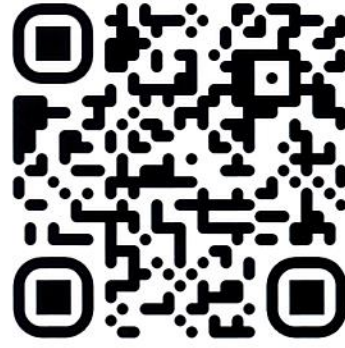


About

Since 1983, Thriving Hearts Crisis Center, formerly known as Guadalupe Valley Family Violence Shelter, Inc., has been dedicated to supporting individuals affected by domestic violence, dating violence, sexual assault, human trafficking, stalking, and elder abuse in Guadalupe, Gonzales, Karnes, and Wilson counties.

Our emergency shelter accommodates up to 5 women and 15 children, providing a comprehensive range of services to both residents and nonresidents, and all our services are offered without any cost.

Annually, Thriving Hearts Crisis Center assists approximately 500 survivors of abuse. Our primary objective is to aid victims of violence in their physical, mental, and emotional recovery, empowering them to forge a life free from the grip of violence.



Volunteer

Volunteers play a crucial role in the operations of Thriving Hearts Crisis Center. Our committed volunteers contribute around 3000 hours of service annually. They engage in various activities, including preparing and distributing materials, handling hotline calls, participating in or organizing events and activities, and assisting with facility and maintenance. Volunteer opportunities are tailored to accommodate your skills and availability. To explore these opportunities, please contact our Volunteer Coordinator to schedule an appointment.

development@safesequin.org

Together, we can make a meaningful impact in the lives of those affected by crisis and violence.



P.O. Box 1302, Seguin, TX 78155
(830) 372-2780 | Toll Free 1-800-834-2033



Serving Victims of
Domestic Violence and Sexual Assault



Serving Guadalupe, Gonzales, Karnes,
and Wilson Counties Since 1983

(830) 372-2780

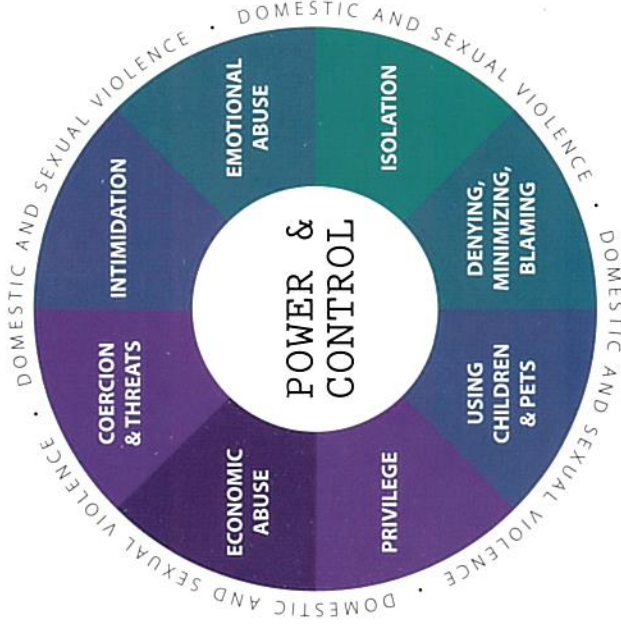
Toll Free 1-800-834-2033

Services

- Emergency Shelter
- 24-hour Crisis Hotline
- Safety Planning
- Crisis Intervention
- Counseling
- Legal Advocacy - assistance with Protective Orders, divorce, child custody, Crime Victims Compensation, and immigration
- Sexual Assault Advocacy & rape crisis support services
- Accompaniment
- Case Management - assistance with TANF, food stamps, housing, clothing, food, and other needs
- HEART program - for survivors of abuse to assist in understanding the patterns of abusive relationships, build self-esteem, and plan for a violence-free future
- Parenting Classes
- Sustainability Services—assistance with budgeting, financial literacy, and educational goals
- Information and Referrals

The Facts

Victims of abuse often suffer in silence, feeling isolated and helpless. When we do not have the tools to break the cycle, the abuse will escalate in severity over time, starting with psychological and emotional forms of abuse, leading to physical or sexual forms of abuse, which are all rooted in power and control.



Even when a person has a legitimate cause to be upset, it does not grant them permission to engage in abuse. No person has the right to inflict harm or humiliation, even in response to displeasure with another's actions. Individuals are always 100% responsible for their own emotional regulation. Abusers may attempt to shift blame by making the affected person feel as though the abusive behavior is their fault. It is important not to accept the false narrative that the victim has invited or caused the abuse.

Make The Call

To learn more about red flag behaviors or how we can help you prioritize your safety, visit www.safesequin.org to chat with an advocate, or call our 24/7 crisis hotline today at **1-800-834-2033**.

Our Outreach Program can help clients who are unable to travel to the Shelter for services. Secure locations have been established where clients can meet with an advocate safely in their area. Please call for an appointment with our Community Engagement Specialist.

