

UnitedHealthcare Navigate® Plan.



- ✓ Select your personal PCP from the plan network.
- ✓ Save money by staying in the plan network.
- ✓ There's no coverage if you go out-of-network or see a network specialist without an electronic referral from your PCP.
- ✓ Preventive care is covered 100 percent in our network.

Get care and save money with a PCP.



Find your PCP at
welcometouhc.com/navigate

Please read your plan documents. Additional information such as benefit details, plan limitations and exclusions, and the costs of coverage can be found in the Summary of Benefits.

Choosing a Primary Care Physician (PCP).



PCP requirements:

- Must be a general practice, family practice, pediatrician or internal medicine physician.
- Can be selected for the entire family, or each covered dependent can select their own.

PCP information needed to sign up:

- First name, last name and address.
- Physician ID number (you will find this number online when you do a PCP search).

How can a PCP help you?



They get to know your health history.



They can help prevent and catch health issues before they become serious.



They can refer you to a specialist, if needed.

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✓ Your PCP needs to submit any referrals **online.**

Paper referrals are not valid.

Look on myuhc.com to make sure your PCP has submitted this for you before you seek care.



You don't need an online referral to see the following network providers:

- Obstetricians/gynecologists (OB/GYNs).
- Behavioral health or substance use disorder clinicians.
- Convenience care clinics.
- Urgent care clinics.
- Emergency care at an emergency room.