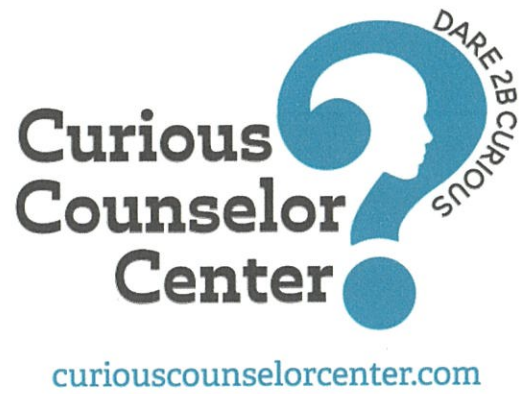




COVER PAGE

M. Lourdes Ornelas

Licensed Professional Counselor, LCDC



THIS FORM MUST BE INCLUDED WITH RFQ PACKAGE; PLEASE CHECK OFF EACH ITEM INCLUDED WITH RFQ PACKAGE AND SIGN BELOW TO COMPLETE SUBMITTAL OF EACH REQUIRED ITEM.

RFQ 2025-003

**"Webb County Head Start Mental Health Care Services –
3 Year Service Agreement"**

- ☒ Statement of Qualifications
- ☒ References Form
- ☒ Conflict of Interest Form (CIQ)
- ☒ Certification regarding Debarment (Form H2048)
- ☒ Certification regarding Federal lobbying (Form 2049)
- ☒ Purchasing Code of Ethics Affidavit form
- ☒ House Bill 89 Form
- ☒ Senate Bill 252 Form
- ☒ Proof of No Delinquent Tax Owed to Webb County

MARIA DE LOURDES ORNELAS LPC/LCPC
CURIOUS COUNSELOR CENTER, PLLC
OWNER/MANAGER

Authorized Offeror's Printed Name and Title

Maria De Lourdes Ornelas
Authorized Offeror's Signature

11/13/24
Date



STATEMENT OF QUALIFICATIONS

3.0 Response Format

3.1 Introduction

Curious Counselor Center, PLLC, is pleased to submit this Statement of Qualifications (SOQ) in response to the County's RFQ. This proposal has been carefully organized and prepared per the guidelines outlined in Section 3.0 to ensure alignment with all specified formatting and content requirements. Each section of the SOQ is numbered to correspond with the respective sections in the RFQ that require a response, and all information requested has been provided with emphasis on clarity and conciseness.

Our proposal includes a fully organized, paginated table of contents, providing a clear roadmap to each section and facilitating easy reference. We are committed to presenting a thorough and responsive proposal, ensuring all requested information is complete and clearly articulated.

3.2 Statement of Qualification Contents Requirements

Each SOQ must be organized in the manner described below.

- a. Transmittal Letter
- b. Executive Summary
- c. Table of Contents
- d. Mental Health Care Service Experience
- e. Personnel Qualifications
- f. References and Projects
- g. Other information that may be helpful in the evaluation



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a. Transmittal Letter	
b. Executive Summary	
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d. Mental Health Care Service Experience	
e. Personnel Qualifications	
f. References and Projects	
g. Other relevant information	
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3.5 Mental Health Care Services for Government Entities	7
Offerors must provide the following details:	
a. Name and address	
b. Business type (corporation, partnership)	
c. Place of incorporation	
d. Main office locations	
e. Contact information	
f. Team member details	
g. Financial stability statement	
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3.3 Transmittal letter

Juan Guerrero
Contract Administrator
Webb County Head Start Program
1110 Washington St., Ste. 101
Laredo, Texas 78040

November 15, 2024

Dear Mr. Guerrero,

We are pleased to submit our Statement of Qualifications for the opportunity to provide mental health consultation services for Webb County Head Start. At Curious Counselor Center, our Licensed Professional Counselors are deeply committed to supporting the mental wellness of Head Start students, their families, and the program staff.

As mental Health Consultants, our team will assess the unique needs of your program participants—students, parents, and staff—to tailor mental health activities and develop practical, relevant training programs. We aim to foster a nurturing and supportive environment that contributes to your student's overall well-being and meets your program's objectives.

We understand that this offer and Statement of Qualifications will remain valid for 90 days from November 15, 2024, the submission date.

Thank you for the opportunity to present our commitment to providing high-quality mental health services. We look forward to the possibility of working together to advance the mental wellness of Webb County Head Start participants.

Sincerely,

Maria De Lourdes Ornelas, LPC/LCDC
Owner/Manager
Curious Counselor Center, PLCC
EMDR Certified Therapist
EMDR Consultant
LENS Neurofeedback Provider
www.curiouscounselorcenter.com



3.4 Executive Summary

Curious Counselor Center, led by Maria De Lourdes Ornelas, a licensed professional counselor and licensed chemical dependency counselor, brings over eight years of specialized experience in providing mental health services across diverse and multicultural settings. With a Master's degree in School Counseling from Texas A&M International University, Lourdes is a certified EMDRIA Therapist and Consultant based in Texas. She is well-versed in supporting children, adolescents, adults, families, and couples and has a notable background working with State and Federal probation court-mandated clients.

Our center is committed to meeting the mental health needs of Webb County Head Start's participants, including staff, parents, and students. Lourdes's expertise encompasses treating complex issues such as trauma, anxiety, depression, ADHD, substance use disorders, and insecure attachment. As a Mental Health Consultant, she will assess program needs and implement tailored mental health activities and training to foster a supportive, resilient environment for all participants.

A key focus of our services at Curious Counselor Center is Eye Movement Desensitization and Reprocessing (EMDR) Therapy. Lourdes Ornelas, a certified EMDR provider, is dedicated to helping clients overcome trauma and emotional distress. We also offer EMDR Intensives for clients seeking accelerated support, allowing them to address core issues efficiently and effectively. This structured, intensive approach is ideal for clients with limited availability or immediate therapeutic needs, with both in-person and virtual options to maximize accessibility.

In addition, we incorporate Low Energy Neurofeedback System (LENS) Therapy as a stand-alone treatment or as an adjunct to EMDR Therapy. LENS Therapy is a powerful tool for increasing relaxation and improving cortical functioning, enabling the brain to become "less stuck" in dysfunctional patterns. LENS Therapy helps clients achieve better overall mental wellness and resilience by empowering the brain to optimize its function.

Our comprehensive clinical approaches include Cognitive Behavioral Therapy (CBT), Gottman Method Couples Therapy, Somatic Therapy, Trauma-Focused Therapy, mindfulness-based interventions, Motivational Enhancement Therapy, and Low-Energy Neurofeedback System (LENS) Therapy. This multidisciplinary approach ensures that we can address a broad spectrum of mental health challenges and tailor our services to each client's unique needs.

Curious Counselor Center is excited to partner with Webb County Head Start, supporting mental wellness with integrity, expertise, and a compassionate, client-centered approach. We are committed to maintaining this offer for 90 days from November 15, 2024, and look forward to the opportunity to make a meaningful impact.



3.5 Proposal for Mental Health Care Services for Government Entities

1. Business Information

- **Name and Address of Business Entity:**
Curious Counselor Center, PLLC
Reinhardt Plaza
1701 Jacaman Rd. Ste, RP8E, Laredo, TX 78041
- **Type of Business Entity:**
Professional Limited Liability Company (PLLC), registered as a sole proprietorship.
- **Place of Incorporation:**
N/A (Sole proprietorship registered in Texas on October 3, 2022).
- **Principal Offices and Facilities Related to the RFQ:**
The primary business location for all operational and client-related matters is located at Reinhardt Plaza, Laredo, TX.
- **Principal Contact for Contractual Matters:**
Lourdes Ornelas, LPC, LCDC
Phone: 210-639-9177 (text available)
Email: lourdes@curiouscounselorcenter.com

2. Personnel Information

- **Primary Personnel Assigned to the Project:**
 - **Lourdes Ornelas, LPC, LCDC** - Owner and Founder of Curious Counselor Center, responsible for overseeing and managing all mental health services under this contract.
 - **Cristian Tovar, LPC, LCDC** - Licensed Professional Counselor, assigned to provide direct mental health services.
 - **Aramazti Canales, LPC** - Licensed Professional Counselor, assigned to provide direct mental health services.

