

State of Texas
County of Williamson
Know all men by these presents.

THAT ON THIS, the 4th day of September 2018, the Commissioners Court of Williamson County, Texas, met in duly called session at the Courthouse in Georgetown, with the following members present;

Dan A. Gattis, County Judge
Terry Cook, Commissioner, Precinct One
Cynthia Long, Commissioner, Precinct Two
Valerie Covey, Commissioner, Precinct Three
Larry Madsen, Commissioner, Precinct Four

And at said meeting, among other business, the Court considered the following

RESOLUTION

WHEREAS, the Williamson County Commissioners Court recognizes suicide as a public health problem with suicide being the 11th leading cause of death overall of Texans; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) reports that nearly 45,000 lives were lost to suicide in 2016; and

WHEREAS, the CDC further reports that suicide rates went up more than 18 percent in half of the states since 1999, including in Texas; and

WHEREAS, the American Foundation for Suicide Prevention reports that there are on average 123 suicides per day and for every suicide, there are 25 attempts; and

WHEREAS, suicide is preventable, and the stigma associated with seeking treatment for mental illness, substance abuse and suicide prevention services should be eliminated and barriers that discourage persons at risk from seeking life-saving help should be removed; and

WHEREAS, Alan's Hope is "dedicated to preventing suicides by promoting hope, awareness and support in Williamson County communities"; and

WHEREAS, Alan's Hope is striving to increase awareness of ways to improve mental health through a self-care calendar developed with the WilCo Wellness Alliance. The calendar has daily wellness suggestions and events including the Alan's Hope "Guitars for Hope" 5K run/walk to be held at 8:30 a.m. on Sunday, September 30, 2018 at Twin Lakes Park in Cedar Park, followed by wellness information and activities until noon; and

WHEREAS, Williamson County and many groups and organizations encourage mental and physical wellness in individuals, families and communities through education and awareness of programs that provide prevention, treatment and support services.

NOW, THEREFORE, BE IT RESOLVED THAT I, County Judge Dan A. Gattis, do hereby proclaim the month of September 2018 as Suicide Prevention Awareness Month in Williamson County and encourage everyone to save the National Suicide Prevention Lifeline number 1-800-273-TALK (8255) onto their phones to have ready when they meet someone in need.

RESOLVED THIS 4TH DAY OF SEPTEMBER 2018

Attest: _____
Nancy E. Rister
Williamson County Clerk

Dan A. Gattis
Williamson County Judge