

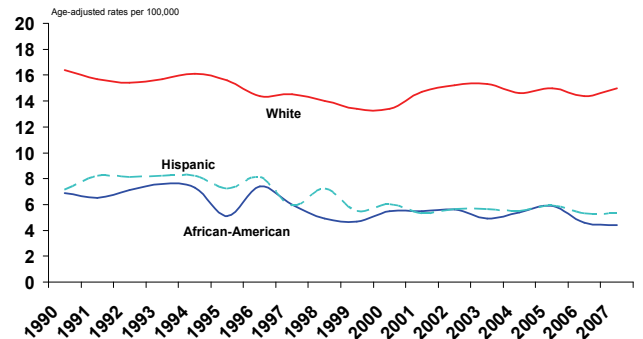
The State of the State TEXAS FACTS

suicide prevention

THE SCOPE OF INJURY

- > Each day in Texas there are more than 6 suicide deaths and nearly 30 hospitalizations for attempted suicide.
- > Suicide is the 11th leading cause of death for Texans and the third leading cause of death among youth ages 15 to 24.
- > Suicide deaths occur disproportionately among males, Whites, and the elderly; 60% of Texas suicide deaths occur among people 25-64 years of age.
- > Rates of suicide among Whites increased 12% since 2000, particularly among females; rates among Blacks and Hispanics have remained stable during the same time.
- > Estimated medical costs of Texas hospitalizations for suicide attempts average \$8,849 per patient, or more than \$95.6 million annually. *Suicide Prevention Resource Center*

Texas Suicide Deaths
by Race/Ethnicity



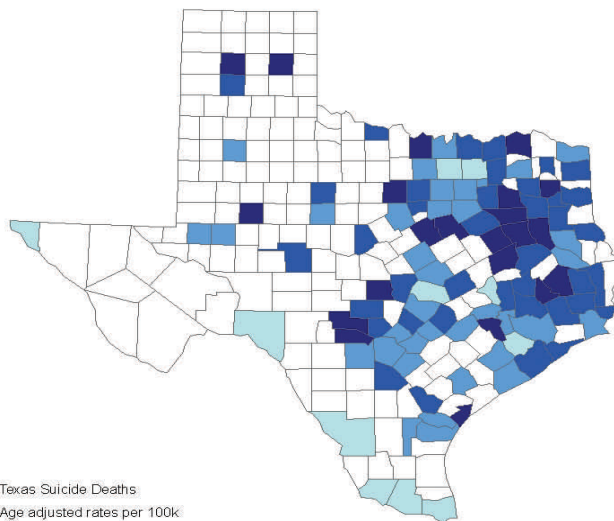
Source: Texas Department of State Health Services, Vital Statistics Unit

FACT FACT

9 of 10 people who die from suicide have a mental health disorder; 95% of people with a mental health disorder do not die from suicide. *Institute of Medicine, 2002*

This indicates the complex nature of suicide and the need for multifaceted approach to prevention.

Texas Suicide Deaths, 2000-2006



Texas Suicide Deaths
Age-adjusted rates per 100k
5.34 - 9.16
9.17 - 12.75
12.76 - 16.44
16.45 - 23.69

Annualized Age-adjusted Rate for Texas: 10.73

Data Sources: NCHS National Vital Statistics System for numbers of deaths; U.S. Census Bureau for population estimates. Prepared by: Center for Health Statistics, GIS, June 2010

RESOURCES AVAILABLE

Texas Suicide Prevention Network

www.texassuicideprevention.org

Suicide Prevention Resource Center

www.sprc.org

Texas Suicide Prevention Plan

http://www.sprc.org/stateinformation/PDF/stateplans/plan_tx.pdf

WHAT CAN YOU DO? YOU DO?

Suicides are preventable!

If you or someone you know is in crisis, call
1 (800) 273-TALK (8255)
to connect to a suicide/crisis center in your area.

Attend gate-keeper training to learn how to recognize
and respond to suicide warning signs.



Contact CDC
Centers for Disease Control and Prevention
National Center for Injury Prevention and Control
(NCIPC)
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348
www.cdc.gov/Injury



Contact Texas Department of State Health
Services
Environmental & Injury Epidemiology and
Toxicology Unit
(512) 458-7111 FAX: (512) 458-7666
www.dshs.state.tx.us/injury

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