3. Financial Stability

Curious Counselor Center, PLLC, has been financially stable since its inception in October 2022, demonstrating a consistent ability to perform required functions and fulfill contractual obligations. The practice is financially equipped to expand its staff by hiring two additional licensed professional counselors to meet the specific needs of Webb County Head Start and Early Head Start.



3.6 Mental Health Care Services for Government Entities

Curious Counselor Center, PLLC, proposes to deliver high-quality mental health services to Webb County's Head Start and Early Head Start programs. These programs serve approximately 1,200 children aged 1 to 5 in the Head Start initiative and about 145 infants in the Early Head Start program.

Service Overview and Commitment:

At Curious Counselor Center, PLLC, our mission is to disrupt intergenerational trauma patterns by providing targeted mental health services to children and their families. Research and our clinical experience emphasize that effective treatment must include parental involvement to promote sustainable change and growth.

Our Approach:

With over 8 years of experience, Lourdes Ornelas has developed a specialized approach that integrates Eye Movement Desensitization and Reprocessing (EMDR) and Low Energy Neurofeedback System (LENS) Therapy—both evidence-based therapies proven effective in treating trauma, depression, dissociation, and anxiety. These therapies, combined with Cognitive Behavioral Therapy (CBT), the Gottman Method for couples, and additional trauma-focused modalities, will form the foundation of our services for Webb County Head Start.

Specialized Programs for Webb County Head Start:

- 1. Children's Services:**
 - Development and implementation of tailored therapeutic activities aimed at addressing trauma, behavior management, and emotional regulation.
- 2. Parental Support and Psychoeducation:**
 - Psychoeducation workshops focused on empowering parents with tools to support their children's mental health and development.
- 3. Staff Training:**
 - Training sessions for Head Start staff on identifying early signs of mental health challenges and implementing trauma-informed approaches.

Therapeutic Modalities and Approaches:

- Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- Low-Energy Neurofeedback System (LENS) Therapy
- Cognitive Behavioral Therapy (CBT)
- Gottman Method Couples Therapy (Levels 1 and 2)
- Somatic Therapy
- Trauma-Focused Therapy
- Mindfulness-Based Interventions
- Motivational Enhancement Therapy

**Conclusion:**

Curious Counselor Center, PLLC, is well-prepared to deliver practical, comprehensive mental health services to Webb County's Head Start and Early Head Start programs. We are confident that our team's experience, expertise, and commitment to the well-being of children and families will make a lasting, positive impact on the community.

3.7 Personnel Qualifications**1. Assigned Lead Professional:**

Should Curious Counselor Center, PLLC, be selected, Lourdes Ornelas, LPC, LCDC, will oversee all mental health services under this contract with Webb County. Lourdes Ornelas has over 8 years of extensive experience providing mental health services to diverse populations, including children and families. Her qualifications include specialized training in EMDR and LENS therapy, which are both evidence-based approaches highly effective in treating trauma and other mental health conditions.

2. Staff Credentials and Experience:

If Curious Counselor Center, PLLC, is selected or awarded the contract, the two Licensed Professional Counselors (LPCs) will be hired contingent on securing this agreement. These two LPCs will be among the primary personnel assigned to this project, in addition to Lourdes Ornelas, LPC, LCDC, who will manage the project's operations.

Each LPC, including Cristian Tovar, LPC, LCDC, and Aramazti Canales, LPC, holds the necessary licensure, educational background, and experience to support the needs of the Head Start population effectively. Detailed resumes of each assigned LPC are attached, outlining their titles, educational backgrounds, and relevant professional experience aligned with the scope of services.

(resumes' attached at the end)

3. Statement of Qualification and Additional Value:

Curious Counselor Center, PLLC, believes our Statement of Qualifications (SOQ) uniquely aligns with Webb County's needs and the RFQ requirements for several reasons. Our team of experienced and licensed mental health professionals has the clinical expertise to fulfill the specialized role of mental health consultants for Head Start. Our approach emphasizes trauma-informed care and includes evidence-based therapies such as EMDR, CBT, and LENS, as well as experience with behavior modification and developmental support. This combination of skills and expertise directly addresses the critical needs outlined in the scope of services.



In addition to meeting the specified RFQ requirements, our team's experience working with children and adults across multicultural settings allows us to effectively engage with diverse families, providing culturally sensitive and comprehensive mental health support. We are also skilled in developing mental health programs and offering psychoeducation to staff and parents, creating a strong support system fostering children's emotional growth and resilience.

**3.8 References and Projects – Unable to disclose confidential information.
Refer to the statement below in 6.1.**

4 Intentionally left Blank

5. Personnel's Alignment with Scope of Services Requirements:

Our team's experience and qualifications ensure we are fully equipped to meet the specific services required by Webb County Head Start and Early Head Start, including but not limited to:

1. Assisting in developing mental health program activities tailored to Head Start needs.
2. Providing targeted training to Head Start staff and parents to meet children's mental health needs.
3. Conducting bi-annual classroom observations or additional as-needed evaluations and reporting findings.
4. Facilitating training in developmental screenings and assessments for Head Start staff.
5. Offering parent conferences and creating individualized written treatment plans.
6. Coordinating referrals for children requiring psychological and/or psychiatric evaluation.
7. Providing consultation for behavioral and developmental concerns, including behavior modification support for teachers and parents.
8. Serving as a resource for community mental health services and referrals.
9. Collaborating with health and educational professionals to rule out physical bases for emotional or behavioral concerns.

Curious Counselor Center, PLLC, is prepared to provide consistent, high-quality mental health care services, aligning with Webb County's mission to support Head Start students' well-being and developmental success. Our team's qualifications, experience, and dedication to supporting children and families make us a strong candidate for this service agreement.



ADDITIONAL SERVICES

Curious Counselor Center, PLLC, is prepared to fulfill all essential mental health services outlined in the RFQ for Webb County. To enhance our operational efficiency and ensure seamless delivery of these services, we respectfully request approval for the following additional provisions, subject to Commissioner Court approval:

1. Administrative Support

We propose hiring an Administrative Assistant to manage essential office duties, including handling calls, scheduling, payroll, and other administrative tasks. This position would allow our licensed professional counselors to focus on delivering high-quality mental health care services without the additional burden of administrative responsibilities.

2. Overhead Expenses

To maintain an optimal working environment that is both warm and welcoming and to support the effective delivery of psychotherapy services, it may be necessary to expand our current office space and potentially secure an additional location. Given these operational needs, we request additional funding to cover essential overhead costs, including rent, utilities, and internet services. These expenses are crucial to sustaining daily operations and ensuring our facility remains accessible, fully equipped, and conducive to serving Webb County Head Start and Early Head Start programs.

These additional resources will enable us to more effectively meet Webb County's service requirements and ensure a high standard of care for all clients served under this contract. Thank you for considering these requests to support Curious Counselor Center, PLLC's operational needs as we work to meet the community's mental health needs.

Right of Negotiation

Webb County reserves the right to negotiate with Curious Counselor Center, PLLC, as the highest-ranking respondent. This negotiation may address the terms, conditions, and fees related to the scope of mental health services requested in the RFQ. Following the official award by the Commissioners Court, these discussions will occur before the execution of the contract/agreement, allowing both parties to finalize a mutually beneficial arrangement that meets Webb County's service requirements.



6. Conflict of Interest Statement

The Offeror affirms that no current or potential conflict of interest exists that could affect its ability to meet the requirements of this RFQ. Specifically, there are no business or personal relationships between the Offeror, its principals, employees, or any affiliates or sub-offerors, the County, any entities involved in the RFQ project, or any employees of the County or its suppliers.

If a conflict arises during the term of any awarded contract, the Offeror will promptly disclose it to the County. The County reserves the right to determine whether such a relationship warrants any modifications to or termination of the contract.

