# NOTICE OF MEETING NOTICE OF POSSIBLE QUORUM / MEETING OF THE WILLIAMSON COUNTY COMMISSIONER'S COURT

Notice is hereby given that members of the Commissioner's Court of Williamson County, Texas, may assemble in numbers that constitute a quorum at a public meeting to be conducted / hosted by a quorum of the Williamson County Benefits Committee at the following location, date and time:

Date & Time: May 26, 2021 at 9:00 a.m.
Williamson County Georgetown Annex
Human Resources

100 Wilco Way, Suite P-104 Purchasing Training Room
Georgetown, Texas 78626

NOTICE OF POSSIBLE QUORUM
OF
WILLIAMSON COUNTY COMMISSIONERS COURT

Although the Williamson County Commissioners Court will take no action at the meeting, notice is hereby given, in accordance with the Texas Open Meetings Act, that a quorum of such members of the Williamson County Commissioners Court may be present at the meeting and such members may receive information from, give information to, ask questions of, or receive questions from any member of the Williamson County Benefits Committee or any third person, including an employee of Williamson County, about the public business or public policy over which the Williamson County Commissioners Court has supervision or control.

The Williamson County Benefits Committee will be conducting the Monthly Benefits Committee Meeting to discuss, deliberate, and take action upon the Williamson County Benefits Committee matters listed herein-below.

#### Agenda Items:

- 1 Roll Call
- 2. Review and approval of minutes from the May 5, 2021 9:00 a.m. Benefits Committee Meeting.

- 3. Discuss, consider and take appropriate action regarding Holmes Murphy & United Health Care Strategy:
  - Financial Modeling & Assumptions -Lookback Rolling 12
  - Projected 2022 Budget
  - Finalize 2022 Benefit Employer Contribution, Employee Rates/Retiree Rates
- 4. Discuss, consider and take appropriate action regarding the re-design of the Employee Wellness Program.
- Discuss, consider and take appropriate action regarding the 2021 RFP for the Benefits Broker Consultant.
- 6. Discuss, consider and take appropriate action on appointing a committee chairperson.
- 7. Review the Human Resources Department Reports.
  - Financial Reports

Next Meeting: October 1, 2021

EXECUTIVE SESSION "The Williamson County Employee Benefits Committee reserves the right to adjourn into executive session at any time during the course of this meeting to discuss any of the matters listed above, as authorized by Texas Government Code Sections 551.071 (Consultations with Attorney), 551.073 (Deliberations regarding Gifts and Donations), 551.074 (Personnel matters) and Section 551.0785 (Deliberations Involving Medical or Psychiatric Records of Individuals for a benefit from the plan; or a matter that includes a consideration of information in the medical or psychiatric records of any individual applicant for a benefit from the plan)."

1. Discuss pending or contemplated litigation, settlement matters and other confidential attorney-client legal matters (EXECUTIVE SESSION as per VTCA Govt. Code sec. 551.071 consultation with attorney), including receiving briefing and seeking legal advice regarding information-technology as a service contract(s).

Adjourn.

This notice of meeting was posted in the locked box located at the main entrance of the Georgetown Annex, a place readily accessible to the general public at all times, on the 21st day of May, 2021 at 5:00 p.m. and remained posted for at least 72 continuous hours preceding the scheduled time of said meeting.

#### **Benefits Committee Meeting**

**Meeting Date:** 05/26/2021

Submitted By: Shelley Loughrey, Human Resources

**Department:** Human Resources

#### Information

2.

#### Agenda Item

Review and approval of minutes from the May 5, 2021 9:00 a.m. Benefits Committee Meeting.

#### **Background**

#### **Attachments**

Benefits Committee Meeting Minutes 5.5.21

#### Form Review

Started On: 05/18/2021 09:25 AM

Form Started By: Shelley Loughrey

Final Approval Date: 05/18/2021

## DRAFT

# MEETING MINUTES NOTICE OF POSSIBLE QUORUM / MEETING OF THE WILLIAMSON COUNTY COMMISSIONER'S COURT

Notice is hereby given that members of the Commissioner's Court of Williamson County, Texas, may assemble in numbers that constitute a quorum at a public meeting to be conducted / hosted by a quorum of the Williamson County Benefits Committee at the following location, date and time:

Date & Time: May 5, 2021, 9:00 a.m.
Williamson County Georgetown Annex
Human Resources
100 Wilco Way, Suite 101
Georgetown, Texas 78626

# NOTICE OF POSSIBLE QUORUM OF WILLIAMSON COUNTY COMMISSIONERS COURT

Although the Williamson County Commissioners Court will take no action at the meeting, notice is hereby given, in accordance with the Texas Open Meetings Act, that a quorum of such members of the Williamson County Commissioners Court may be present at the meeting and such members may receive information from, give information to, ask questions of, or receive questions from any member of the Williamson County Benefits Committee or any third person, including an employee of Williamson County, about the public business or public policy over which the Williamson County Commissioners Court has supervision or control.

The Williamson County Benefits Committee will be conducting the Monthly Benefits Committee Meeting to discuss, deliberate, and take action upon the Williamson County Benefits Committee matters listed herein-below.

#### Agenda Items:

#### 1. Roll Call.

Present: Bill Gravell, Jr., County Judge

Cynthia Long, Committee Member Cathy Mendoza, Committee Member John Pelczar, Committee Member Mike Knipstein, Committee Member James Carmona, Committee Member

Absent: Terron Evertson, Committee Member

Others Present: Stan O. Springerley, Assistant General Counsel to Williamson County Commissioners' Court

Shelley Loughrey, Director of Benefits Administration

Julie Kiley, First Assistant County Auditor

Suzanne Diaz, Benefits Specialist

Tanya Haught, United Health Care Consultant Matt Nolte, United Health Care Consultant Laurie Macina, United Health Care Consultant

Kaitylin Beard, Holmes Murphy, Benefit Broker Consultant David Gibson, Holmes Murphy, Benefit Broker Consultant

Rebecca Clemons, SR Human Resources Director

Myranda Carlson, SR Benefit Specialist Angela Collins, Wellness Coordinator Melanie Denny, Financial Manager David Sacks, United Health Care Consultant
Jamar Cottee, United Health Care Consultant
Jack Drakeford, United Health Care Consultant
Amy, United Health Care Consultant
Shawn McGee, Holmes Murphy, Benefit Broker Consultant

2. Review and approval of minutes from the March 8, 2021 9:00 a.m. Benefits Committee Meeting.

Motion by: Committee Member Cynthia Long Second: Committee Member James Carmona

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long Committee Member Cathy Mendoza Committee Member James Carmona Committee Member John Pelczar Committee Member Mike Knipstein

Motion to approve minutes from the March 8, 2021 Benefit Committee Meeting.

