2023 Wellness Program Review

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Benefit Fair Results and Survey

Over 1,000 in attendance

109% Dexa completion; 21% at risk of adverse health outcomes based on VAT levels

Over 60 registered blood donors, 43 units collected, 11 donors referred off site

59 Bexa exams conducted; 2 participants had findings

- 223 Responses (22%)
- Overall Experience Rating 4.3 (previous year 4.4)
- Time to attend and Space were top comments
- How did the fair help? Top comments were learned about benefits, interaction with coworkers, health screenings, & visiting with vendors
- Time to focus on "me"

Educational Program

2023



50 meetings held



Positive Feedback from employees and leadership



Included in ongoing EMS, 911 and Juv Services Academies

2024

- More meetings planned; goal is to double the number
- Topics may include Wellness
 Actions, Knowing Your Benefits,
 and Biometric specific (Heart,
 Diabetes, etc.)
- Use Wellness Leaders and Leadership to assist scheduling