By submitting a proposal in response to this RFQ, the Offeror, Curious Counselor Center, PLLC, affirms that it has not, and does not intend to, offer any economic opportunity, future employment, gift, loan, gratuity, discount, trip, favor, or service to a public servant or any County employee or representative in relation to this procurement, including any member of the Webb County Governing Body.

Furthermore, pursuant to Texas Government Code Section 2261.252(b), the Offeror affirms that it is not prohibited from entering a contract with Webb County based on the financial interest restrictions outlined in the statute.

6.1 Confidential/Proprietary Information

As a licensed mental health professional and in accordance with HIPAA regulations and the APA's Ethical Principles of Psychologists and Code of Conduct, Curious Counselor Center, PLLC, maintains strict confidentiality regarding all client information. Specifically, APA Ethical Principle 4.05(b) mandates that "Psychologists disclose confidential information without the consent of the individual only as mandated by law, or where permitted by law for a valid purpose such as: providing needed professional services; obtaining appropriate professional consultations; protecting the client/patient, psychologist, or others from harm; or obtaining payment for services from a client/patient, in which instance disclosure is limited to the minimum necessary to achieve the purpose."



Due to these confidentiality requirements, we cannot disclose past clients' names and contact details without their explicit consent, as this would compromise client privacy and violate ethical and legal standards.

While we cannot provide specific client references, we affirm that Curious Counselor Center, PLLC, has extensive experience delivering high-quality mental health services across diverse settings. Our team is fully committed to upholding the highest standards of confidentiality and ethical care, and we are prepared to discuss any additional documentation or qualifications that may be necessary to satisfy the County's needs while remaining within ethical and legal boundaries.

Thank you for your understanding and respect for these ethical obligations.



References Form

Please list at minimum five (5) local governmental entities where similar scope of services were provided.

THIS FORM MUST BE RETURNED WITH YOUR OFFER.

REFERENCE ONE

Government/Company Name: La Familia Consulting & Counseling Services, L.C

Address: 1319 Corpus Christi - Suite#1; Laredo, Texas 78040

Contact Person and Title: Jesse Gerardo Hernández, MA, LPC-S, LCDC - Licensed Professional Counselor, Board Approved Supervisor, Licensed Chemical Dependency Counselor-Owner/Manager

Phone: 956-337-7551 Fax: No longer use FAX

Email Address: lafamilia@bizlaredo.rr.com Contract Period: see attachment

Description of Goods / Services Provided: See attachment

REFERENCE TWO

Government/Company Name: The Be It Foundation

Address: 2730 Cherry Ridge, San Antonio Texas 78233

Contact Person and Title: Dr. Cio Hernandez

Phone: 510-734-7027 Fax: No longer use FAX

Email Address: cio@beifoundation.org Contract Period: Not applicable

Description of Goods / Services Provided: EMDR Leadership Fellow offering consultation for newly trained

awardees, mental health services for bilingual, low income and other diverse clients and leadership policy engagements

across the spectrum of prevention.



REFERENCE THREE

Government/Company Name: Becoming You Psychotherapy

Address: 6999 McPherson Rd, Suite 213 #3, Laredo, Texas 78041

Contact Person and Title: Cristian Tovar, MS, LPC, LCDC, Clinician

Phone: 210-880-5166 Fax: None

Email Address: crisotovar1@gmail.com Contract Period: N/A

Description of Goods / Services Provided: We can help you with anything related to mental health, but our speciality
is anxiety and grief. Our therapists are highly trained in these areas. We offer a safe, supportive, and non-judgmental
space for anyone wanting to improve their well-being and create meaningful change. We work with Adolescents and adults. Our approach is
warm, honest, and friendly but direct. At the end of the day, we make our work goal-oriented.

REFERENCE Four

Government/Company Name: Love & Guidance Counseling Center, PLLC

Address: 1701 Jacaman Rd. Suite RB-4

Contact Person and Title: Leslie Gonzalez-LPC/LCDC

Phone: 956-786-0211 Fax: N/A

Email Address: lgonzalez@lgcounselingcenter.com Contract Period: N/A

Description of Goods / Services Provided: At Love & Guidance Counseling PLLC, we are dedicated to providing
compassionate, high-quality mental health services for individuals of all ages, from children and adolescents to adults. Our experienced team
specializes in trauma-focused treatments, particularly Eye Movement Desensitization and Reprocessing (EMDR) therapy.



REFERENCE Five

Government/Company Name: K-State University

Address: 307 Bluemont Hall 1114 Mid-campus Dr North, Manhattan KS 66506

Contact Person and Title: Lorraine Dinkel, Teaching Associate Professor, Coordinator of Counseling Programs

Phone: 417-230-1357 Fax: N/A

Email Address: lmdinkel@gmail.com or dink5@ksu.edu Contract Period: under a 9-month teaching contract each year, worked for K-State since Fall-2021

Description of Goods / Services Provided: Teach coounseling courses for master's and doctoral programs, coordinate the programs and currently serve as the CACREP coordinator. In addition, own my own supervision practice.

- ****Additional pages are permitted if more space is required****

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ATTACHMENTS TO REFERENCES

Reference for Contract Period: Jesse Hernandez, MA, LPC-S, LCDIC

Texas Youth Commission (2003-2005); U.S. Federal Probation Mental Health Services (2003-2010); Child Protective Service (2007-2009); Program Developer, Grant Writer, Evaluation for STCADA, PILLAR, City of Laredo Health Department, Webb County (2003-Current – See Below):

Partial List of Funded Grants:

1. Comprehensive HIV Prevention Program (CDC)
2. Brief Strategic Family Therapy (Prevention Grant - DSHS)
3. Families and Schools Together (Prevention Grant - DSHS)
4. LIFE skills (Prevention Grant - DSHS)
5. Adult Outpatient Treatment (DSHS)
6. Specialized Women Services Outpatient Treatment (DSHS)
7. HIV Early Intervention Grant (HEI - DSHS)
8. Co-occurring psychiatric Disorders (COPSD - DSHS)
9. TCE/HIV (SAMSHA)
10. Minority AIDS Initiative (MAI) Continuum of Care (CoC) Pilot– **Program Evaluator (2014 - 2018)**
11. Targeted Capacity Expansion HIV/Mental Health/Substance Use (PILLAR) - **Program Evaluator – 2018 – 2023**
12. 406th Drug Court (SAMSHA) – **Program Evaluator – 2010 - Current**
13. 406th Veterans Court (SAMSHA) – **Program Evaluator – 2013 – Current**

Description of Goods/Services Provided Owner/Manager - La Familia Consulting and Counseling Services, L.C.: A Texas Limited Liability Company that provides mental health and chemical dependency counseling, co-occurring psychiatric and substance abuse counseling, PTSD – Prolonged Exposure Therapy (PE), Eye Movement Desensitization and Reprocessing (EMDR), Trauma-Focused Cognitive Behavioral Therapy (TFCBT), Cognitive Processing Therapy (CPT), marriage and family therapy, play therapy for children, EAP services for children, adolescents and adults, and Critical Incident Stress Debriefing (CISD) Services, as well as consultation services, program development, grant writing, program evaluation and training in Laredo/Webb County

- **Specialties:** Adolescent Services (12-18), Co-Occurring Psychiatric and Substance Use Disorders, Post Traumatic Stress Disorders



CONFLICT OF INTEREST QUESTIONNAIRE

FORM CIQ

For vendor doing business with local governmental entity

This questionnaire reflects changes made to the law by H.B. 23, 84th Leg., Regular Session.

This questionnaire is being filed in accordance with Chapter 176, Local Government Code, by a vendor who has a business relationship as defined by Section 176.001(1-a) with a local governmental entity and the vendor meets requirements under Section 176.006(a).

By law this questionnaire must be filed with the records administrator of the local governmental entity not later than the 7th business day after the date the vendor becomes aware of facts that require the statement to be filed. See Section 176.006(a-1), Local Government Code.