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long Committee Member Cathy Mendoza Committee Member James Carmona Committee Member John Pelczar Committee Member Mike Knipstein

- 3. Discuss, consider and take appropriate action regarding Holmes Murphy & United Health Care Strategy:
  - 2020 Plan Performance
  - 2022 Proposed Benefits Budget
  - 2022 Plan Changes, Pharmacy Changes, Employer Contribution and 2022 Employee/Retiree Rates
  - Virgin Pulse Proposal Overview & Implementation Timeline
  - High Claims Review and Holmes Murphy Financial Report

Motion by: County Judge Bill Gravell, Jr.

Second: Committee Member Cathy Mendoza

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long Committee Member Cathy Mendoza Committee Member James Carmona Committee Member John Pelczar Committee Member Mike Knipstein

Motion to approve the following changes for plan year 2022:

- Increase employee premium portion by 3%
- Increase HSA employer contribution to \$1500.00 (to adjust quarterly)
- Convert United Healthcare Nexus ACO to United Healthcare Navigate
- Implement Copay Card Solutions: Variable Copay
- Implement Copay Card Solutions: Accumulator Adjustment
- Implement first three chiropractor visits at zero copay

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long Committee Member Cathy Mendoza Committee Member James Carmona Committee Member John Pelczar Committee Member Mike Knipstein

4. Discuss, consider and take appropriate action regarding the Virgin Pulse Contract through the Sourcewell Co-Op Agreement.

Motion by: Committee Member Cathy Mendoza

Second: Committee Member John Pelczar

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long Committee Member Cathy Mendoza Committee Member James Carmona Committee Member John Pelczar

Committee Member Mike Knipstein

Motion to move forward with Virgin Pulse contract effective 1/1/2022

Aye: County Judge Bill Gravell, Jr.

Committee Member Cynthia Long

Committee Member Cathy Mendoza

Committee Member James Carmona

Committee Member John Pelczar

Committee Member Mike Knipstein

- **5.** Review the Human Resources Department Reports.
  - Financial Reports
  - 2021 Benefits Team Project Schedule

Next Meeting: May 26, 2021, 9:00 a.m.

EXECUTIVE SESSION "The Williamson County Employee Benefits Committee reserves the right to adjourn into executive session at any time during the course of this meeting to discuss any of the matters listed above, as authorized by Texas Government Code Sections 551.071 (Consultations with Attorney), 551.073 (Deliberations regarding Gifts and Donations), 551.074 (Personnel matters) and Section 551.0785 (Deliberations Involving Medical or Psychiatric Records of Individuals for a benefit from the plan; or a matter that includes a consideration of information in the medical or

#### psychiatric records of any individual applicant for a benefit from the plan)."

Adjourn.		
Minutes recorded by:	Suzanne Diaz	Date
Minutes reviewed by:	Shalley Laurahrey	Date

#### **Benefits Committee Meeting**

**Meeting Date:** 05/26/2021

Submitted By: Shelley Loughrey, Human Resources

**Department:** Human Resources

#### Information

#### **Agenda Item**

Discuss, consider and take appropriate action regarding Holmes Murphy & United Health Care Strategy:

- Financial Modeling & Assumptions -Lookback Rolling 12
- Projected 2022 Budget
- Finalize 2022 Benefit Employer Contribution, Employee Rates/Retiree Rates

#### **Background**

#### **Attachments**

Holmes Murphy 5-26-21 Presentation

#### Form Review

Started On: 05/19/2021 06:13 PM

Form Started By: Shelley Loughrey

Final Approval Date: 05/19/2021

3.

