

Williamson County

Disease Management Analysis

COST COMPONENTS	United Healthcare	US Preventative Medicine	American Health
Disease Management Fees (Per Ee Per Mo)	\$3.47 include in the medical administration fee	\$ 3.37	\$ 5.25
Disease Management Fees (Per Member Per Mo)		\$ 16.06	-
Case Management Fees (Per Ee per Mo)	N/A	\$ 0.48	\$110/hr
Case Management Fees (Per Participant Per Mo)	N/A	\$ 16.06	\$110/hr
Health Coaching Fees (Per Ee Per Mo)	Online = \$0.00 Telephonic = \$1.40/Ee/Mo	\$ 4.94	\$ 4.06
Health Coaching Fees (Per Participant Per Month)		\$ 9.88	-
24 Hour Nurse Line (Per Ee Per Mo)	\$1.00 include in the medical administration fee	\$ 5.08	\$ 0.25
24 Hour Nurse Line (Per Participant Per Mo)		\$ 7.26	\$ 0.25
Predictive Modeling (Per Ee Per Mo)	No Charge	\$ 1.25	Included in DM Fees
Predictive Modeling (Per Participant Per Mo)	No Charge	\$ 1.25	Included in DM Fees
Predictive Modeling (One-Time Set Up Costs)	No Charge	\$ 10,000	Included in DM Fees

Number of Individual Lives Under Management by Disease/Condition for 2008

DISEASE CONDITION	United Healthcare	US Preventative Medicine	American Health
Asthma	206,510	1,583	5,497
Diabetes	350,000	1,127	9,524
Coronary Heart Disease (CAD)	115,215	1,132	5,331
Congestive Heart Failure (CHF)	13,792	292	453
Chronic Obstructive Pulmonary Disease	15,322	441	347
Hypertension	-	1,132	11,714
Lives under Total Management	700,839	11,667	167,000



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ADMINISTRATOR	United Healthcare	US Preventative Medicine	American Health
Biometric Screening			
Finger stick Method (per test)	\$46/Participant	The biometric screenings would be paid for by the medical plan, Ees must schedule with their physician or US Preventative can outsource the screenings with an approved vendor	\$46/Participant
Venapuncture Method (per test)	Pricing available upon request		Pricing available upon request
Lab Voucher Option (per test)	N/A		N/A
Home Test Kit (per kit)	N/A		Pricing available upon request
Testing Options: PSA/Continue	Pricing available upon request		Pricing available upon request
Lifestyle Management			
Paper HRA (Unit Fee)	\$17.75/submission	N/A	N/A
Online HRA (Unit Fee)	No Charge	Included in Disease Mgt charge	No Charge
Online/Telephonic Coaching Services	Online = \$0.00 Telephonic = \$1.40/Ee/Mo	Telephonic	Yes, \$4.06 per employee per month
Customized Website	Available-depends on level of detail	No	No
Telephone Hotline	Yes	Yes	Yes
On-Site Coaching Services	Group Sessions Available	No	No
Onsite Seminars/Workshops	Group Sessions \$175/hr	No	Yes, Webinars
Implementation			
Marketing & Communication Resources	No Charge	No Charge	No Charge
One-time Setup Fees	No Charge	\$10,000 for Predictive Modeling	No Charge
Account Management (Annual Fee)	No Charge	No Charge	No Charge



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ADMINISTRATOR	United Healthcare	US Preventative Medicine	American Health
Wellness Reporting			
Profile Reports	Yes, No Charge	Yes	Yes
Aggregate Health Risk Report	Yes with 100 members	Yes	Yes
Participation Report	Yes, No Charge	Yes	Yes
Website Utilization Report	Yes, No Charge	Yes	Yes
Incentive Tracking	\$0.27/participant	Yes	Yes
Predictive Modeling			
DM Estimator	eSync-UHC/Ingenix	D2 Hawkeye Explorer	MEDai's Risk Navigator
2 Year Claims Analysis	Yes, Medical + Rx	One & Two Year Projections	One & Two Year Projections
Disease Management Programs			
Health Survey	Included	Yes	Yes
Introduction Mailing	Included	Yes	Yes
ExtraCare (Complex Care Mgmt)	Included	N/A	N/A
High Risk Disease Management	Included	Yes	Yes
Moderate & Low Risk Disease Management	Included	Yes	Yes
Asthma Disease Mgmt	Included	Yes	Yes
Diabetes Disease Mgmt	Included	Yes	Yes
COPD (Chronic Obstructive Pulmonary Disease)	Available as a Buy-Up	Yes	Yes
Chronic Heart Failure	Included	Yes	Yes
Disease Management - Reporting			
Annually	Yes, No Charge	Yes	Yes
Quarterly	Yes, No Charge	Yes	Yes



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