

INTRO TO PICKLEBALL



Would you like to learn how to play the fun game of pickleball? Come join us and learn with Gwen Radel from Nitty Gritty Pickleball and other top instructors. Gwen is a certified instructor through the Professional Pickleball Registry (PPR), which is the official education and certification partner for USA Pickleball.

Whether you have never played, or only tried it a few times; this is the class for you! We will cover the beginner basics of pickleball, the Nitty Gritty. You will leave this two-hour class knowing basic rules and scoring, terminology, some fundamentals, court positioning, and be given next-steps info on where to play and more.

Paddles and balls will be provided, but you are welcome to bring your own. Dress for the weather and bring water. Wear tennis (court) shoes, not running shoes. Come join us!

| Day | Date | Time |
|-----|---------|-----------|
| Sa | May 10 | 9-11 a.m. |
| Su | June 1 | 1-3 p.m. |
| Sa | June 14 | 9-11 a.m. |
| Su | July 27 | 1-3 p.m. |

Central Park
7925 161st Avenue NW,

Cost \$12.50/person
Ages 10+

Pre-registration is required, maximum 24 participants. Please only register for one Intro to Pickleball class as all classes cover the same content.

PARKS AND RECREATION

REGISTER

cityoframsey.com/parksregister

CONTACT

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763-433-9883



NittyGritty