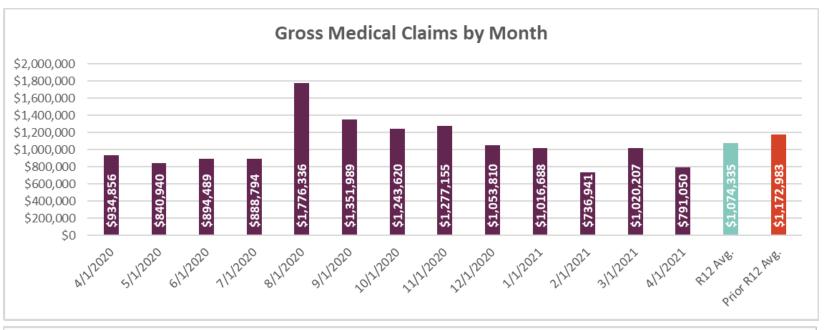


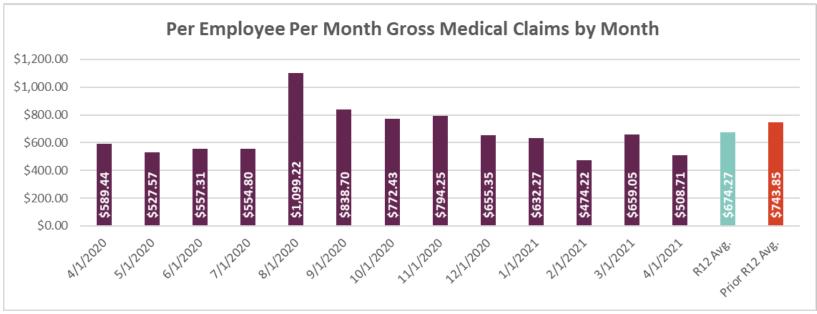
## **WILLIAMSON COUNTY**

# 2022 BENEFITS FUND BUDGET – BENEFIT COMMITTEE RECOMMENDATIONS MAY 26, 2021



### **MEDICAL CLAIMS BY MONTH**



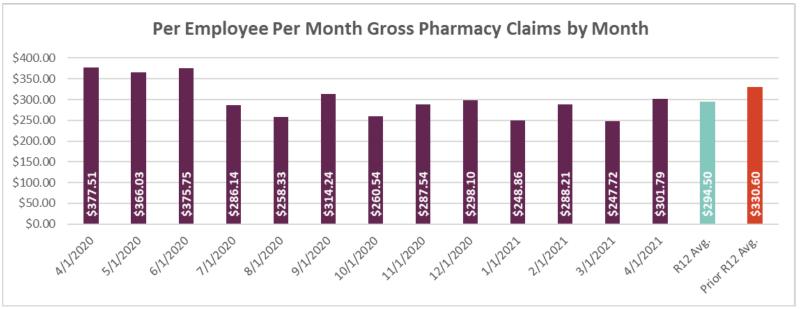






### PHARMACY CLAIMS BY MONTH





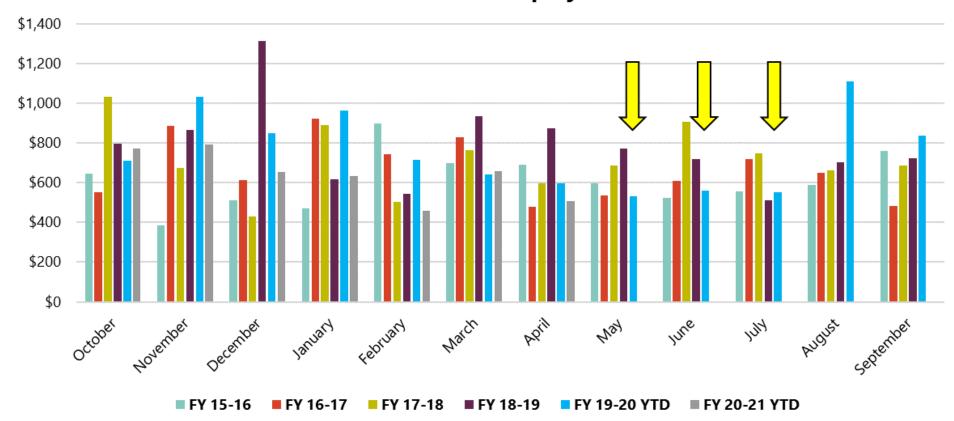






## **COVID-19 NORMALIZATION**

#### **Gross Medical Per Employee PEPM**







## **FIXED COST ASSUMPTIONS**

2021 Plan Year			
Medical Admin	PEPM	Annual	
Nexus Plan	\$54.25	\$783,153	
Choice +	\$51.55	\$205,375	
Naviguard Admin	\$2.50	\$46,770	
HSA Plan	\$51.55	\$21,032	
Total	\$56.46	\$1,056,331	

Stop-Loss Admin	PEPM	Annual
SL Family	\$71.06	\$1,329,390
Agg SL	\$4.47	\$83,625
Total	\$75.53	\$1,413,015

Other Costs	PEPM	Annual
Shared Savings (R12)	\$16.76	\$313,534
Legislative	\$0.48	\$9,057
Total	\$17.24	\$322,591

Rebates	PEPM	Annual
Rx Rebates	-\$100.09	-\$1,872,467

2022 Plan Year			
Medical Admin	PEPM	Annual	
Nexus Plan	\$55.88	\$789,046	
Choice +	\$53.10	\$119,964	
Naviguard Admin	\$2.58	\$48,173	
HSA Plan	\$53.10	\$129,961	
Total	\$58.11	\$1,087,145	

Increase:

Stop-Loss Admin	PEPM	Annual
SL Family	\$76.74	\$1,435,742
Agg SL	\$4.47	\$83,625
Total	\$81.21	\$1,519,366
	Increase:	<i>\$106,351</i>

Other Costs	PEPM	Annual
Subrogation & A&R	\$0.91	\$17,054
Legislative	\$0.50	\$9,363
Total	\$1.41	\$26,417
	Increase:	-\$296,174

Reba	ites	PEPM	Annual
Rx Rel	oates	-\$104.60	-\$1,956,764

*Increase:* -\$84,297

\$30,814





## **2022 PLAN CHANGES**

#### Plan Changes

- Increase HSA Contribution for Single/Family to \$1,500
- Convert Nexus ACO to Navigate
  - Larger network
  - PCP selection
  - Referrals required

#### Implement:

- Rx Accumulator Adjustment and Variable Copay
- Airrosti Remote Recovery (ARR)
- AbleTO Mental Health App & Behavioral Health Benefits through UHC
- Virgin Pulse

#### Enrollment Migration

- Nexus/Navigate: 77% to 75%
- Choice +: 21% to 12%
- HSA Plan: 2% to 13%

#### Employee Contributions

- Small Increase to Navigate/Choice+: '\$20 a year' on EE Only Navigate
- No Increase to HSA Plan



## 2022 PROPOSED PLAN DESIGNS

<b>Medical Plan Desi</b>	gn
--------------------------	----

Coinsurance
Annual Deductible (Individual)
Out of Pocket Max (Individual)

Physician Office Visit Specialist Office Visit

Inpatient Hospital Emergency Room Urgent Care

#### <u>Pharmacy</u>

Rx Deductible Generic Preferred Brand Non-preferred Brand Specialty Pharmacy

HSA Deposit (Individual/Family)

