



CITY OF
San Luis Arizona
Gateway to the Sea of Cortez

Budget Management Meeting

May 14, 2022



SUSAN POSADA
AGENCY

Plan Renewals

- Claims through March 2022 increased 30.54%
- Reimbursements from the Stop Loss \$532,642
- Stop Loss Renewal for July 1, 2022, to June 30, 2023
 - Initial Final Renewal 19.81%
 - Final After Negotiation 14.84%
 - Savings of \$ \$32,379.12



VISION SERVICES PLAN VSP

In Network Benefits	
Eye Exam *	\$10 Copay
Contact Lens Exam *	Up to \$60 Copay
Prescription Glasses *	\$25 Copay
Frames *	\$150 Allowance
Contact Lenses *	\$130 Allowance
Progressive Lenses *	Covered in Full
* Every 12 Months	

UPRISE HEALTH RENEWAL

EAP (6 Visits per situation)

Uprise Health EAP		EE Count	Rate	Monthly Premium	Annual Premium	Percentage Change
All Employees	Current	243	\$2.28	\$554.04	\$6,648.48	
All Employees	Renewal	243	\$2.39	\$580.77	\$6,969.24	
Difference				\$26.73	\$320.76	4.82%

Rates good for 2022 - 2023

- 24-Hour Access
- Referrals and Follow-up
- Legal and Financial Services
- Orientation and Training
- Communication Materials
- Utilization Reporting

On-site Service Rates
CISD (Critical Incident Services)
Training, SPV Training

Renewal

- No Plan Changes for the Medical and Dental – Copays, Deductibles and Co-insurance for both US and Mexico Plan
- Pharmacy Change from Magellan to Southern Scripts
- Add Exclusive Mental Health Services – Deductible, Co-insurance waived



Exclusive Mental Health Conditions

- Mental Health Treatment include:
- Chemical Dependency
- Depression
- Alcoholism
- Post-Traumatic Stress Disorder
- Compulsive Gambling
- Spending Addiction
- Anger & Rage
- Obsessive Compulsive Disorder
- ADD/ADHD
- And More conditions



Treatment Modalities Include

- Group Therapy
- Individual Therapy
- Equine Assisted Therapy
- Expressive Arts Groups
- Exercise
- Yoga
- Tai Chi
- Recreation Therapy
- Challenge Course
- Nutrition
- Psychoeducational Lectures
- Trauma Therapy
- Mind-Body Therapy
- Spirituality



Exclusive Mental Health

- Must obtain clinical approval through 90 Degrees
- Centers in Wickenburg and Tucson and others
- Savings to the plan on average of 30%
- No Copay, No Deductible and No Co-insurance
- Initial Enrollment with Exclusive Mental Health of \$900 – No PEPM fee
- Renewal Fee \$500





Thank You

Susan Posada



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