

State of Texas
County of Williamson
Know all men by these presents:

That on the 22nd day of September 2020 the Commissioners Court of Williamson County, Texas met in duly called session at the Williamson County Courthouse, 710 Main Street, Georgetown, Texas, with the following members present:

Bill Gravell, Jr., County Judge
Terry Cook, Commissioner Precinct One
Cynthia P. Long, Commissioner Precinct Two
Valerie Covey, Commissioner Precinct Three
Russ Boles, Commissioner Precinct Four

And at said meeting, among other business, the Court considered the following:

PROCLAMATION

WHEREAS, September is National Suicide Prevention Awareness Month and the Williamson County Commissioners Court recognizes suicide as a public health problem with suicide being the 10th leading cause of death overall in the US, the 11th leading of cause of death in Texans, with 79 individuals in Williamson County losing their life to suicide in 2019, and;

WHEREAS, suicide thoughts, much like mental health conditions, can affect anyone regardless of age, gender or background, but deaths are higher among males, whites, elderly and are increasing among youth, with suicide being the 3rd leading cause of death in Texans between 15 to 24 years old, and;

WHEREAS, each day in Texas there are more than 6 suicide deaths and nearly 30 hospitalizations for attempted suicide that according to the Texas Department of State Health Services, and;

WHEREAS, suicide is preventable and there is hope when the stigma associated with seeking treatment for mental illness, substance abuse and suicide prevention services is eliminated and barriers that discourage persons at risk from seeking life-saving help are removed, and;

WHEREAS, it is important to know the warning signs of suicide, which include: withdrawing from friends, family and community; increased substance use; agitation or aggressive behavior; expressions of hopelessness ("I wish I was never born"); dramatic mood swings; and impulsive or reckless behavior, and;

WHEREAS, talking openly and honestly to friends and loved ones and not being afraid to ask if they are planning to kill or harm themselves can help save a life. Know that professional help is available, including 24/7 assistance from the National Suicide Prevention Lifeline at 1-800—841-1255, and;

WHEREAS, the Williamson County Commissioners Court recognizes September 2020 as National ***"Suicide Prevention Awareness Month"*** and encourages all to stay connected and seek help if needed.

PROCLAIMED THIS 22ND DAY OF SEPTEMBER 2020.

Bill Gravell, Jr., County Judge