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# 2024 Wellness Review

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# 2024 Review

- Meetings
- Onsite Screenings
- Airrosti
- Benefits Fair Survey Feedback



## Meetings: 95 total in 18 departments

- EMS – 6
- Auditor – 1
- SO – 30
- NEO – 20
- Facilities – 4
- 911 Comm. – 5
- JP3- 1
- Elections – 1
- R&B - 4
- Corrections Academy – 2
- HR – 1
- Juvenile Services – 4
- Health District – 4
- Justice Center – 5
- Tax – 1
- Historic Courthouse – 1
- Animal Services – 2
- Parks – 3

# Onsite Screenings: Making a Difference in Member Lives

## Bexa

- 324 Bexa Exams in 2024
- 35 findings with 7 referred to own doctor
- 48% repeat screenings
- 65% either never had a mammogram or it was more than a year
- 27% under 40 years old

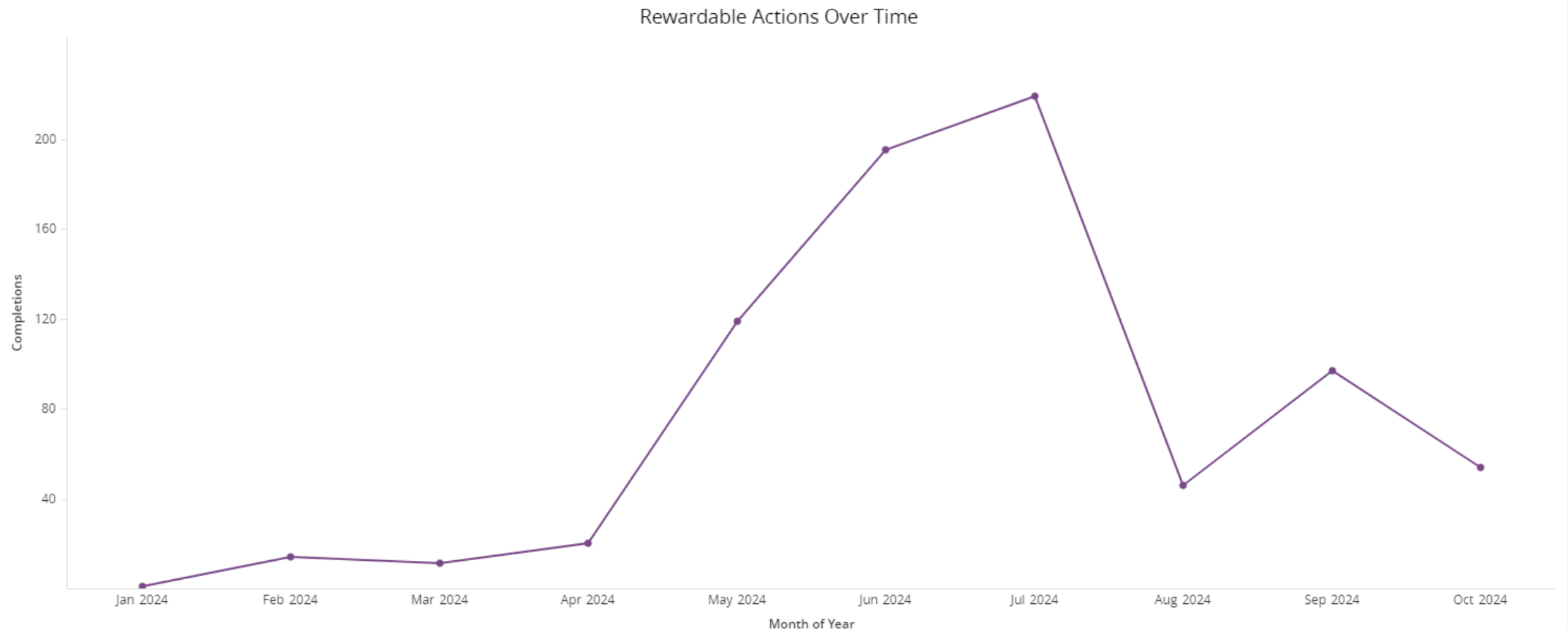
## Dexa

- 165 appointments
- 137% fill rate (26 no-shows with 52 walkups)
- 50 repeat clients from 2023
- Repeat clients saw lower body fat%, increase in lean tissue, increase of bone density
- Great employee success stories!

