



Proclamation

OFFICE OF THE
MAYOR
CITY OF SAN LUIS

MEN'S HEALTH MONTH
June 2023

WHEREAS, Men's Health Month is an opportunity to educate and focuses on a broad range of men's health issues, including prostate, testicular and colon cancer, heart disease, mental health, sexual and reproductive health, diabetes and substance abuse; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with, Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from certain diseases; and

WHEREAS, men who are educated about the value of preventive health will be more likely to participate in health screenings, decreased high-risk behaviors and lead healthier and prolonged lives; and

WHEREAS, heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our nation's health; and

WHEREAS, the citizens of San Luis are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE BE IT RESOLVED, that, I, Nieves Riedel, Mayor of the City of San Luis, do hereby proclaim the month of June 2023 as "**Men's Health Month**" in the City of San Luis and encourage all our residents to pursue preventative health practices and early detection efforts.

DATED this 24th day of May 2023.

Nieves Riedel, Mayor

ATTEST:

Sonia Cornelio, City Clerk