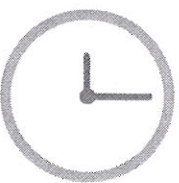


SUICIDE: TEXAS 2017 FACTS & FIGURES

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Texas	3,403	12.44	41
Nationally	44,193	13.26	



On average, one person dies by suicide every **three hours** in the state.

Based on most recent 2015 data from CDC. Learn more at afsp.org/statistics.

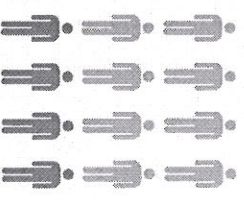


Suicide cost Texas a total of \$3,516,245,000 of combined lifetime medical and work loss cost in 2010, or an average of \$1,216,273 per suicide death.

IN TEXAS, SUICIDE IS THE...

2nd leading cause of death for ages 15-34	3rd leading cause of death for ages 10-14	4th leading cause of death for ages 35-44
5th leading cause of death for ages 45-54	10th leading cause of death for ages 55-64	16th leading cause of death for ages 65 & older

More than twice as many people die by suicide in Texas annually than by homicide; the total deaths to suicide reflect a total of 72,622 years of potential life lost (YPLL) before age 65.



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SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- The Texas Suicide Prevention Council (TSPC) is a public-private coalition composed of local suicide prevention coalitions and statewide agencies, including Mental Health America of Texas and the Texas Department of State Health Services, to implement the **Texas State Plan for Suicide Prevention**.
- TSPC developed and maintains a website on suicide prevention, intervention, and postvention (<http://www.texasuicideprevention.org/>); facilitates suicide prevention trainings; distributes suicide prevention toolkits; and coordinates committees and 19 community coalitions for the implementation of the state plan.
- The Texas Department of State Health Services Suicide Prevention Homepage can be found at <http://www.dshs.state.tx.us/mhsa/suicide/Suicide-Prevention.aspx>.
- The **Texas State Plan for Suicide Prevention** was last updated in 2014 and is accessible at http://www.sprc.org/sites/default/files/TxStatePlanSuicidePrevention2014_ADA%20FINAL.pdf.
- Texas law (SB 460, adopted in 2013) requires that minimum academic qualifications for certified educators also require instruction in the detection of students with mental or emotional disorders, and requires that school districts provide at least a one-time training for teachers, counselors, principals, and other appropriate personnel to learn to recognize students at risk for suicide or in need of early mental health intervention.
- Texas law (HB 1386, adopted in 2011) encourages school districts to develop suicide prevention plans, and requires that the Texas Department of State Health Services and the Texas Education Agency develop a list of best practices programs and deliver this list to school districts.

LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states.

GET INVOLVED

Four AFSP Chapters serve communities across Texas. For more information or to volunteer, please contact:

AFSP – CENTRAL TEXAS
centralTX@afsp.org
AFSP – NORTH TEXAS
northTX@afsp.org
AFSP – SOUTH TEXAS
southTX@afsp.org
AFSP – SOUTHEAST TEXAS
southeastTX@afsp.org

BECOME AN ADVOCATE IN TEXAS

AFSP's Texas advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

Nicole Gibson
Director of State Policy & Grassroots Advocacy
ngibson@afsp.org



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