Active Enrollment %

Current Plan	Year (2021)	2022 Pla	an Year	
In-Network Benefits				
Nexus / Choice+ Plan	HSA Plan	Navigate / Choice+ Plan	HSA Plan	
80%	80%	80%	80%	
\$2,000	\$3,000	\$2,000	\$3,000	
\$5,500	\$5,500	\$5,500	\$5,500	
\$30	Deductible / Coinsurance	\$30	Deductible / Coinsurance	
\$55	Deductible / Coinsurance	\$55	Deductible / Coinsurance	
80%	Deductible / Coinsurance	80%	Deductible / Coinsurance	
\$400	Deductible / Coinsurance	\$400	Deductible / Coinsurance	
\$45	Deductible / Coinsurance	\$45	Deductible / Coinsurance	
<u>Retail</u>	<u>Retail</u>	<u>Retail</u>	<u>Retail</u>	
\$50	Integrated w/ Medical	\$50	Integrated w/ Medical	
35% (\$10 Min/\$100 Max)	Deductible / Coinsurance	35% (\$10 Min/\$100 Max)	Deductible / Coinsurance	
35% (\$40 Min/\$100 Max)	Deductible / Coinsurance	35% (\$40 Min/\$100 Max)	Deductible / Coinsurance	
35% (\$75 Min/\$100 Max)	Deductible / Coinsurance	35% (\$75 Min/\$100 Max)	Deductible / Coinsurance	
\$125	Deductible / Coinsurance	\$125	Deductible / Coinsurance	
N/A	\$500/\$500	N/A	\$1,500/\$1,500	
77% / 21%	2%	75% / 12%	13.0%	



2022: Navigate Network will replace Nexus Network. PCP Selection and Referrals required



# 2022 BUDGET PROJECTION INCLUDING PLAN DESIGN & CONTRIBUTION CHANGES

Total Operating Expenses
Total Revenue Accounts
(Surplus)/Deficit

2021		2022
	НМА	
Budget	Reforecast	HMA Projection
\$24,608,141	\$22,137,916	\$25,261,902
\$24,661,999	\$24,558,758	\$24,415,645
(\$53,858)	(\$2,420,842)	\$846,257

FTE Positions FTE Funding

2021	2022
	НМА
Budget	Projection
1,946	1,956
\$844	\$844

FTE Funding Increase: 0.0%





# 2022 EMPLOYEE CONTRIBUTIONS SMALL INCREASE TO NEXUS/CHOICE

(NEXUS PLAN BECOMES NAVIGATE)

Nexus Plan
Choice +
HSA Plan

**2021 Monthly Contributions Employee** EE + Spouse EE + Child **Family** \$54.08 \$216.32 \$113.36 \$226.72 \$211.12 \$350.48 \$269.36 \$404.56 \$44.00 \$176.00 \$92.23 \$204.58

Navigate Plan Choice + HSA Plan

**2022 Monthly Contributions Employee** EE + Spouse EE + Child **Family** \$55.75 \$222.81 \$116.76 \$233.52 \$217.45 \$360.99 \$277.44 \$416.70 \$44.00 \$176.00 \$92.23 \$204.58

Navigate Plan Choice +

**HSA Plan** 

	Monthly \$ Increase				
	<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
)	\$1.67	\$6.49	\$3.40	\$6.80	
	\$6.33	\$10.51	\$8.08	\$12.14	
	\$0.00	\$0.00	\$0.00	\$0.00	

Total Annual Increase				
Employee EE + Spouse EE + Child Family				
\$20.00	\$77.88	\$40.81	\$81.62	
\$76.00	\$126.17	\$96.97	\$145.64	
\$0.00	\$0.00	\$0.00	\$0.00	

Navigate Plan Choice + HSA Plan

\$ Per Paycheck Increase				
<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
\$0.83	\$3.24	\$1.70	\$3.40	
\$3.17	\$5.26	\$4.04	\$6.07	
\$0.00	\$0.00	\$0.00	\$0.00	





# 2022 EMPLOYER/EMPLOYEE MEDICAL PLAN COST

2022 Employee/Employer Costs					
With All Incentives					
Naviagte Plan	Employee Per Pay Period	Monthly Employee	Monthly Employer	Total Cost	
Employee Only	\$27.87	\$55.75	\$613.56	\$669.31	
Employee/Spouse	\$111.40	\$222.81	\$1,283.14	\$1,505.95	
Employee/Child	\$58.38	\$116.76	\$1,221.86	\$1,338.62	
Employee/Family	\$116.76	\$233.52	\$,1941.74	\$2,175.26	
With All Incentives					
Choice Plus Plan	Employee Per Pay Period	Monthly Employee	Monthly Employer	Total Cost	
Employee Only	\$108.73	\$217.45	\$518.79	\$736.24	
Employee/Spouse	\$180.50	\$360.99	\$1,295.55	\$1,656.55	
Employee/Child	\$138.72	\$277.44	\$1,195.04	\$1,472.49	
Employee/Family	\$208.35	\$416.70	\$1,976.09	\$1,285.11	
With All Incentives					
	<b>Employee Per Pay</b>	Monthly	Monthly		
HSA Plan	Period	<b>Employee</b>	Employer	Total Cost	
Employee Only	\$22.00	\$44.00	\$598.56	\$642.56	
Employee/Spouse	\$88.00	\$176.00	\$1,269.75	\$1,445.75	
Employee/Child	\$46.12	\$92.23	\$1,192.88	\$1,285.11	
Employee/Family	\$102.29	\$204.58	\$1,883.73	\$2,088.31	





# **2022 RETIREE CONTRIBUTIONS**

#### RETIRE PRIOR TO 2/1/2013

Nexus Plan Choice + 
 Employee
 EE + Spouse
 EE + Child
 Family

 \$54.08
 \$216.32
 \$113.36
 \$226.72

 \$211.12
 \$350.48
 \$269.36
 \$404.56

 PY 2022 Monthly Contributions

**PY 2021 Monthly Contributions** 

**Navigate Plan** 

**Navigate Plan** 

Choice +

 Employee
 EE + Spouse
 EE + Child
 Family

 \$55.75
 \$222.81
 \$116.76
 \$276.60

 \$217.45
 \$360.99
 \$277.44
 \$475.36

<u>En</u>

Choice +

Monthly \$ Increase					
Employee EE + Spouse EE + Child Family					
\$1.67	\$6.49	\$3.40	\$49.88		
\$6.33	\$10.51	\$8.08	\$70.80		

