challenge/>.

The cost is \$10 per family, which includes all materials for one Wood Duck House and installation in a park. For those who wish to take their finished house home, the fee is \$20. Our staff will be on hand to offer help and advice, but we encourage adults to join their children in the assembly process. Preregistration is necessary, and availability is limited to 10 Wood Duck houses.

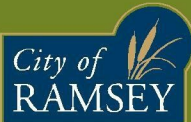


Saturday, March 2
10:00 a.m.-Noon

Ramsey Public Works
14199 Jasper Street NW

**Cost: \$10 to make and
place in a park**
**\$20 to make and
take home**

Max Enrollment: 10 families



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REGISTER

[cityoframsey.com/
parksregister](http://cityoframsey.com/parksregister)



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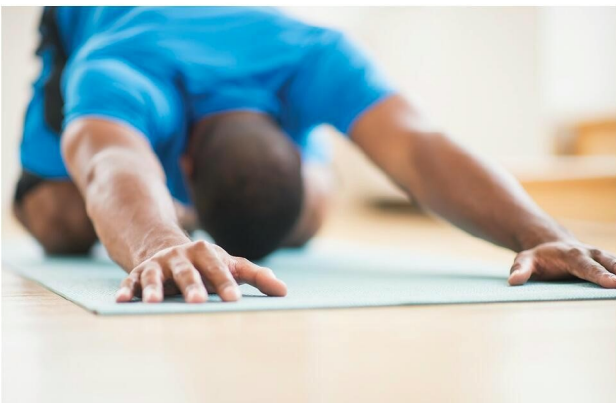
GENTLE YOGA



Immerse yourself in mindful movement and connect to your breath in an hour-long Gentle Movement session. Jennifer, our yoga instructor, will guide you through a series of poses and breathwork that revitalize both the mind and body.

All levels are welcome. No experience is necessary. Bring your own yoga mat, water bottle and small towel. Dress comfortably and be prepared to practice barefoot.

Preregistration is required. Register for one or multiple sessions, deadline is noon the day of. Those wishing to withdraw or transfer must do so by noon the day of for a full refund. In case of inclement weather, a decision will be made by noon the day of. Full refunds will be issued upon cancellation by the City.



Wednesdays | 6:00 p.m.

Public Works Facility, 14199 Jasper Street NW

Ages: 13+, youth under 18 must be accompanied by an adult

Cost \$5 per session

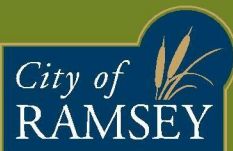
Max Enrollment: 25

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