A vendor commits an offense if the vendor knowingly violates Section 176.006, Local Government Code. An offense under this section is a misdemeanor.

OFFICE USE ONLY

Date Received

1 Name of vendor who has a business relationship with local governmental entity.

As a vendor, I affirm that I do not have a business relationship with any local governmental entity, in accordance with Chapter 176 of the Local Government Code. This questionnaire is being filed to confirm that I meet the requirements under Section 176.006(a) and I swear that I do not have a conflict of interest.

2 ☐ Check this box if you are filing an update to a previously filed questionnaire. (The law requires that you file an updated completed questionnaire with the appropriate filing authority not later than the 7th business day after the date on which you became aware that the originally filed questionnaire was incomplete or inaccurate.)

3 Name of local government officer about whom the information is being disclosed.

Name of Officer

4 Describe each employment or other business relationship with the local government officer, or a family member of the officer, as described by Section 176.003(a)(2)(A). Also describe any family relationship with the local government officer. Complete subparts A and B for each employment or business relationship described. Attach additional pages to this Form CIQ as necessary.

Does not apply

A. Is the local government officer or a family member of the officer receiving or likely to receive taxable income, other than investment income, from the vendor?

☐ Yes ☒ No

B. Is the vendor receiving or likely to receive taxable income, other than investment income, from or at the direction of the local government officer or a family member of the officer AND the taxable income is not received from the local governmental entity?

☐ Yes ☒ No

5 Describe each employment or business relationship that the vendor named in Section 1 maintains with a corporation or other business entity with respect to which the local government officer serves as an officer or director, or holds an ownership interest of one percent or more.

DOES NOT APPLY

6 ☐ Check this box if the vendor has given the local government officer or a family member of the officer one or more gifts as described in Section 176.003(a)(2)(B), excluding gifts described in Section 176.003(a-1).

7 *Maria De Lourdes Omelas*
Maria De Lourdes Omelas, owner "Curious Counselor Center, PLLC"
attests that vendor is not doing business with any governmental entity.
Signature of vendor doing business with the governmental entity

11-15-24
Date



CERTIFICATE OF INTERESTED PARTIES		FORM 1295																																											
		1 of 1																																											
Complete Nos. 1 - 4 and 6 if there are interested parties. Complete Nos. 1, 2, 3, 5, and 6 if there are no interested parties. 1 Name of business entity filing form, and the city, state and country of the business entity's place of business. Curious Counselor Center, PLLC Laredo, TX United States 2 Name of governmental entity or state agency that is a party to the contract for which the form is being filed. Webb County		OFFICE USE ONLY CERTIFICATION OF FILING Certificate Number: 2024-1235492 Date Filed: 11/06/2024 Date Acknowledged:																																											
3 Provide the identification number used by the governmental entity or state agency to track or identify the contract, and provide a description of the services, goods, or other property to be provided under the contract. RFQ 2025-001 The vendor is a licensed professional counselor (LPC) committed to providing essential mental health consulting services to the Webb County Head Start Program.																																													
<table border="1" style="width: 100%; border-collapse: collapse;"><thead><tr><th rowspan="2" style="width: 50%; text-align: center; vertical-align: bottom;">4 Name of Interested Party</th><th rowspan="2" style="width: 30%; text-align: center; vertical-align: bottom;">City, State, Country (place of business)</th><th colspan="2" style="text-align: center; font-size: small;">Nature of interest (check applicable)</th></tr><tr><th style="width: 15%; text-align: center; font-size: x-small;">Controlling</th><th style="width: 15%; text-align: center; font-size: x-small;">Intermediary</th></tr></thead><tbody><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr><tr><td style="height: 20px;"></td><td></td><td></td><td></td></tr></tbody></table>				4 Name of Interested Party	City, State, Country (place of business)	Nature of interest (check applicable)		Controlling	Intermediary																																				
4 Name of Interested Party	City, State, Country (place of business)	Nature of interest (check applicable)																																											
		Controlling	Intermediary																																										
5 Check only if there is NO Interested Party. ☒ X																																													
6 UNSWORN DECLARATION My name is _____, and my date of birth is _____. My address is _____, _____, _____, _____, _____. (street) (city) (state) (zip code) (country) I declare under penalty of perjury that the foregoing is true and correct. Executed in _____ County, State of _____, on the _____ day of _____, 20____. (month) (year) Maria de Lourdes Chirales Signature of authorized agent of contracting business entity (Declarant)																																													



Texas Department of
Agriculture

Form H2048
January 2008

CERTIFICATION
REGARDING DEBARMENT, SUSPENSION, INELIGIBILITY AND VOLUNTARY
EXCLUSION FOR COVERED CONTRACTS

PART A.

Federal Executive Orders 12549 and 12689 require the Texas Department of Agriculture (TDA) to screen each covered potential contractor to determine whether each has a right to obtain a contract in accordance with federal regulations on debarment, suspension, ineligibility, and voluntary exclusion. Each covered contractor must also screen each of its covered subcontractors.

In this certification "contractor" refers to both contractor and subcontractor; "contract" refers to both contract and subcontract.

By signing and submitting this certification the potential contractor accepts the following terms:

1. The certification herein below is a material representation of fact upon which reliance was placed when this contract was entered into. If it is later determined that the potential contractor knowingly rendered an erroneous certification, in addition to other remedies available to the federal government, the Department of Health and Human Services, United States Department of Agriculture or other federal department or agency, or the TDA may pursue available remedies, including suspension and/or debarment.
2. The potential contractor will provide immediate written notice to the person to which this certification is submitted if at any time the potential contractor learns that the certification was erroneous when submitted or has become erroneous by reason of changed circumstances.
3. The words "covered contract", "debarred", "suspended", "ineligible", "participant", "person", "principal", "proposal", and "voluntarily excluded", as used in this certification have meanings based upon materials in the Definitions and Coverage sections of federal rules implementing Executive Order 12549. Usage is as defined in the attachment.
4. The potential contractor agrees by submitting this certification that, should the proposed covered contract be entered into, it will not knowingly enter into any subcontract with a person who is debarred, suspended, declared ineligible, or voluntarily excluded from participation in this covered transaction, unless authorized by the Department of Health and Human Services, United States Department of Agriculture or other federal department or agency, and/or the TDA, as applicable.

Do you have or do you anticipate having subcontractors under this proposed contract?

☐ Yes

☒ No



Form H2048
Page 2/01-2008

5. The potential contractor further agrees by submitting this certification that it will include this certification titled "Certification Regarding Debarment, Suspension, Ineligibility, and Voluntary Exclusion for Covered Contracts" without modification, in all covered subcontracts and in solicitations for all covered subcontracts.
6. A contractor may rely upon a certification of a potential subcontractor that it is not debarred, suspended, ineligible, or voluntarily excluded from the covered contract, unless it knows that the certification is erroneous. A contractor must, at a minimum, obtain certifications from its covered subcontractors upon each subcontract's initiation and upon each renewal.
7. Nothing contained in all the foregoing will be construed to require establishment of a system of records in order to render in good faith the certification required by this certification document. The knowledge and information of a contractor is not required to exceed that which is normally possessed by a prudent person in the ordinary course of business dealings.
8. Except for contracts authorized under paragraph 4 of these terms, if a contractor in a covered contract knowingly enters into a covered subcontract with a person who is suspended, debarred, ineligible, or voluntarily excluded from participation in this transaction, in addition to other remedies available to the federal government, Department of Health and Human Services, United States Department of Agriculture, or other federal department or agency, as applicable, and/or the TDA may pursue available remedies, including suspension and/or debarment.

**PART B. CERTIFICATION REGARDING DEBARMENT, SUSPENSION,
INELIGIBILITY AND VOLUNTARY EXCLUSION FOR COVERED CONTRACTS**

Indicate in the appropriate box which statement applies to the covered potential contractor:

- ☒ The potential contractor certifies, by submission of this certification, that neither it nor its principals is presently debarred, suspended, proposed for debarment, declared ineligible, or voluntarily excluded from participation in this contract by any federal department or agency or by the State of Texas.
- ☐ The potential contractor is unable to certify to one or more of the terms in this certification. In this instance, the potential contractor must attach an explanation for each of the above terms to which he is unable to make certification. Attach the explanation(s) to this certification.