**Nexus Plan** 

Choice +

PY 2021 Enrollment				
<u>Employee</u> <u>EE + Spouse</u> <u>EE + Child</u> <u>Family</u>				
9	3	2	0	
3	3	0	1	





# **2022 RETIREE CONTRIBUTIONS**

#### 8-15 YRS OF SERVICE, RETIRE AFTER 2/1/2013

Nexus Plan Choice + 
 Employee
 EE + Spouse
 EE + Child
 Family

 \$410.80
 \$790.40
 \$643.76
 \$974.48

 \$580.32
 \$1,024.40
 \$833.04
 \$1,217.84

 PY 2022 Monthly Contributions

**PY 2021 Monthly Contributions** 

Navigate Plan Choice + 
 Employee
 EE + Spouse
 EE + Child
 Family

 \$423.46
 \$814.11
 \$663.07
 \$1,188.87

 \$597.73
 \$1,055.13
 \$858.03
 \$1,430.97

Navigate Plan Choice +

_	<u> </u>	-		
Monthly \$ Increase				
<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
\$12.66	\$23.71	\$19.31	\$214.39	
\$17.41	\$30.73	\$24.99	\$213.13	

Nexus Plan Choice +

PY 2021 Enrollment				
<u>Employee</u> <u>EE + Spouse</u> <u>EE + Child</u> <u>Family</u>				
4	0	1	0	
1	0	1	0	





# 2022 RETIREE CONTRIBUTIONS

16+ YRS OF SERVICE, RETIRE AFTER 2/1/2013

Nexus Plan Choice +

**Navigate Plan** 

Choice +

Navigate Plan Choice +

	PY 2021 Monthly Contributions				
	<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
	\$225.68	\$455.52	\$353.60	\$535.60	
	\$377.52	\$755.04	\$512.72	\$755.04	
		PY 2022 Monthl	y Contributions	1	
	<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
۱ [	\$232.64	\$469.19	\$364.21	\$653.44	
	\$388.85	\$777.69	\$528.10	\$887.18	
	Monthly \$ Increase				
	<u>Employee</u>	EE + Spouse	EE + Child	<u>Family</u>	
۱ [	\$6.96	\$13.67	\$10.61	\$117.84	
	\$11.33	\$22.65	\$15.38	\$132.14	

Nexus Plan Choice +

PY 2021 Enrollment				
<u>Employee</u> <u>EE + Spouse</u> <u>EE + Child</u> <u>Family</u>				
30	16	5	14	
9	2	1	3	







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#### **Benefits Committee Meeting**

**Meeting Date:** 05/26/2021

Submitted By: Shelley Loughrey, Human Resources

**Department:** Human Resources

#### Information

#### Agenda Item

Discuss, consider and take appropriate action regarding the re-design of the Employee Wellness Program.

#### **Background**

#### **Attachments**

2022 Proposed Wellness Program Virgin Pulse Tobacco Cessation

#### **Form Review**

Form Started By: Shelley Loughrey

Final Approval Date: 05/19/2021

Started On: 05/19/2021 11:11 AM

4.

# Wellness Program Overview

Proposed 2022

# **Currently In Place**

Real **EAP UHC** Symetra **Appeal** Million Biometric Health Mile Month Screening Survey

# Where We Want To Be

#### Mission

To improve the well-being of Wilco employees, retirees, and their families through targeted health promotion initiatives, activities, and events that support healthy, active lifestyle changes for a more engaged workforce while achieving quality and affordable healthcare benefits.

#### Primary Goal

The Wilco Wellness Program will strive to encourage Wilco employees, retirees, and their families to engage in wellness activities, programs and events and to empower them to take control of their own well-being in all areas. The program seeks to increase awareness of positive health behaviors, to motivate employees to voluntarily adopt healthier behaviors, and to provide a supportive environment with opportunities to foster positive lifestyle changes.

# How We Get There

Add programming and combine with existing vendors and offerings to create a comprehensive wellness program that covers the following areas:



Wellness and Fitness Programs



Health Educational/Awareness Programs



Disease and Health Risk Detections Programs



Disease and Behavioral Monitoring Programs



Financial Health Programs



Community and Social Connectedness

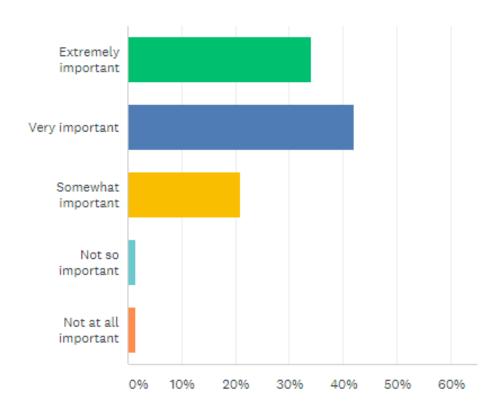


Mental and Emotional Health

# Survey Says 97% believe it is Important

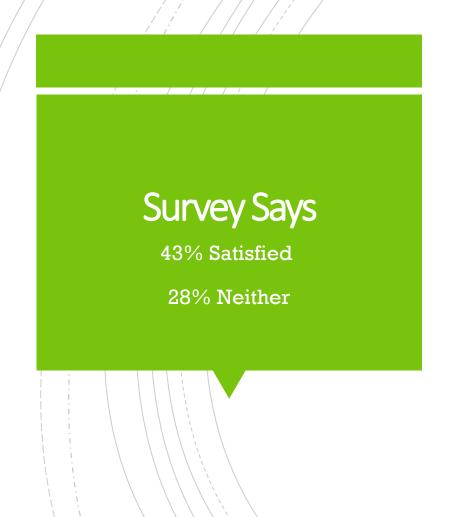
#### How important is employee wellness to you?

