



RIDE FOR THE RANCH

March 14, 2009

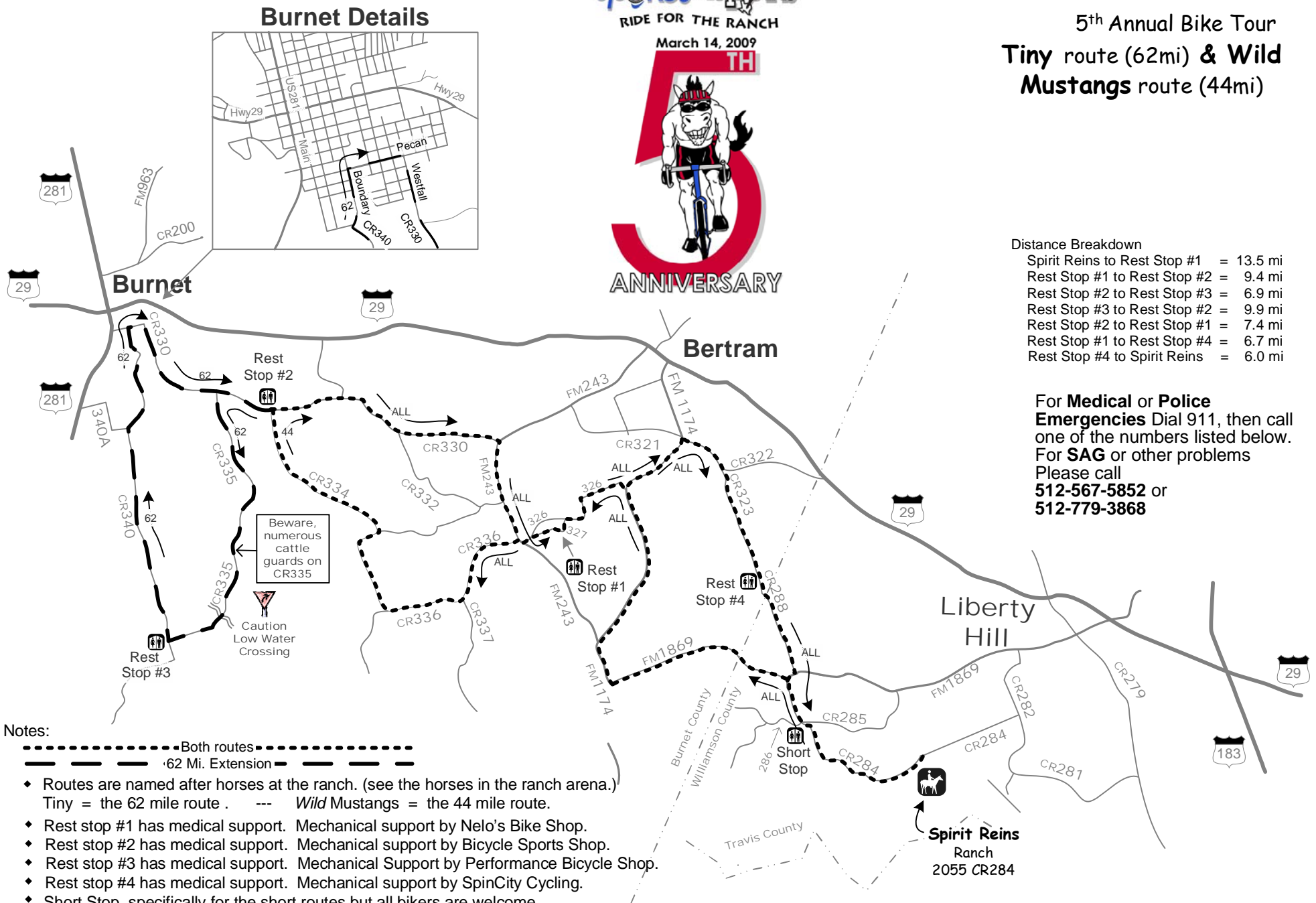


# 5<sup>th</sup> Annual Bike Tour Tiny route (62mi) & Wild Mustangs route (44mi)

## Distance Breakdown

Spirit Reins to Rest Stop #1	= 13.5 mi
Rest Stop #1 to Rest Stop #2	= 9.4 mi
Rest Stop #2 to Rest Stop #3	= 6.9 mi
Rest Stop #3 to Rest Stop #2	= 9.9 mi
Rest Stop #2 to Rest Stop #1	= 7.4 mi
Rest Stop #1 to Rest Stop #4	= 6.7 mi
Rest Stop #4 to Spirit Reins	= 6.0 mi

For **Medical or Police Emergencies** Dial 911, then call one of the numbers listed below.  
 For **SAG** or other problems  
 Please call  
**512-567-5852** or  
**512-779-3868**



## Notes:

- Both routes
- 62 Mi. Extension
- ♦ Routes are named after horses at the ranch. (see the horses in the ranch arena.)  
 Tiny = the 62 mile route . --- Wild Mustangs = the 44 mile route.
- ♦ Rest stop #1 has medical support. Mechanical support by Nelo's Bike Shop.
- ♦ Rest stop #2 has medical support. Mechanical support by Bicycle Sports Shop.
- ♦ Rest stop #3 has medical support. Mechanical Support by Performance Bicycle Shop.
- ♦ Rest stop #4 has medical support. Mechanical support by SpinCity Cycling.
- ♦ Short Stop, specifically for the short routes but all bikers are welcome.  
 However, the stop may not be there when long distance riders return.
- ♦ Mechanical support at the ranch is provided by Performance Bicycle Shop and Bobby's Bikes.