Name of Contractor	Vendor ID No. or Social Security No.	Program No.
Curious Counselor Center, PLLC	354-52-6452	

Maria De Lourdes Omeles
Signature of Authorized Representative

11/13/24
Date

MARIA DE LOURDES Omeles
OWNER / FOUNDER
Printed/Typed Name and Title of
Authorized Representative



Texas Department of
Agriculture

Form H20-49
January 2008

CERTIFICATION REGARDING FEDERAL LOBBYING
(Certification for Contracts, Grants, Loans, and Cooperative Agreements)

PART A. PREAMBLE

Federal legislation, Section 319 of Public Law 101-121 generally prohibits entities from using federally appropriated funds to lobby the executive or legislative branches of the federal government. Section 319 specifically requires disclosure of certain lobbying activities. A federal government-wide rule, "New Restrictions on Lobbying", published in the Federal Register, February 26, 1990, requires certification and disclosure in specific instances.

PART B. CERTIFICATION

This certification applies only to the instant federal action for which the certification is being obtained and is a material representation of fact upon which reliance was placed when this transaction was made or entered into. Submission of this certification is a prerequisite for making or entering into this transaction imposed by section 1352, title 31, U.S. Code. Any person who fails to file the required certification shall be subject to a civil penalty of not less than \$100,000 for each such failure.

The undersigned certifies, to the best of his or her knowledge and belief, that:

1. No federally appropriated funds have been paid or will be paid, by or on behalf of the undersigned, to any person for influencing or attempting to influence an officer or employee of any agency, a member of Congress, an officer or employee of Congress, or an employee of a member of Congress in connection with the awarding of any federal contract, the making of any federal grant, the making of any federal loan, the entering into of any cooperative agreement, or the extension, continuation, renewal, amendment, or modification of any federal contract, grant, loan, or cooperative agreement.
2. If any funds other than federally appropriated funds have been paid or will be paid to any person for influencing or attempting to influence an officer or employee of any agency, a member of Congress, an officer or employee of Congress, or an employee of a member of Congress in connection with these federally funded contract, subcontract, subgrant, or cooperative agreement, the undersigned shall complete and submit Standard Form-LLL, "Disclosure Form to Report Lobbying", in accordance with its instructions. (If needed, contact the Texas Department of Agriculture to obtain a copy of Standard Form-LLL.)



WEBB COUNTY PURCHASING DEPT.
QUALIFIED PARTICIPATING VENDOR CODE OF ETHICS
AFFIDAVIT FORM

STATE OF TEXAS *

KNOW ALL MEN BY THESE PRESENTS:

COUNTY OF WEBB *

BEFORE ME the undersigned Notary Public, appeared MARIA DE LOURDES ORNELAS, the herein-named "Affiant", who is a resident of LAREDO County, State of TEXAS, and upon his/her respective oath, either individually and/or behalf of their respective company/entity, do hereby state that I have personal knowledge of the following facts, statements, matters, and/or other matters set forth herein are true and correct to the best of my knowledge.

I personally, and/or in my respective authority/capacity on behalf of my company/entity do hereby confirm that I have reviewed and agree to fully comply with all the terms, duties, ethical policy obligations and/or conditions as required to be a qualified participating vendor with Webb County, Texas as set forth in the Webb County Purchasing Code of Ethics Policy posted at the following address: <http://www.webbcountytx.gov/PurchasingAgent/PurchasingEthicsPolicy.pdf>

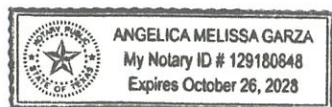
I personally, and/or in my respective authority/capacity on behalf of my company/entity do hereby further acknowledge, agree and understand that as a participating vendor with Webb County, Texas on any active solicitation/proposal/qualification that I and/or my company/entity failure to comply with the Code of Ethics policy may result in my and/or my company/entity disqualification, debarment or make void my contract awarded to me, my company/entity by Webb County. I agree to communicate with the Purchasing Agent or his designees should I have questions or concerns regarding this policy to ensure full compliance by contacting the Webb County Purchasing Dept. via telephone at (956) 523-4125 or e-mail to the Webb County Purchasing Agent to joel@webbcountytx.gov.

Executed and dated this 13th day of November, 2024.

Maria De Lourdes Ornelas
Signature of Affiant

MARIA DE LOURDES ORNELAS / CURIOUS COUNSELOR CENTER, PLLC
Printed Name of Affiant/Company/Entity

SWORN to and subscribed before me, this 13th day of November, 2024



Angelica Melissa Garza
NOTARY PUBLIC, STATE OF TEXAS



Offeror: Complete & Return this Form with Response Submission.

House Bill 89 Verification

I, Maria DeLourdes Ornelas, the undersigned representative of (company or business name) Curious Counselor Center, PLLC (heretofore referred to as company) being an adult over the age of eighteen (18) years of age, after being duly sworn by the undersigned notary, do hereby depose and verify under oath that the company named above, under the provisions of Subtitle F, Title 10, Government Code Chapter 2270:

1. Does not boycott Israel currently; and
2. Will not boycott Israel during the term of the contract.

Pursuant to Section 2270.001, Texas Government Code:

1. "Boycott Israel" means refusing to deal with, terminating business activities with, or otherwise taking any action that is intended to penalize, inflict economic harm on, or limit commercial relations specifically with Israel, or with a person or entity doing business in Israel or in an Israeli-controlled territory, but does not include an action made ordinary business purposes; and
2. "Company" means a for-profit sole proprietorship, organization, association, corporation, partnership, joint venture, limited partnership, limited liability partnership, or an limited liability company, including a wholly owned subsidiary, majority-owned subsidiary, parent company or affiliate of those entities or business association that exist to make a profit.

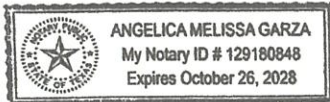
Maria DeLourdes Ornelas
Signature of Company Representative

11/13/24
Date

On this 13th day of November, 2024, personally appeared

Ornelas, Maria De Lourdes, the above named person, who after by me being duly sworn, did swear and confirm that the above is true and correct.

Notary Seal



Angelica Melissa Garza
Notary Signature

11/13/2024
Date



Offeror: Complete & Return this Form with Response Submission.
Senate Bill 252 Certification

SB 252 CHAPTER 2252 CERTIFICATION I, Maria De Lourdes Ornelas, the undersigned representative of Curious Counselor Center, PLLC (Company or business name) being an adult over the age of eighteen (18) years of age, pursuant to Texas Government Code, Chapter 2252, Section 2252.152 and Section 2252.153, certify that the company named above is not listed on the website of the Comptroller of the State of Texas concerning the listing of companies that are identified under Section 806.051, Section 807.051 or Section 2253.153. I further certify that should the above-named company enter into a contract that is on said listing of companies on the website of the Comptroller of the State of Texas which do business with Iran, Sudan or any Foreign Terrorist Organization, I will immediately notify Mr. Jose Angel Lopez III, Webb County Purchasing Agent at (956) 523-4125 or via email at joel@webbcountytx.gov

Maria De Lourdes Ornelas Name of Company Representative (Print)

Maria De Lourdes Ornelas Signature of Company Representative

11/12/24 Date



PROOF OF NO DELINQUENT TAXES OWED TO WEBB COUNTY

Name Maria DeLourdes Ornelas owes no delinquent property taxes to Webb County.

Curious Counselor Center, PLLC owes no property taxes as a business in Webb County.
(Business Name)

Maria De Lourdes Ornelas owes no property taxes as a resident of Webb County.
(Business Owner)

Maria De Lourdes Ornelas

Person who can attest to the above information

*** SIGNED NOTORIZED DOCUMENT AND PROOF OF NO DELINQUENT TAXES TO WEBB COUNTY.**

The State of Texas
County of Webb

Before me, a Notary Public, on this day personally appeared Ornelas Maria De Lourdes know to me (or proved to me on the oath of TID # 377480 to be the person whose name is subscribed to the forgoing instrument and acknowledged to me that he executed the same for the purpose and consideration therein expressed.

