

2023 Benefits and Health Expo Survey Responses

1. The screenings and focus on the importance to health was so important. It provides a time to consider how your health impacts everything, from quality of your life, energy, and what you can give to others, including those that we serve in Williamson County.
2. Being able to meet and interact with other county staff was nice. It helps build relations, which allows access to being able to help in other departments, if ever needed.
3. It is exciting to see this event grow each year. I hope to see more wellness opportunities throughout the year.
4. The fair was very informative on the different benefits offered by Wilco. For example, I had just signed my family up for the YMCA and I did not know that Wilco employees get a discount. It was probably mentioned last year but it's good to be reminded. Thank you to all of the departments and planners who organized this event. It makes me feel more appreciated and important as an employee.
5. Very disappointed that at least one County department only allows employees to use their lunch break to attend the fair and therefore they miss most everything, including participating in things they scheduled in advance. This should NOT be allowed.
6. I appreciated the opportunity to participate in free screenings. I would not have scheduled an appointment nor paid for the cost of these options outside of the health fair as my budget does not allow for it.
7. close so some departments can take part or feel they can take the time to both visit with vendors and sign up for the health screening and wellness services.
8. It was a great experience to see so many other county employees and to know that our wellness is a priority for the County.
9. It helped in many different aspects. We are usually too busy during the business day to get out and go to screenings or take the time to call and learn about benefits so to have everyone there in a shared space was nice. It also helped me learn and put faces to names with other county employees that we speak with often.
10. Having time to go and spend time on "me"
11. I wish I would have had more time to speak with the vendors I wanted to but due to the volume of staff there at the time I was not able to.
12. let the employees know in advance how long they are allowed to be there so they can plan their sign ups accordingly.
13. Unable to attend, due to location and time needed to go to and from. Also, having to use your personal vacation time or float time was disappointing. Some don't have extra time to use even for a Health / Benefit fair. Sad.

14. You always put on a great Health Fair. It is the best I've ever attended, and it gets better every year. It is very informative and helpful to have this event. I learn so much and take what I learned and apply it to my health decisions. Thank you, Wilco HR, YOU ROCK!!
15. I believe that Williamson County feels they are doing a great deal. I also believe there is so much more that could be done. Look out for your elder employees. Assist them. assist the ones that have members of their covered families to help them make the correct choices. People get so overwhelmed. At the most stressful point of some jobs, it is time to make benefit choices. Your staff is overwhelmed and need as much assistance as possible.
16. Really helped me get an overall idea of my health. I checked my glucose and blood pressure, which I've been curious about. The Dexa scan helped me understand my body composition, and I got my flu shot. It felt like a good kick-off for my general wellness.
17. I did not know that much about our benefits and the advantages given to us in the different plans. It helped me understand them much better and witch one best fit my family.
18. I look forward to it every year. It's nice to be able to get more info on services that are offered through the county and to be able to see providers in our area.
19. Perhaps finding a way to make it to where officers (regardless of shift) can attend. Most cant due to working. If you have 2 days scheduled, where shifts that are not off can have a day when they are off to be able to attend.
20. learned i had benefits that came with my insurance that i wasnt aware of.
21. I really enjoyed getting to interact with coworkers outside of the office setting.
22. Learning more about benefits offered and finding out information that I would not have found otherwise.
23. I'm new to WILCO the county itself so it was nice to have in network options already vs having to look for them.
24. I got multiple health screenings and met a number of people from around the County that I had not interacted with yet. Super fun day and event! Great great job.
25. I got my flu shot and spoke with dentists and clinics that I was interested in. It was nice to go to health fair with co-workers. It was a nice out of office experience for our team.
26. Some really wanted to sign-in because some departments told their employees they better sign in so they can check they actually attended.