



# CITY OF SAN LUIS

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**FOR IMMEDIATE RELEASE**

## **THE CITY OF SAN LUIS RECOGNIZED BY THE HEALTH ARIZONA WORKSITES PROGRAM**

*San Luis, Arizona* — The City of San Luis was recognized recently by the Healthy Arizona Worksite Program as achieving the Copper level of excellence in worksite wellness. The Copper award level recognizes a business that has taken the initial steps to receive worksite health training, gain leadership support, begin organizational assessment, create infrastructure supports and fashion an introductory worksite health improvement plan

The Healthy Arizona Worksite Award recognizes employers that are making efforts to positively affect the health and well-being of their employees, their families and their community by implementing comprehensive worksite wellness strategies. The minimum qualifications to be considered for this award include attending the Healthy Arizona Worksite Program training and developing a plan to improve employee health and safety. To qualify for the Silver and Gold levels of the award, employers need to support employee health through policy and systems changes.

The City of San Luis received this recognition by supporting employee health by organizing health & wellness employee events, employee wellness fairs, partnerships with local wellness related businesses, employee health screenings, and various health & wellness workshops

“Since employees spend nearly half of their waking hours at work, the workplace represents an important setting for promoting healthy behaviors,” said Mayor Sanchez. “Efficient, effective and sustainable worksite wellness initiatives have been shown to reduce healthcare costs. While results at each organization can vary, some employers have realized up to a \$6 return for every \$1 invested in wellness programs.”

The Healthy Arizona Worksites Program is a public health initiative offered by the Arizona Department of Health Services and the Maricopa County Department of Public Health (MCDPH). Its mission is to help employers learn how to successfully implement worksite wellness initiatives to improve the health of their employees and businesses. For more information, go to [www.healthyazworksites.org](http://www.healthyazworksites.org).



For more information about this topic, or to schedule a meeting with the City of San Luis Public Affairs Office, please call us (928) 341-8520 or email us at [publicrelations@cityofsanluis.org](mailto:publicrelations@cityofsanluis.org)