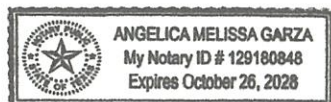
Given under my hand and seal of office this 13th day of November 2024

Notary Public, State of Texas

Angelica Melissa Garza

(Print name of Notary Public here)

My commission expires the 26th day of October 2026





ADDITIONAL ATTACHMENTS

Resumes

1. Maria De Lourdes Ornelas
2. Aramazti N. Canales
3. Cristian O. Tovar

HPSO

1. Healthcare Providers Service Organization Purchasing Group Insurance

Maria De Lourdes Ornelas, M.S., LPC, LCDC

Maria De Lourdes Ornelas, M.S., LPC, LCDC

116 Duval Loop

Laredo, Texas 78041

Phone: (210) 639-9177

lourdes@curiouscounselorcenter.com

OBJECTIVE: Dedicated mental health professional skilled in expanding organizational capacity and delivering evidence-based interventions. Committed to empowering individuals, couples and families to build resilience, leverage inner strengths, and overcome challenges through personalized psychotherapy and consultation.

EDUCATION:
2014-2016 Master of Science in School Counseling: Texas A&M International University(TAMIU)
1974-1978. Bachelor of Science in Human Resources: Northern Illinois University

ADDITIONAL COURSEWORK

2003-2004 Organizational Management, Non-degree: Governors State University

LICENSES
Licensed Professional Counselor (LPC) – License - #77355
Licensed Chemical Dependency Counselor LCDC - 1License # 14296

CERTIFICATIONS:
10/2024 EMDRIA Approved EMDR Consultant
05/2023 Eye Movement Desensitization Reprocessing Therapist (EMDR)
01/2023 Low Energy Neurofeedback System (LENS)- Level 2
09/2022 Low Energy Neurofeedback System (LENS) – Level 1
08/2016 Substitute Teacher Certificate

PROFESSIONAL EMPLOYMENT/CLINICAL EXPERIENCE

04/2022 to Present **Owner/Manager, Curious Counselor Center, PLLC – Texas Limited Liability Professional Company**
Lead a private practice delivering evidence-based interventions and tailored psychotherapy for children, adolescents, adults, and couples facing challenges such as trauma, anxiety, depression, ADHD, substance use, and attachment disorders. We specialize in eye movement desensitization and reprocessing (EMDR) therapy, incorporating low-energy neurofeedback system (LENS) therapy as a standalone treatment or adjunct to EMDR. Employ a comprehensive approach that includes Cognitive Behavioral Therapy (CBT), Gottman Method Couples Therapy, Somatic Therapy, Trauma-Focused Therapy, mindfulness-based interventions, and Motivational Enhancement Therapy. This multidisciplinary framework allows us to address diverse mental health needs and customize care for each client.

PROFESSIONAL EMPLOYMENT/CLINICAL EXPERIENCE

11/2016-03/2022 **Pillar Licensed Professional Counselor / Licensed Chemical Dependency Counselor**
January 2017 – Present (7 years 11 months) Laredo, Texas Area

- Provide individual, couples, family, and group counseling for individuals diagnosed with substance use disorders and mental health concerns.
- Counsel individuals diagnosed as HIV-positive, offering education on HIV and promoting acceptance.
- Use motivational interviewing and stages of change techniques to meet clients where they are and support their personal goals.
- Conduct intake and initial substance use assessments and develop and implement individualized treatment plans.
- Stay current with industry trends and best practices through professional coursework, DSM-5 knowledge, and new diagnostic techniques.
- Supervise and train practicing students and interns.

406th Judicial Drug Court Program-Licensed Professional Counselor Intern / Licensed Chemical Dependency Counselor 2016 – 2018 Laredo, TX

- She has provided individual and group counseling to court-mandated clients.
- I managed the entire treatment process, including intake, individual and group sessions, and discharge planning.
- I maintained a full-time caseload of 20+ clients weekly, delivering individual and group counseling services.
- It is developed and maintains confidential clinical records, including intake evaluations, diagnoses, treatment plans, progress notes, risk assessments, and discharge summaries.

08/2017-05/2018 – Adjunct Professor – TAMIU (COED) Schooling Counseling

Professional Counselor Education Courses- Taught to Master Level Students: EDCU 5314 – Pre-Practicum and EDCU 5315 Group Counseling

09/2014-05/2016- Graduate Research Assistant- TAMIU, Texas Area-

- Managed departmental operations, including reviewing and implementing training programs.
- Planned and directed Human Resource Development functions, encompassing recruitment, hiring, performance reviews, and recognition ceremonies.
- Provided career and academic advisement, coaching, and support to students and staff

05/2005-12/2012— Illinois Department of Human Services (Elisabeth Developmental Center)

Human Resource Development Director, Chicago & Surrounding areas

- Oversaw departmental operations, focusing on reviewing and implementing training programs.
- Directed Human Resource Development activities, including recruitment, hiring, recognition ceremonies, performance evaluations, and staff coaching.
- They offered career and academic advisement to support employee development and growth.

REFERENCES

Available upon request



ADDITIONAL ATTACHMENTS

Resume

Aramazti N. Canales

Aramazti N. Canales

Laredo, TX 78045 • (956) 652-3246 • aramazticanales@gmail.com

Professional Summary

Skilled Behavioral Counselor with strong background helping clients overcome personal challenges and cope with triggering situations. Focused on facilitating exploration of issues, developing individualized plans, and developing important skills. Licensed by Texas.

Skills

- Microsoft Office proficient
- Critical thinking and diagnostic abilities
- Therapeutic Expertise for individual and group sessions.
- Outreach Programming
- Intervention planning and case management proficiency
- Trauma-informed care and suicide intervention
- Staff Meetings
- Best Practices and Standards

Work History

**Licensed Professional Counselor/Program Director - 01/2015 to Current
People, Ideas of Love, Liberty, and Respect (PILLAR) – Laredo, TX**

- Provide comprehensive case management services, created treatment plans, and connected clients and families to appropriate resources.
- Assess patient behavior, moods, and other responses to determine correct diagnosis and devise treatment plans.
- Guide clients in effective therapeutic exercises integrated from Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), relapse prevention, and solution focused therapy.
- Certified Eye Movement Desensitization and Reprocessing Therapy (EMDR) therapist, and certified provider for Low Energy Neurofeedback System.
- Manage caseload over 50 patients per fiscal year with substance use and co-occurring clinical disorders.
- Display sensitivity to cultural and linguistic needs of clients and families served.
- Work with prescribing professionals to get patients necessary medications.
- Maintain proper documentation for client's files.
- Maintain proper documentation for client's files.
- Responsible for training over 15 new counselors and directed weekly clinical staffing meetings.
- Kept abreast of new and developing information in mental health field by attending professional conferences and workshops.

**Children's Activity Coordinator - 09/2014 to 12/2014
Casa de Misericordia – Laredo, TX**

- Provided services for specific population of Laredo going through domestic abuse situations specifically, for children and adolescents in need.
- Created therapeutic activities for children and adolescents on how to cope with stress from past domestic abuse experiences.

- Planned resident outings and over 10 annual events to mark holidays and celebrate special occasions for over five hundred people.
- Taught clients life skills, communication skills, time-management skills, interpersonal skills, relationship skills, coping skills and stress management skills.
- Coordinated supply orders, storage, and distribution for program.
- Created and delivered recreational programs for small and large groups of residents.

Adjunct Professor - 01/2014 to 05/2014
Texas A&M International University – Laredo, TX

- Worked for Psychology and Communications department.
- Taught PSYC 4308 Theory and Principles of Psychological Testing, providing instruction to up fifty undergraduate students.
- Built relationships with students, mentoring on personal, professional, and academic goals while providing coaching on effective study habits.
- Used variety of learning modalities and support materials to facilitate learning process and accentuate presentations.
- Used exams, quizzes, and assignments to assess student comprehension.
- Facilitated teacher-student relationships by addressing curriculum issues, school programs, projects, and student discipline strategies.