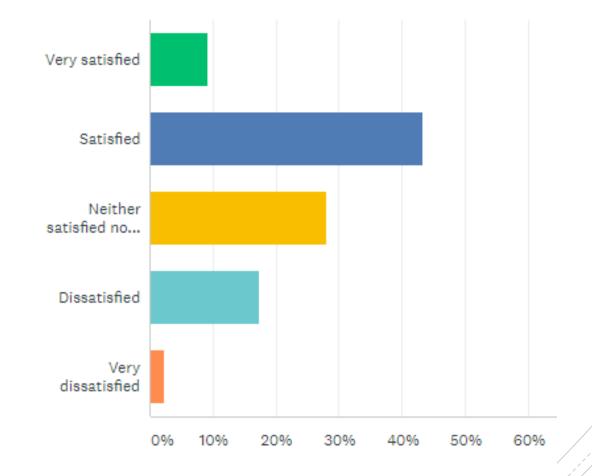
Answered: 834 Skipped: 1



## How would you rate your current health?

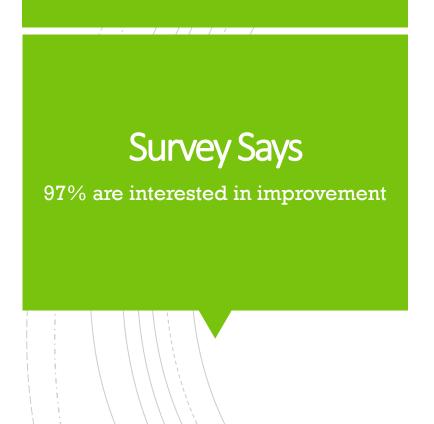
Answered: 834 Skipped: 1

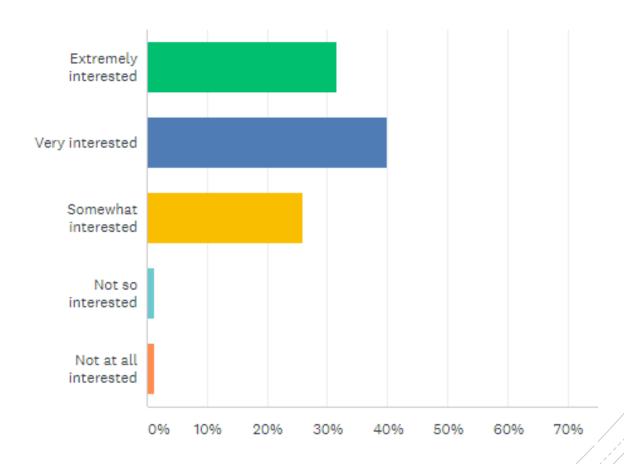




## How interested are you in improving your health?

Answered: 834 Skipped: 1







Implement Virgin Pulse into new program design

- Changing system from punitive to incentivized through a point program tracked and recorded by Virgin Pulse system
- Virgin Pulse gives us the ability to use aggregate data to drive programming specifically related to the issues of our employees, Rally does not offer this and is not connected to employee needs.

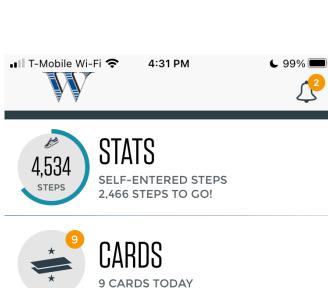
#### Employee Feedback

"Rally seems like a relatively inconsequential exercise and everyone in my department is always scrambling to take care of that at the end of the year. Is there a way to do away with that?"

# Example: Point Recognition System

Item	Points	Incentive
Health Survey & Biometric Screening	Employee & Spouse must complete, no points given and this must be done to receive further levels	Level 1 - \$50 off premium
Incentive Engagement Quarterly Opportunities: Employee can reach Level 2 or 3 *only 1 level is awarded	Employee only earns points towards incentives, Spouse may earn points but will not be counted towards incentive points	Level 2 - \$100 off premium 200 points Level 3 - \$200 off premium 400 pts
Wellness Exam	200 pts	
Attend a Wellness Program (Fitness class, Seminar, Webinar, etc.)	10 pts per item	
Volunteer in Community	15 pts per item	
Complete a Wellness Challenge	15 pts per item	
Complete a Preventative Action (Flu shot, Covid shot, Age Specific, etc.)	25 pts per visit	





















**Nicotine Users** 

Current Program	Recommendation for 2022
Total # of Nicotine Members = 2021 = 164	Align in Virgin Pulse, provide opportunity to earn additional points by quitting Nicotine Usage
Nicotine Surcharge applied during OE/NH Election	Nicotine Surcharge applied during OE/NH Election
Cost: \$325 per participant that completes the program	Cost: \$215.00 per participant, for unlimited year Optional to provide non-prescription cessation products cost \$58.00 per person, per month, recommended two months.
Reasonable Alternative Program: Offered one time a year through EAP.	Nicotine Testing added to Biometric Screening
Six Week Online Program, & Counseling with Primary Care on effects of Nicotine Usage. Often delayed time of report from current enrollment vendor. Once member completes program, EAP notifies Wilco, Surcharge is removed for the remainder of the plan year.	Program is offered through Virgin Pulse  Program offers both online and Unlimited calls available  Requirement of 4 calls to be completed that are staged out, speaks directly with Counselor

**Cultural Shift** 

#### Well-Being Hours: EX 8-16 hours per fiscal year

- Does not roll over
- Must be scheduled with Supervisor
- Used for Wellness Programing (Webinar, activity, etc.)
- Is not paid out upon termination

#### **Employee Feedback**

- "due to work life balance and caring for children and a senior parent. free time is limited to the hours I am at work"
- "Hours, manager allowing to attend, and complexity."
- "additional time required on top of the daily 10 I invest in work."
- "I think encouraging participation is wonderful, but it really doesn't seem that our department would provide us the time needed on the job to be able to participate."

#### **VIRGIN PULSE**

- Health Screening and tracking
- Monthly Challenges
- Communications
- Events Management
- Real Time Reporting
- Points Program

#### **BENEFIT FOCUS**

- Main "House"
- Host created content
- Host information
- Communication
- Reporting
- Provide tie in with Benefits

# Branding In process

#### Wilco 1 ~ Welco 1 ~ (Other Suggestions)

- One body fitness, medical, benefits, nutrition, etc.
- One mind mental health resources
- One you connections with others, volunteering, what makes YOU happy
- One place all resources in one home

## **Employee Feedback**

"Thank you for all you do. You do not have an easy job. I appreciate HR reaching out for feedback like this. I would encourage all feedback to be considered regardless of how different it may be than "what was done in the past". We will need to be open to different and innovative ideas to maintain and continue to attract a talented modern workforce."