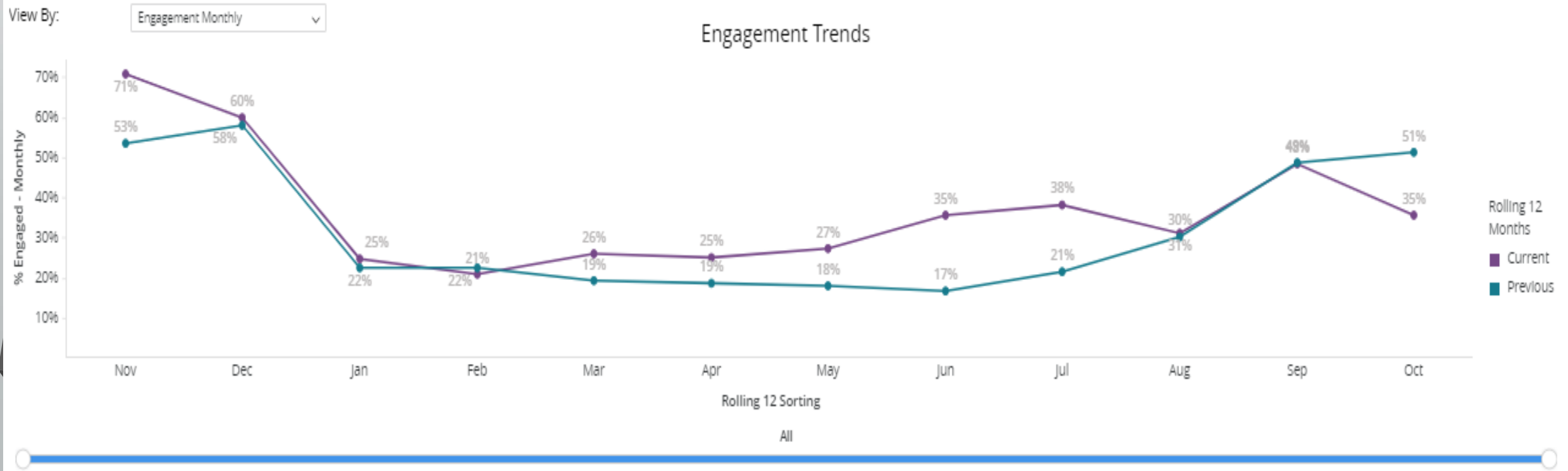
# Airrosti

- 88 cases; increase from 46 in 2023
- 3.8 Average number of appointments
- 4 Surgeries Prevented
- 87% Full Resolution
- 97% Elimination or reduction in medications
- 86% Reported no need for further medical care