Education
Master of Arts: Counseling Psychology, 12/2013
Texas A&M International University - Laredo, TX

- GPA:3.7
- Member of TAMIU Stress Center.
- Completed professional development in counseling psychology.

Bachelor of Arts and Sciences: Psychology, 05/2010
Texas A&M International University - Laredo, TX

- GPA: 3.5
- Completed professional development in psychology and communications.
- Continuing education in counseling psychology.
- Dean's List, Fall 2009

Affiliations

- American Psychological Association (APA).
- American Counselor Association (ACA).
- EMDR International Association (EMDRIA)

Languages

- **Spanish**
 - Native or Bilingual
- **English**
 - Native or Bilingual



ADDITIONAL ATTACHMENTS

Resume

Cristian O. Tovar

CRISTIAN O. TOVAR

M.S., LPC, LCDC

VISION

"Our greatest freedom is the freedom to choose our attitude."

— Victor Frankl

I believe human beings have a purpose in life. Even though life can be challenging sometimes we can still find ways to enjoy it and live our present. As a mental health counselor, I am convinced that reaching for help is essential to deal with our daily struggles that others can't understand or accept. I am a bilingual (Spanish and English) counselor who use an eclectic approach to assist clients achieve their unique goals. I utilized evidence-based interventions on my work with children, adolescents, and adults.

EXPERIENCE

Since June 2021 to this date.

Licensed Professional Counselor, Licensed Chemical Dependency Counselor at Gateway Community Health Center.

- ❖ Receives referrals from GCHC's physicians and mid-levels.
- ❖ Assess the mental and behavioral health status of referred patients.
- ❖ Provide counseling to scheduled patients utilizing professional counseling standards. *Telehealth and Face to face services.*
- ❖ Formulates short-term and long-term counseling plans for the clients under care.
- ❖ Consults with medical providers regarding complex cases.
- ❖ Identify patients with urgent mental health conditions (e.g. suicidal, homicidal, psychotic, etc.) and make
- ❖ Appropriate referrals to available emergency or psychiatric treatment facilities.
- ❖ Maintain appropriate documentation of clinical and counseling services (assessments, interventions and recommendations), including all necessary billing information.
- ❖ Maintain quality care through participation in peer review, policy development and quality improvement meetings.
- ❖ Maintain and update professional knowledge and proficiency through continuing education, staff meetings and workshops.

Since December 2020 to this date.

Licensed Professional Counselor, Licensed Chemical Dependency Counselor at Coastal Bend Psychological Associates.

- ❖ Assess clients to determine fit for outpatient treatment and establish provisional diagnosis and initial treatment plan.
- ❖ Conduct individual and/or family therapy in accordance with state regulations and professional licensure law(s). *Telehealth and Face to face services.*
- ❖ Maintain scheduling of all active clients to ensure clinical needs are being met.
- ❖ Write and maintain progress notes for therapy sessions; maintain and update client's records and make appropriate referrals.
- ❖ Provide crisis intervention services to clients to ensure risk levels are properly managed and, when appropriate, triaged to higher level of care.
- ❖ Provide empirically based psychological interventions to the person receiving services and his/her family as appropriate for their specific needs in order to maximize and encourage their participation with the community at large. Interventions may include cognitive behavioral interventions, problem solving focused interventions, addressing adjustment processes and coping, psychoeducation, stress management, wellness promotion, compensatory strategies, pain management, as-well-as programmatic outcomes.
- ❖ Provide feedback to the appropriate person served, family, and treatment team, with regards to behavioral, emotional, psychological, and cognitive rehabilitation issues, test results, and practical applications.

CONTACT INFORMATION

E-mail:
crisotovar1@gmail.com

Phone:
(210) 880-5166

Laredo, TX

FIELD OF INTERESTS

Mental health

Social and community
resources/services

Community/cultural events

Music

SKILLS/ STRENGTHS

Bilingual

Work ethic

Goal oriented

Committed

Genuine interest in others

Self-reflection

Microsoft office and
video editor

Sense of humor

Flexibility

September 2018 to June, 2021.

Clinician- Licensed Professional Counselor, Licensed Chemical Dependency Counselor at BCFS Human and Health Services Driscoll Shelter.

Main role: Use of professional judgment and best practices to support the mental health, safety and well-being of every unaccompanied alien child and adolescent in care while maintaining compliance with established state and federal standards and requirements.

- ❖ Prepare goal-oriented psychosocial diagnostic assessments, service plans and progress reports.
- ❖ Assess, treat, develop, implement, and update therapeutic plans.
- ❖ Facilitate or co-facilitate a minimum of two children's groups weekly on specific topics and issues
- ❖ Provide counseling, crisis management, evaluations and other clinical functions as assigned.
- ❖ Provide case consultations, weekly one-to-one counseling and/or crisis intervention for children, and bi-weekly family counseling for each family represented.
- ❖ Maintain on-call schedule for the support of children and staff.
- ❖ Assists and coordinate crisis interventions.
- ❖ Coordinate psychiatric hospitalizations by obtaining pertinent information and consent from minor and sponsor.
- ❖ Report on a wide range of events that are considered significant incidents to ensure that serious issues are immediately elevated to ORR and that all incidents are resolved quickly to protect children in ORR care.
- ❖ Participate in scheduled meetings and participate in team decisions and operations.
- ❖ Meet all pre-determined deadlines required by program supervisor and federal partners.
- ❖ Record relevant clinical data and report clinical information as required.
- ❖ Maintain accurate and current child records and files.
- ❖ Provide data to support staff regarding admission/discharge of children.
- ❖ Assist in discharge planning.
- ❖ Participate in workshops, seminars, education programs and activities that promote professional growth and development.
- ❖ Prepare and maintain assigned reports in accordance with agency policies and procedures and applicable licensing and contract standards.

February 2018 to September 2018.

Licensed Professional Counselor Intern, Licensed Chemical Dependency Counselor at A Healthy Image: Counseling and Consulting Services.

- ❖ Conduct Mental health and substance use assessments by interviewing the clients referred from probation office, obtaining personal information and medical history.
- ❖ Review, discuss, and implement mental health and substance use treatment plans to monitor client's progress, objectives, goals and needs.
- ❖ Use motivational interviewing techniques and assess client's readiness to change negative and/or self-destructive behaviors.
- ❖ Provide counseling, guidance, and emotional support to clients as they try to reach their goals and comply with court mandated rehabilitation programs and strategies.
- ❖ Provide substance use and relapse prevention education for clients in probation with pre-trial and post-conviction status.
- ❖ Assist clients in practicing effective communication, problem-solving and anger management techniques in their daily lives.
- ❖ Liaison between the judge, treatment providers, Probation and Parole, Public Defender's Office, and other entities involved in the Adult Drug Court Program.
- ❖ Report client's progress through monthly reports to US Federal Probation Office.
- ❖ Staff cases with probation officers in order to support client's productive roles by educating them about available community-based organizations, and social and employment services.
- ❖ Maintain records in accordance with regulatory/agency standards.
- ❖ Collaborate with court/probation, tribal/community agencies, families and other natural support systems to ensure client's needs are being reported and addressed.
- ❖ Participate in weekly staff meetings, supervision and monthly trainings with clinical director and supervisor as required.

January 2018 to May 2018.

Adjunct Faculty in the School Counselor Program at Texas A&M International University.

- ❖ Planning and developing classes with specified subjects and materials according to students' needs.
- ❖ Developing and managing the class syllabus and ensuring that the syllabus meets department and college standards.
- ❖ Planning and creating lectures, in-class discussions, and assignments
- ❖ Grading assigned papers, quizzes, and exams
- ❖ Assessing grades for students based on participation, performance in class, assignments, and examinations
- ❖ Reporting student learning outcomes, class reviews, and analyzing student data
- ❖ Collaborating with colleagues on course curriculum
- ❖ Advising students on how to be successful and achieve goals

April 2017 to September 2018.

