

Patrol & Sergeant LELS Article 18 (the same in substance):

ARTICLE EIGHTEEN (18)

18.1 The purpose of this Article is to give each Officer the option to exercise while on duty. This is a voluntary Fitness-on-Duty program which provides an opportunity for EMPLOYEES engaged in stressful and somewhat sedentary jobs an opportunity to: 1) Improve job performance, 2) Reduce health risks, 3) Reduce job-related injuries, 4) Reduce absenteeism, and 5) Improve overall fitness.

18.2 This program is subject to the following terms and conditions: The EMPLOYEE will be given the option to work out one hour per shift. The average should not exceed six hours of workout time over two weeks. This option is available if allowed by shift's minimums set forth by the Chief of Police and call load. The workout time will consist of thirty minutes of the EMPLOYEES daily break time and up to thirty minutes of regular duty time.

18.3 EMPLOYEES will earn one hour of "training time off" for each fitness testing event the EMPLOYEE scores in the "excellent" range or above based on the EMPLOYEES'S age level category as determined by the Cooper Institute chart. Earned training time off will not exceed twelve hours per calendar year.

18.4 Any EMPLOYEE participating in the program will partake in semi-annual fitness testing. The standards for testing will be set by the fitness coordinator and approved by the Chief of Police. All participants will adhere to the department Physical Fitness Program policy and testing standards.

Captains LELS Article 14:

ARTICLE 14 FITNESS-ON-DUTY

14.1 The purpose of this Article is to give each EMPLOYEE the option to exercise while on duty. This is a voluntary Fitness-on-Duty program which provides an opportunity for EMPLOYEES engaged in stressful and somewhat sedentary jobs an opportunity to: 1) Improve job performance, 2) Reduce health risks, 3) Reduce job-related injuries, 4) Reduce absenteeism, and 5) Improve overall fitness.

14.2 This program is subject to the following terms and conditions: The EMPLOYEE will be given the option to work out 1 hour per shift. The average should not exceed 6 hours of workout time over 2 weeks.

14.3 All participants will adhere to the department Physical Fitness Program policy.