

# WELLNESS UPDATE

06/24/2025

## June 2025 Updates



- ❖ Wellness Actions must show as complete in the Personify Health system no later than 12/01/25
- ❖ Must either complete the 3 actions (Health Survey, Wellness Exam, Biometric Form) or reach 30,000 points
- ❖ No exceptions for missing items or not reaching the individual point level
- ❖ We encourage employees to get items done early in the year

# WILCO WELL CARE: ONSITE WELLNESS

- ❖ On-site Wellness Screenings will end this week
- ❖ Harbor Health will be onsite until the end of the week for Wellness Actions
- ❖ All scheduled times are taken, but limited walk-up appointments are available
- ❖ If you need to complete your Wellness Actions, please do so now!
- ❖ Visit us on-site if you need help with your Personify Health Account

# NEW PROGRAMS

- ❖ Total Population Health – Offers Coaching on a variety of topics and needs located in the Personify Health account
- ❖ SmartDollar - Financial well-being program offering help on any financial goal, also offers free coaching, free tax and will preparation, and more.
- ❖ Both programs give points in the Personify Health System
- ❖ Contact the Benefits Team to find out more information on programs and ways to earn points