



LSCC MENTAL HEALTH PROGRAM

HISTORY

May 2006	Dr. Lucius Ripley joins LSCC as the organization's first full-time psychiatrist. Dr. Ripley started the integrated care model where patients have their medical and mental health needs addressed in a primary care clinic setting.
August 2007	Dr. Kristie Engel, child psychologist starts LSCC's child and adolescent mental health program. Like our adult practice, this program is integrated with an LSCC pediatric clinic.
October 2007	Sandra Grisales, a bilingual, Licensed Clinical Social Worker, is hired to support Dr. Engel.
March 2008	Joan Maus, a Licensed Clinical Social Worker, joins LSCC. She will primarily serve Round Rock Independent School District students and their families through our partnership with the School District's "Safe Schools, Healthy Students" program.
May 2008	Child psychiatrist Dr. Tracy Asamoah is hired as a part-time provider.
August 2008	Roxane Royalty, a bilingual, Licensed Professional Counselor, is hired to support Dr. Ripley's adult practice.
September 2008	Psychiatrist Dr. Steve Prenzlauer joins LSCC as the Mental Health Medical Director. He will oversee the organization's entire mental health program in addition to treating patients.



PATIENT PROJECTIONS

At current staffing levels, LSCC expects the adult mental health program will provide 4,000 patient visits and the child/adolescent program will provide 3,800 patient visits in a twelve month period.

A benefit to the integrated care model is that physicians become more comfortable managing a patient's mental health needs once a mental health specialist has established a "plan of care" in collaboration with the primary care provider. We estimate that our primary care providers will facilitate 7,000 mental-health related visits in 2009.

Therefore, the total number of projected mental health visits for a twelve-month period is **14,800**. This projection would apply to the county's fiscal year.

In FY2008, 11,700 mental health related patient visits will be provided by our medical and mental health providers. Of these visits, we project 6,300 will be provided to adults and 5,400 will be for children. This reflects the efforts of both medical and mental health providers.

In 2007, Dr. Ripley provided 1,649 psychiatric visits, and 275 visits were provided to children/adolescents from August through November 30, 2007 (which is LSCC's fiscal year end).

PHARMACY SERVICES

In addition to patient care, LSCC provides access to low cost medications at its clinic pharmacies. In 2008, LSCC expects to provide 2,500 free or low cost medications for mental health needs, compared to 1,901 in 2007.

COSTS FOR CARE

As mentioned in a previous document, LSCC's cost/individual for mental health services in 2008 is \$1055, and LSCC's cost/visit is \$169 (please note that this cost isolates mental health visits, and that we are proposing to use our blended cost of \$151/visit in our agreement with the county). The blended rate considers salaries/benefits of medical and mental health providers, as well as supplies, medications, etc. Therefore in the next fiscal year, LSCC's total mental health program cost is **\$2,234,800**.

Patients who live at or below 200% of the Federal Poverty Level pay significantly lower rates for psychiatric and therapeutic treatment. For example, a patient between 0-100% of FPL is charged \$4.20 for a 30 minute psychotherapy visit. Patients who cannot pay for service or medications at the time of visit set up payment plans.



LSCC MENTAL HEALTH TEAM BIOS

Steven L. Prenzlauer, M.D., joined Lone Star Circle of Care in September 2008. He will serve as LSCC's Director of Mental Health and Texas A&M Associate Dean of the Round Rock Campus; he will also provide psychiatric care to patients. Dr. Prenzlauer has over 20 years of experience and has received several honors including the M. Ralph Kaufman Excellence in Psychiatry Award and the Bella Trachtenberg Award for House Staff Excellence. His knowledge and expertise are derived from his diverse work experience in psychiatry that includes providing his services in a hospital, university, outpatient, skilled nursing facility, and day treatment center setting. He has held multiple distinguishable positions throughout his career including Medical Director at Stepping Stone East Continuing Day Treatment Program, Director of the Day Treatment Program at University Hospital in Stony Brook, New York, and Medical Director of Psychiatric AIDS Services and Krueger Psychiatric Outpatient HIV/AIDS Clinic.

Lucius Ripley, M.D., joined the Lone Star Circle of Care in May 2006 as a General Adult Psychiatrist. Upon completion of medical school in San Antonio, he completed a family practice internship and psychiatric residency in Houston. His work experience includes multiple years in a private practice setting and serving as a staff psychiatrist with the Mental Health Mental Retardation Authority of Harris County, where he was a participant in the Texas Medication Algorithm Project. Dr. Ripley was the first psychiatrist at Lone Star Circle of Care and focuses on seeing primarily uninsured patients who previously had little access to psychiatric treatment.

Tracy Asamoah, M.D., Child/Adolescent Psychiatrist, joined Lone Star Circle of Care in May 2008. She graduated from the University of California, San Francisco School of Medicine and completed her Child and Adolescent Psychiatry Fellowship at the Neuropsychiatric Institute. Prior to joining the Lone Star Circle of Care team she was a staff psychiatrist at San Fernando Valley Child and Family Services, La Familia, and The Oaks Treatment Center. Her knowledge and expertise include developmental disorders, juvenile sex offenders and adolescent psychological issues.

Kristie Engel, Ph.D., Child Psychologist, joined Lone Star Circle of Care in July 2007. Dr. Engel has over ten years experience in the field and received her Doctorate in clinical psychology from Texas Tech University. Her extensive experience includes outpatient community clinics, public school systems, therapeutic day school, and a residential treatment center. Dr. Engel joined the Lone Star Circle of Care team to ensure a larger number of uninsured and underserved children, adolescents, and their families received appropriate mental health care service.



Sandra Grisales, LCSW, MSSW, joined Lone Star Circle of Care in October 2007. Sandra is bilingual and has over four years of experience working with Federally Qualified Health Centers and eight years experience in the social work field. Sandra began her career at the Center for Organizational Research and Effectiveness and then worked at El Centro de Corazon before becoming a member of the Lone Star Circle of Care team. Her knowledge and expertise includes clinical and creative therapy for individuals, groups, and families, psychosocial assessments, development of treatment plans for clients, and school-based counseling services for children and adolescents.

Joan Maus, LCSW, MSSW, BSW joined Lone Star Circle of Care in March 2008. Her extensive experience includes the coordination of service plans at the Austin-Travis County Mental Health and Mental Retardation organization, the evaluation of psychiatric needs and crisis intervention at the Travis County Sheriff's Office, and the development of sexual abuse groups and facilitation of client's abilities to develop new coping strategies at the Gateway Foundation. Joan is certified in Critical Incident Stress Management and Sexual Abuse Training.

Roxane Royalty, Licensed Professional Counselor, joined Lone Star Circle of Care in August 2008. She obtained her Master of Arts in Counseling and Computer Resources and Information Management from Webster University. Prior to joining Lone Star Circle of Care, she served as a Child Protective Services Specialist at the Texas Department of Protective and Regulatory Services and a Licensed Professional Counselor at Alpha-Omega In-Home Counseling. Her knowledge and expertise include counseling for individuals and families, the initial assessment of family abuse or neglect, and the development of a treatment plan with a client.