



# *Proclamation*

OFFICE OF THE  
MAYOR  
CITY OF SAN LUIS

## **MEN'S HEALTH MONTH June 2024**

**WHEREAS**, Men's Health Month is an opportunity to educate and focuses on a broad range of men's health issues, including prostate, testicular and colon cancer, heart disease, mental health, sexual and reproductive health, diabetes and substance abuse; and

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with, Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from certain diseases; and

**WHEREAS**, men who are educated about the value of preventive health will be more likely to participate in health screenings, decreased high-risk behaviors and lead healthier and prolonged lives; and

**WHEREAS**, heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our nation's health; and

**WHEREAS**, the citizens of San Luis are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

**NOW, THEREFORE BE IT RESOLVED**, that, I, Nieves Riedel, Mayor of the City of San Luis, do hereby proclaim the month of June 2024 as "**Men's Health Month**" in the City of San Luis and encourage all our residents to pursue preventative health practices and early detection efforts.

**DATED** this 12<sup>th</sup> day of June 2024.

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Nieves Riedel, Mayor

**ATTEST:**

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Sonia Cornelio, City Clerk