Social Service Worker and Wraparound Facilitators for YES Waiver Program, Border Region Behavioral and Mental Health Center.

- ❖ Perform individual child, youth and family strengths and needs-based planning across all relevant life domains.
- ❖ Provide intensive community-based services for children and adolescents with severe emotional disturbances and their families.
- ❖ Develop wraparound plans, individual plans of care, assessments and required documentation for the assigned caseload.
- ❖ Facilitate Wraparound team meetings including the development, implementation and monitoring of individualized care plans for high-need youth.
- ❖ Provide support and crisis/emergency services for the child/family through face-to-face contact, phone contact or availability by an on-call system.
- ❖ Provide assistances to clients with daily living tasks such as behavior management, counseling services to adolescents, budget management, independent transportation assistance, time management skills and other tasks to promote independent living.
- ❖ Monitors goal progress and provides ongoing support through telephonic, electronic or in-person encounters.

January 2011 to April 2017..

Elementary Teacher and Special Education Teacher [1st - 6th] in Public Education-Nuevo Laredo, Tamps. (Mexico)

- ❖ Utilized effective listening skills to establish rapport with student, family members, and other individuals close to the client; provide emotional support and encouragement and engage family members in the service process.
- ❖ Administered assessments to determine students' needs and strengths for treatment plans.
- ❖ Referred students to psychologists and other mental health resources for further evaluation.
- ❖ Provided individual counseling sessions to address students' concerns about academic, emotional, or social problems as well as on development of coping skills to manage critical life and school skills
- ❖ Group counseling to students on various topics.
- ❖ Create behavioral contracts with referred students and facilitate monthly interdisciplinary meetings with teachers, parents, and students to discuss students' behavior, needs, and progress towards their Education Plan.

EDUCATION & PROFESSIONAL TRAINING

Current Certification in Thanatology from Instituto Mexicano de Tanatologia.- To complete in 2025.

Masters in School Counseling - Texas A&M International University

Bachelor's in education - Universidad Pedagogica Nacional

Bachelor's in organizational psychology -Centro de Estudios Superiores Royal

Co-Occurring Psychiatric and Substance Abuse Disorders training by UT Health San Antonio.

Mental Health First Aid USA by National Council For Behavioral Health.

Child and Adolescents Needs and Strengths Assessment by The Praed Foundation

Applied Suicide Intervention Skills by Living Works Organization.

Assessments /Ethical And Legal Issues (ASCA and ACA)

Groups Management Theories And Dynamics.

Certified in family orientation. Sistema Integral para la Familia (DIF) -2011

Certified in Psychoanalysis. Asociación Latinoamericana Psicólogos

COMMUNITY PROJECTS

Texas A&M first school counseling professional development conference (2017) - speaker

Texas A&M school counseling leadership and advocacy project: "first national career day" at an elementary School in Nuevo Laredo, ,Mexico. (2016) (Youtube Video- "Leadership Advocacy Project – Career Day at Guadalupe Gonzalez Gutierrez Elementary")

Texas A&M discover 2015-2016 coordinator of the Texas A&M association of school counselors association Group and individual counseling practices at sacred heart orphanage. (TASC 2014 & 2015)

Group counseling practices at united south high school in collaboration with shattered dreams program and TAMIU school counseling program interns. Griselda Dozal's leadership project- 2014)

Texas A&M association of school counselors. Club's vicepresident 2015- 2016. Club's secretary in 2014.

Parenting lessons at diverse elementary schools in Nuevo Laredo, Tamaulipas. (2011-2016)

Member of the honor society of phi kappa phi. 2016

Member of club leos omega. 2017

Member of colegio mexicano de psicologos neolaredenses.2016-2019

Member of national alliance on mental illness 2017-2018

Member of american school counselors association. 2017

QUALIFICATIONS

Skill in providing professional counseling according to established standards of care; excellent customer service and support skills.

Organizing and prioritizing workload and meeting deadlines.

Ability to successfully counsel patients for improved mental and behavioral health.

Ability to work with physicians, mid-levels and other members of medical care teams to evaluate patient conditions and develop comprehensive care plans.

Ability to refer patients to mental health specialists and other community resources as appropriate.

Interact effectively and professionally with persons from diverse cultural, socioeconomic, education, racial, ethnic and professional backgrounds.

Ability to work effectively with managers, co-workers, members of the public and professional groups; to manage and coordinate activities and projects.

Communicate effectively, clearly, concisely with others (internal and external customers, both verbally and in writing); to consistently demonstrate positive/proactive customer service attitude.

Ability to work as an effective team member; function independently, exercise sound judgment and initiative.

Ability to establish and maintain effective interpersonal work relationships, to effectively assist medical providers; to work toward goals.

REFERENCES

Robert C. Cramer
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Lourdes Ornelas
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956-326-9212



ADDITIONAL ATTACHMENTS

HPSO

Healthcare Providers Service Organization Purchasing Group Insurance



HEALTHCARE PROVIDERS SERVICE
ORGANIZATION PURCHASING GROUP



Certificate of Insurance
OCCURRENCE PROFESSIONAL LIABILITY POLICY FORM

Print Date: 9/18/2024

The application for the Policy and any and all supplementary information, materials, and statements submitted therewith shall be maintained on file by us or our Program Administrator and will be deemed attached to and incorporated into the Policy as if physically attached.

PRODUCER	BRANCH	PREFIX	POLICY NUMBER	POLICY PERIOD
018098	970	HPG	0735565683	From: 10/13/24 to 10/13/25 at 12:01 AM Standard Time
Named Insured and Address:				Program Administered by:
Curious Counselor Center, PLLC Maria De Lourdes Ornelas 1701 Jacaman Rd Laredo, TX 78041				Healthcare Providers Service Organization 1100 Virginia Drive, Suite 250 Fort Washington, PA 19034 1-888-288-3534 www.hpsso.com
Medical Specialty:		Code:		Insurance Provided by:
Licensed Professional Counselor Firm		80723		American Casualty Company of Reading, Pennsylvania 151 N. Franklin Street Chicago, IL 60606
Excludes Cosmetic Procedures				

Professional Liability \$ 1,000,000 each claim \$ 3,000,000 aggregate

Your professional liability limits shown above include the following:

- * Good Samaritan Liability
- * Malplacement Liability
- * Personal Injury Liability
- * Sexual Misconduct Included in the PL limit shown above subject to \$ 25,000 aggregate sublimit

Coverage Extensions

License Protection	\$25,000	per proceeding	\$25,000	aggregate
Defendant Expense Benefit	\$ 1,000	per day limit	\$ 25,000	aggregate
Deposition Representation	\$ 10,000	per deposition	\$ 10,000	aggregate
Medical Payments	\$ 25,000	per person	\$ 100,000	aggregate
First Aid	\$ 10,000	per incident	\$ 10,000	aggregate
Damage to the Property of Others	\$ 10,000	per incident	\$ 10,000	aggregate
Enterprise Privacy Protection - Claims Made	\$ 25,000	per incident	\$ 25,000	aggregate
Retroactive Date: 10/13/2022(Defense inside limits)				
Media Expense	\$ 25,000	per incident	\$ 25,000	aggregate

Workplace Liability

Workplace Liability	Included in Professional Liability Limit shown above	
Fire & Water Legal Liability	Included in the PL limit shown above subject to \$150,000	aggregate sublimit
Personal Liability	Excluded	

Total \$ 600.00

Base Premium \$600.00

Policy Forms and Endorsements (Please see attached list of policy forms and endorsements)


Chairman of the Board


Secretary

Keep this Certificate of Insurance in a safe place. It and proof of payment are your proof of coverage. There is no coverage in force unless the premium is paid in full. To activate your coverage, please remit premium in full by the effective date of this Certificate of Insurance.

Coverage Change Date:

Endorsement Date:

Master Policy: 188711433

CNA93692 (11-2018)