

# WELLNESS UPDATE

11/07/2023



## November is Financial Awareness Month

- ❖ Beneplace: Employee Discount Portal
- ❖ Discounts for all your needs from travel, hotel, tech, education, to other family needs
- ❖ Black Friday and Cyber Monday specials available this month!
- ❖ FSA Accounts:
- ❖ Must use for expenses incurred by 12/31/23
- ❖ Check balance on your myuhc.com account

# WELLNESS ACTIONS ~ 23 DAYS REMAINING!



- ❖ We recommend all Biometric Forms are remitted by Dec. 1<sup>st</sup>, to allow processing time for completion
- ❖ Must show as complete in the Virgin Pulse system by end of day 12/15/23, Green Check Mark for each action
- ❖ No items will be accepted after the deadline
- ❖ NO EXCEPTIONS WILL BE MADE