

WELLNESS UPDATE

08/05/2025



August 2025 Updates

- ❖ Benefits and Wellness Fair September 24th, 2025
- ❖ Email invite has been sent to all employees
- ❖ Please use the registration link to reserve your virtual meal ticket; Registration closes on September 12, 2025
- ❖ Register for activities separately; spots limited

WELLNESS ACTION REMINDER

- ❖ Wellness Actions are due in the Personify Health system by **12/01/2025 – Three Green Check Marks or 30,000 Points**
- ❖ Please allow up to 14 business days for forms to process
- ❖ Biometric forms must show as processed by the deadline to be considered complete
- ❖ Emails, in person presentations, push notifications, and pop ups in the system are there to help as reminders
- ❖ No exceptions, appeals, or grace periods

NEW PROGRAMS

- ❖ Total Population Health – Offers Coaching on a variety of topics and needs; located in the Personify Health account
- ❖ SmartDollar - Financial well-being program offering help on any financial goal, also offers free coaching, free tax and will preparation, and more.
- ❖ Both programs give points in the Personify Health System
- ❖ Contact the Benefits Team to find out more information on programs and ways to earn points