# Tobacco Cessation

Kicking the habit, personalized to you

# Tobacco Cessation solutions that support participants' unique interests

Tobacco Cessation Solutions promote the elimination or reduction of tobacco use to help reduce the risk of tobacco-related health conditions such as stroke, heart attack and many cancers.

Our solutions are available in a variety of delivery methods including telephonic coaching and digital Journeys, personalized to each of your employees.

Real change is possible when tobacco users replace current habits with healthy new ones. That's the power behind the engaging, tangible and practical steps that make up our *Be Tobacco Free* digital Journeys, Telephonic Coaching and Nicotine Replacement Therapy.



#### Telephonic Tobacco Cessation Coaching

As part of the telephonic coaching experience with a Virgin Pulse coach, each participant will engage in a personalized cessation plan to ready participants for change and explore issues surrounding tobacco use. The duration and call frequency is based on participant-related factors, but tobacco cessation coaching typically lasts six months with an average of one call per month. Components of the coaching experience include:

- Setting a quit date
- Quit date preparation
- Identification of tobacco triggers and coping strategies
- Individualized cessation plan
- Relapse prevention
- Risk-factor education
- Instruction on appropriate use of over-the-counter pharmacotherapy

Our multidisciplinary model of health coaching provides additional support and assistance to participants who identify specific barriers to cessation and co-existent issues, such as weight gain or inability to cope with stressful situations. Our Behavior Change Framework is leveraged to help identify what "triggers" are involved in their tobacco habit and determine small steps to mitigate the risk of triggering.



Each Journey moves participants down the road to quitting for good through our Behavior Change Framework which focuses on social support, prepping the environment for success, and identifying the triggers that help support positive behavior change:

NOT READY TO QUIT: Not ready? Not a problem. Get to know the routines, motivations and triggers in your life that lead to a smoke. Step back and see your smoking from a new angle, on your terms and your timeline.

MAKE YOUR DATE TO QUIT: You can quit! Take it one small step at a time. Set a date, then start practicing what it's like to be smoke-free by starting to say good-bye to those triggers. It's all about being ready when your quit date comes.

READY, SET, STOP SMOKING!: You can quit smoking once and for all by practicing one small, doable step at a time. Set your quit date, then start prepping your mind, body and environment. When your quit date arrives, you'll be ready!

STAY ON TRACK, STAY QUIT: Even the most devoted quitters face temptation. Practice easy ways to build the new life you want and the habits you need to stay quit for good.

SMOKELESS TOBACCO TAKEDOWN: For non-smokers who use other forms of tobacco, we offer this unique cessation program that assists you to become tobacco free.



NRT is used by 40% of tobacco cessation telephonic coaching enrollees. If a participant is interested in NRT, their Virgin Pulse coach will screen for potential contraindications and, if appropriate, will order a one-month supply. Once they've started using NRT and are showing success, the coach may order an additional one-month supply during a subsequent coaching call, up to a total of two months. Available in Patches and/or Gum & Lozenges.

Participants are also informed of prescription medications (and their potential benefits and risks) that are used for tobacco cessation, but participants are referred to their primary care provider for all prescription medications.

#### CLINICAL GUIDELINES AND CERTIFICATIONS

Our tobacco cessation approach utilizes internal clinical guidelines based on the U.S. Public Health Service, Treating Tobacco Use and Dependence (2008). Our tobacco health coaches are Certified Tobacco Treatment Specialists through the University of Arizona HealthCare Partnership Program (part of The University of Arizona College of Social and Behavioral Sciences, Department of Psychology) and/or through the Duke University QuitSmart Program.

Ready to help your employees become healthier, happier and more productive?

Talk to an expert at Virgin Pulse to get started.

Learn more at <u>virginpulse.com</u>







**REQUEST A DEMO** 



#### **Benefits Committee Meeting**

**Meeting Date:** 05/26/2021

Submitted By: Shelley Loughrey, Human Resources

**Department:** Human Resources

#### Information

#### Agenda Item

Review the Human Resources Department Reports.

Financial Reports

#### **Background**

#### **Attachments**

Apirl 2021 Benefit Fund Financial Report

#### Form Review

Started On: 05/19/2021 11:03 AM

Form Started By: Shelley Loughrey

Final Approval Date: 05/19/2021

7.

#### WILLIAMSON COUNTY WILLIAMSON COUNTY BALANCE SHEET Date: 17-MAY-21 12:52:29 Page: 1

Current Period: APR-21

Currency: USD

Ledger-WILLIAMSON (WILLIAMSON COUNTY), Entity=01 (Williamson County), Fund=0885 (WSMN CO BENEFITS FUND)

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ASSETS

TOTAL	ASSETS		10,959,700.71
151100	TEXPOOL	PRIME	9,668,844.52
134001	PREPAID	EXP-UHC	440,032.69
101000	CASH IN	BANK	850 <b>,</b> 823.50

	LIABILITIES AND	FUND EQUITY
LIABILITIES 202000 A/P LIABILITY 202001 CLAIMS LIABILITY		(148,043.12) (1,574,409.00)
TOTAL LIABILITIES		(1,722,452.12)
FUND EQUITY		
244000 RESERVE FOR ENCUMB 271000 UNRESERVED FUND BA		0.00 (9,237,248.59)
TOTAL FUND EQUITY		(9,237,248.59)
TOTAL LIABILITIES AND FUN	D EQUITY	(10,959,700.71)