Please be courteous, share the road and observe all Texas cycling rules.

Special thanks to our riders and supporters  
 for helping make Spokes 'N Spurs a success.



5<sup>th</sup> Annual Bike Tour  
**Flash (28mi), Hope (14mi)  
& Napoleon (6mi) routes**



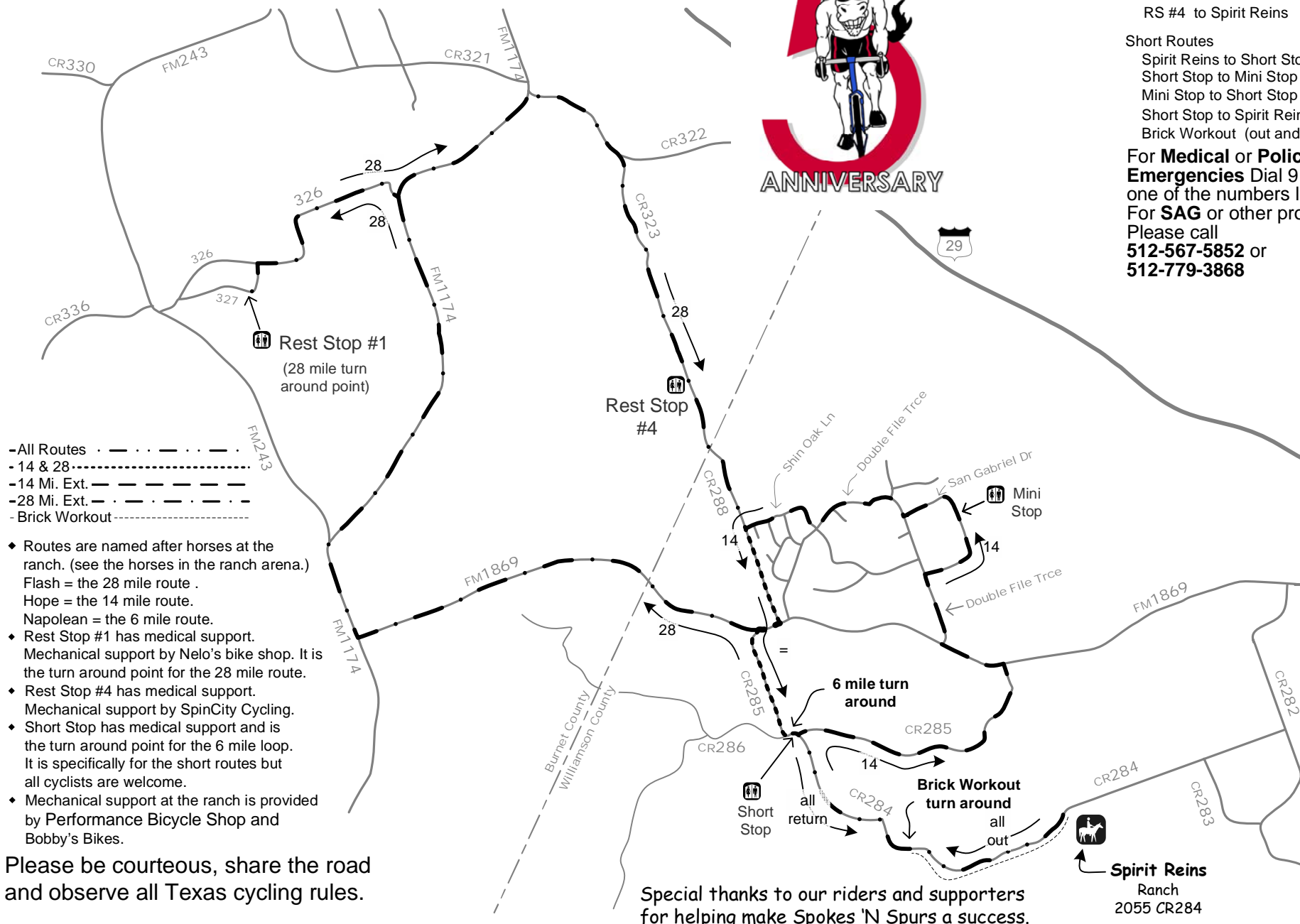
Distances (mi):

28 Mile Route	
Spirit Reins to RS #1	13.5
RS #1 to RS #4	6.7
RS #4 to Spirit Reins	6.0

Short Routes

Spirit Reins to Short Stop	3.0
Short Stop to Mini Stop	4.2
Mini Stop to Short Stop	4.1
Short Stop to Spirit Reins	3.0
Brick Workout (out and back)	3.1

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