# Harbor Health: 538 total appointments



# Increased Engagement From Initiatives

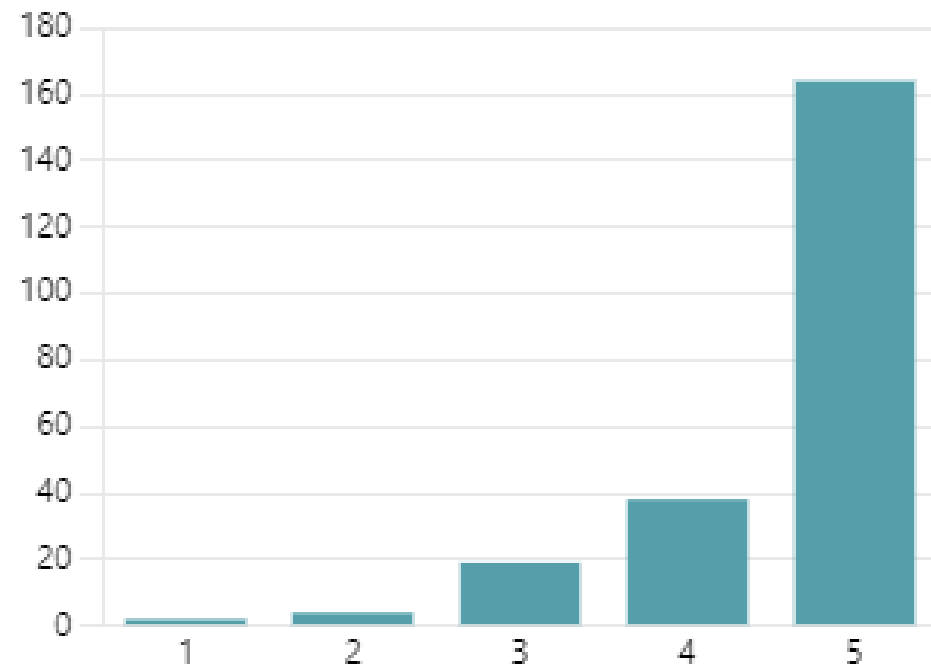


# Benefits Fair Survey: Experience Rating

4.58

Average Rating

\*2023 Rating – 4.29



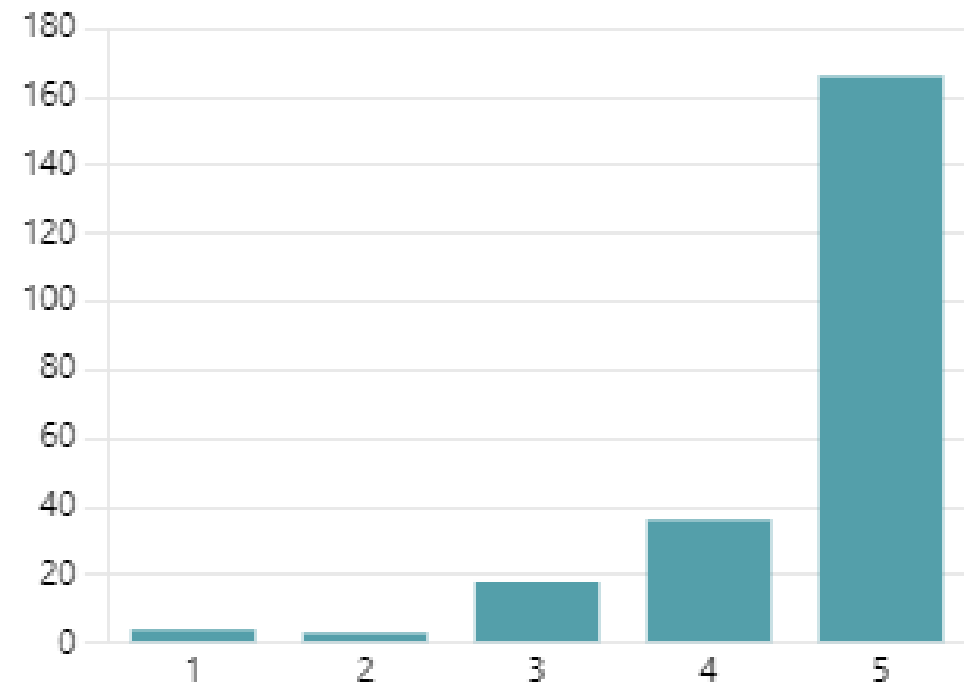


# Benefits Fair Survey: Screenings Rating

4.57

Average Rating

\*2023 Rating – 4.34

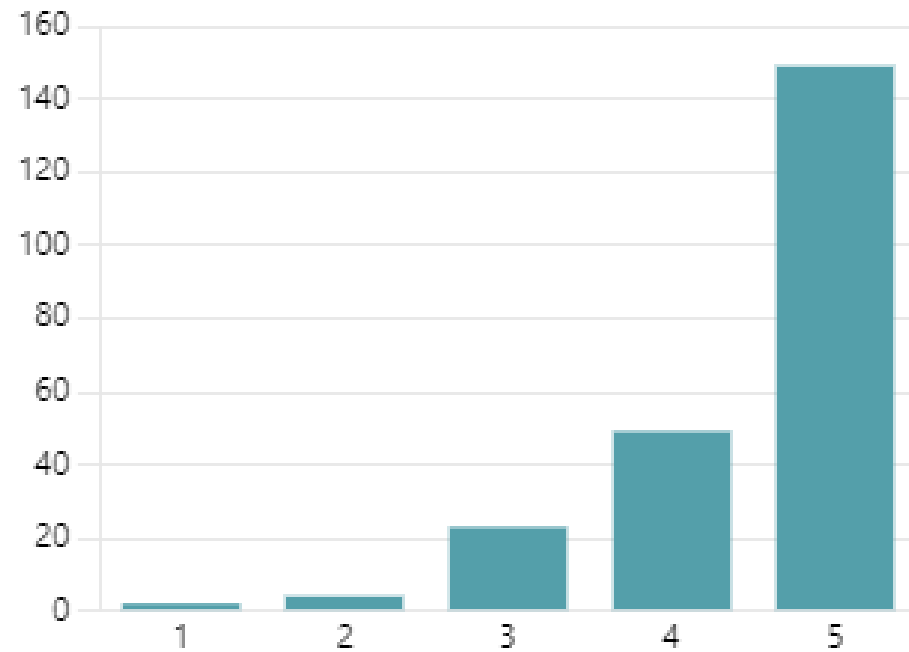


# Benefits Fair Survey: Vendor Rating

4.49

Average Rating

\*2023 Rating - 4.15





# **Top Ways Annual Benefit Fair Helps Employees**

- 1. Interactions with other employees (Culture/Community)
- 2. Wellness screenings (Leadership/Integrity)
- 3. Learned about benefits (Wisdom/Community)
- 4. Learned about community resources (Wisdom/Opportunity)
- 5. Assistance in enrolling in benefits (Opportunity)



Thank you!

- Questions?