# WILLIAMSON COUNTY

Date: 17-MAY-21 12:52:34 STATEMENT OF REVENUES Page: 1 Current Period: APR-21

Currency: USD Entity=01 (Williamson County), Fund=0885 (WSMN CO BENEFITS FUND), Department=0000 (Default), Ledger=WILLIAMSON (WILLIAMSON COUNTY)							
Object	Orig Budget	Curr Budget	Monthly Rev	YTD Revenue	Rev Receivable	%Rm	
361300 INTEREST, INVESTMENTS	35,000.00	35,000.00	625.61	5,163.82	29,836.18	(85)	
367100 EMPLOYER CONTRIBUTIONS	20,481,348.00	20,481,348.00	1,719,228.01	12,027,505.07	8,453,842.93	(41)	
367200 EMPLOYEE DEDUCTIONS/MEDICAL	2,962,833.00	2,962,833.00	241,021.28	1,771,380.39	1,191,452.61	(40)	
367201 EMPLOYEE DEDUCTIONS/DENTAL	1,178,208.00	1,178,208.00	95,437.16	681,397.39	496,810.61	(42)	
367202 EMPLOYEE DEDUCTIONS/VISION	286,230.00	286,230.00	25,447.82	177,602.06	108,627.94	(38)	
367300 COBRA/RETIREE DEP PREM	575,444.00	575,444.00	49,675.33	370,019.55	205,424.45	(36)	
370510 CAMPO	0.00	0.00	258.14	1,499.88	(1,499.88)	n/m	
TOTAL	25,519,063.00	25,519,063.00	2,131,693.35	15,034,568.16	10,484,494.84	(41)	

#### Current Period: APR-21

WILLIAMSON COUNTY Date: 17-MAY-21 12:52:48 STATEMENT OF EXPENDITURES-BUDGET VS ACTUAL Page: 1

Entity=01 (Williamson County), Fund=0885 (WSMN CO BENEFITS FUND), Department=0885 (WSMN CO SELF FUNDING INS.), Ledger=WILLIAMSON (WILLIAMSON COUNTY) Object Original Budget Current Budget Monthly Expend YTD Exp + Encumb UnEncumb Balance Rm% 39 5.0 47 53 47 54 4.8 724,160.50 47 47 41 6,937.36 36 40 26 99 9,500.00 100 97 52

WILLIAMSON COUNTY STATEMENT OF EXPENDITURES-BUDGET VS ACTUAL

Date: 17-MAY-21 12:52:48

Page: 1

Current Period: APR-21

Currency: USD

<pre>Entity=01 (Williamson County), Fund=0885 (WS) Object</pre>	MN CO BENEFITS FUND), Original Budget	Department=0886 ( Current Budget	(WSMN CO BENEFITS PGM.), Monthly Expend	Ledger=WILLIAMS YTD Expend	ON (WILLIAMSON COUNTY YTD Exp + Encumb	) UnEncumb Balance	Rm%
001100 F/T SALARIES	253,334.99	255,280.02	19,486.64	119,529.55	119,529.55	135,750.47	53
001107 TEMP LABOR-SEASONAL HELP	5,000.00	5,000.00	1,860.00	3,600.00	3,600.00	1,400.00	28
001109 CELL PHONE STIPEND	480.00	480.00	40.00	280.00	280.00	200.00	42
001125 LONGEVITY PAY	1,248.00	1,248.00	0.00	240.00	240.00	1,008.00	81
001130 MERIT, RETENTION & RECRUITING	12,964.42	11,019.39	0.00	0.00	0.00	11,019.39	100
002010 FICA	20,886.60	20,886.60	1,550.05	8,895.90	8,895.90	11,990.70	57
002020 RETIREMENT	39,024.79	39,024.79	2,843.06	17,462.17	17,462.17	21,562.62	55
002030 INSURANCE	40,512.00	40,512.00	3,376.00	23,632.00	23,632.00	16,880.00	42
002050 WORKER'S COMP	517.49	517.49	0.00	294.69	294.69	222.80	43
003005 OFFICE FURNITURE < \$5,000	3,500.00	3,500.00	0.00	0.00	0.00	3,500.00	100
003006 OFFICE EQUIPMENT < \$5,000	625.00	625.00	0.00	0.00	0.00	625.00	100
003010 COMPUTER EQUIPMENT < \$5,000	3,887.83	3,887.83	0.00	3,797.25	3,797.25	90.58	2
003011 COMPUTER SOFTWARE < \$5,000	500.00	500.00	0.00	0.00	0.00	500.00	100
003100 OFFICE SUPPLIES	1,200.00	1,200.00	0.00	0.00	0.00	1,200.00	100
003900 MEMBERSHIP DUES	2,329.00	2,329.00	0.00	1,465.00	1,465.00	864.00	37
004100 PROFESSIONAL SERVICES	111,563.00	111,563.00	6,800.00	27,200.00	27,500.00	84,063.00	75
004181 INDEPENDENT AUDIT	23,777.25	3,500.00	0.00	3,500.00	3,500.00	0.00	0
004208 INTERNET CLOUD SOLUTIONS	116,000.00	160,624.50	16,433.28	53,249.61	53,249.61	107,374.89	67
004212 POSTAGE	2,000.00	2,000.00	0.00	6.40	6.40	1,993.60	100
004216 POSTAGE METER RENTAL/SUPPLIES	300.00	300.00	0.00	0.00	0.00	300.00	100
004231 TRAVEL	1,200.00	1,200.00	0.00	0.00	0.00	1,200.00	100
004232 TRAINING, CONF., SEMINARS	60,827.39	60,827.39	0.00	0.00	0.00	60,827.39	100
004350 PRINTED MATERIALS & BINDING	2,100.00	2,100.00	0.00	0.00	0.00	2,100.00	100
004509 FACILITY ENHANCEMENTS	5,000.00	5,000.00	4,948.00	4,948.00	4,948.00	52.00	1
004621 COPIER RENTAL & SUPPLIES	3,900.00	3,900.00	119.60	2,013.37	2,744.17	1,155.83	30
004705 PRE-EMPLOYMENT SCREENING	200.00	200.00	0.00	0.00	0.00	200.00	100
004999 MISCELLANEOUS	500.00	500.00	0.00	0.00	0.00	500.00	100
TOTAL	713,377.76	737,725.01	57,456.63	270,113.94	271,144.74	466,580.27	63